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The Determination of Trace Levels of Cyanide by Ion Chromatography with Electrochemical Detection

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An improved method for the determination of trace quantities of free cyanide has been developed using ion chromatography with electrochemical detection. Detection limits of 1 µg/L have been achieved with linearity of response over the range 1 to 1000 µg/L. The precision of replicate injections is 0.6 percent, expressed as the relative standard deviation. The method has been applied to the analysis of dust samples.

Key words: air-particulate; cyanide; electrochemical detection; environmental monitoring; ion chromatography; trace analysis.

1. Introduction

The use of cyanide is widespread and vital to industries involved in such commercially important operations as electroplating, extracting precious metals, chelating metals, case hardening of steel, and fumigating orchards. The extreme toxicity of cyanide requires that its use be strictly controlled and that proper monitoring be in effect to guard against contamination.

A number of procedures for the determination of cyanide have been proposed. The classical Liebig method involves the titration of cyanide ion with silver ion in an ammoniacal solution using the formation of silver iodide as the end-point indicator [1]. A modification to this method uses rhodanine indicator to detect the endpoint [2]. These titration procedures generally have a minimum detection limit of 1 milligram per liter (mg/L). Interferences include sulfide and halides. Another widely used technique for the determination of cyanide is based on the color-formation of cyanogen chloride with pyridine and barbituric acid followed by spectrophotometric or colorimetric quantitation [2-4]. Chien discusses in detail the many factors affecting the development of color [5]. Botto has proposed an alternative colorimetric procedure using p-phenylenediamine after bromination of the cyanide [6]. These techniques have a minimum detection limit of 10 micrograms per liter (µg/L) with interferences from thiocyanate, cyanate, and colored or turbid solutions. Willekins and Van Den Bulcke describe a colorimetric procedure for free cyanide using lithium picrate. They report a detection limit of about 0.5 mg/L [7]. Generally the colorimetric and titration procedures require large volumes of sample (100 to 1000 mL).

Gas chromatography has been utilized for the determination of cyanide primarily in biological samples with a minimum detection limit of 50 µg/L [8–12]. Several electrochemical procedures have been developed using pulse polarography [13], coulometry [14,15], amperometry with flow-injection [16,17], and ion-selective electrodes [18–24]. The pulse polarographic technique is capable of distinguishing between cyanide and sulfide and has a minimum detection limit of 20 µg/L. Coulometric procedures for cyanide have the distinct advantage of being absolute methods, requiring no calibration curves. However sulfide and oxidizable species interfere, and the minimum detection limit is estimated to be only 60

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1 Figures in brackets indicate literature references at the end of this paper.
Flow-injection analysis with amperometric detection is an extremely sensitive technique with a minimum detection limit of 1 µg/L, but once again sulfide, halides, and easily oxidized species interfere. Ion-selective electrodes (ISE) afford a rapid means of analysis with monitoring applications. Generally, the minimum detection limit for such analyses is about 20 µg/L, although detection limits of 2 µg/L [18] and 0.5 µg/L [21] have been reported. Sulfide and iodide are serious interferences in these ISE procedures. DuVal et al. have proposed an indirect ion-chromatographic determination of cyanide based on the stoichiometric reactions of iodine with cyanide and subsequent quantitation of the reaction product, iodide [26]. The minimum detection limit of the procedure is reported to be 0.4 mg/L. All species oxidizable by iodine are potential interferences. Bond et al. describe an ion chromatographic method for the simultaneous determination of cyanide and sulfide [26]. In this case anodic amperometric detection with mercury electrodes was used, with detection limits of about 1 mg/L.

In principle, ion chromatography with electrochemical detection (IC/EC) combines the advantages of the sensitivity of flow injection analysis with the selectivity (freedom from interferences) of chromatography. Judicious choice of the electrode material and the applied voltage can further enhance the selectivity and the sensitivity. In this paper a procedure for the rapid determination of free cyanide using ion chromatography with electrochemical (amperometric) detection is described. The procedure has a minimum detection limit of about 1 µg/L and is relatively free from interferences such as sulfide, halides, and thiocyanate.

2. Experimental

2.1 Apparatus

A commercially available ion chromatograph (Dionex Model 10) with the electrochemical detector accessory (Model 35221) was used. The single-piston pump in the ion chromatograph was replaced with a dual-piston pump to reduce flow pulsations, a critical consideration in electrochemical detection. The detector system is composed of a potentiostat and a 3-electrode flow-through cell. The working electrode is a silver rod; the reference electrode is silver/silver chloride with an ion-exchange membrane junction; and the counter electrode is stainless steel. The anion exchange separator columns, type S2, and the corresponding pre-column used in this work are commercially available from the Dionex Corporation. These columns have greater ion-exclusion properties than normal anion separators have. No suppressor column was necessary for this application. Chromatograms were recorded on a strip-chart recorder.

2.2 Reagents

All chemicals used in this work were of reagent-grade quality. The water used for dilutions was doubly distilled, deionized and passed through a 0.2 µm filter.

The eluent for the ion chromatograph was prepared by mixing 10 mL of 0.4 mol/L sodium carbonate, 10 mL of 2 mol/L sodium hydroxide, 4 mL of anhydrous ethylenediamine, and 3.8 g of sodium tetraborate decahydrate with 4 L of water. A stock solution of cyanide, nominally 1000 ppm, was prepared by dissolving 1.884 g of sodium cyanide in 1000 mL of the eluent buffer solution described above. The actual concentration of cyanide in this solution was determined by a Liebig titration [1]. Calibration solutions down to 0.6 ppm were prepared by serial dilution of this stock solution with the eluent solution. Extreme care must be exercised in preparing the low level solutions to avoid contamination. The 1000 ppm stock solution and the bottle of sodium cyanide should be removed from the vicinity of the diluent and the low level solutions. Under no circumstances should the buffer solution used for the dilutions be exposed to an open bottle of sodium cyanide. The small amount of sodium cyanide which hydrolyzes to hydrogen cyanide is readily absorbed by the basic solution, which will subsequently bias the low level standards. There is evidence that the hydrogen cyanide will even diffuse through polyethylene bottles and bags.

2.3 Chromatographic Procedure

The eluent was pumped through the system at the rate of 4 mL per minute creating a system pressure of 2760 kPa (400 psi). Pulsations were approximately 70 kPa (10 psi). The sample loop had a volume of 100 µL. Samples and standards were loaded into the loop using a syringe and a 0.2 µm syringe filter. The sample loop was rinsed with approximately 1 mL of the analyte solution before the sample was injected onto the column. This was done to prevent sample-to-

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¹ Certain commercial equipment, instruments, or materials are identified in this report to specify adequately the experimental procedure. Such identification does not imply recommendation or endorsement by the National Bureau of Standards, nor does it imply that the materials or equipment identified are necessarily the best available for the purpose.
sample contamination. The potentiostat controlling the 3-electrode detection system was set at +0.02 V. At this potential, the system is at its maximum sensitivity for cyanide, and relatively insensitive to the halides.

The current setting of the detector was varied from 30 nA/V to 1 μA/V according to the cyanide concentration in the sample. Chromatograms were recorded on a strip chart recorder set at 1 V full scale and 0.5 cm/min. Identification was by peak retention time and quantitation was by interpolation of the calibration curve, peak height versus concentration.

### 2.4 Sample Preparation

The samples analyzed in this investigation were obtained in an industrial setting in and around an area which contained large quantities of sodium cyanide. Dust and particulate samples were collected on small (approximately 12×12 cm) dry laboratory tissues by repeatedly wiping over the sample area (floor, table, bench, etc.) until the majority of the dust appeared to be transferred to the tissue. The tissues were then placed in individual polyethylene bags and transported to the laboratory for analysis on the same day. The samples were transferred to individual Erlenmeyer flasks. The cyanide was extracted from the tissue with 20 mL of the eluent buffer solution in an ultrasonic bath at 23 °C. The extract was then loaded into the sample loop of the IC as described above. Clean tissues were run as blanks.

### 3. Results and Discussion

A chromatogram of a solution containing 0.6 mg/L cyanide is shown in figure 1. The retention time for cyanide is 4.5 min. Under the same conditions, sulfide elutes at 2.0 minutes with a response factor (peak height/concentration) similar to that of cyanide. Chloride elutes at 3.2 min with a response factor about 1000 times less than that of cyanide. Retention times for bromide, iodide, and thiocyanate exceed 10 min using this eluent. It can be concluded that the halides and thiocyanate pose no serious threat of interference with cyanide determinations unless in concentrations so great as to overload the capacity of the ion-exchange separator columns. Sulfide should not interfere unless the sulfide to cyanide ratio is excessive. It is anticipated that at high levels of sulfide (10 mg/L), the chromatographic separation of sulfide and cyanide will afford baseline resolution. However, the silver working electrode may be adversely affected causing nonlinear response towards cyanide. Further research is required to determine at what levels and to what extent sulfide poses a problem with the cyanide determination.

The linearity of response over the range 10 to 1000 μg cyanide per liter of solution is portrayed in figure 2. The detector setting was 1 μA/V. The correlation

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**Figure 1** - Chromatogram of a 0.6 mg/L cyanide solution. Electrochemical detection.

**Figure 2** - Calibration curve for cyanide over the range 10 to 1000 μg/L using IC/EC. 1 μA/V setting.
coefficient for the linear least-squares fit of the data points is 0.9997.

For levels below 10 µg/L, the detector sensitivity was set at 30 nA/V. The response characteristics at this setting over the concentration 0.5 to 10 µg/L cyanide is displayed graphically in figure 3. Linearity is excellent and confirmed by a correlation coefficient of 0.997. Detection below this level is not possible at this time due to baseline noise. At concentrations above 1000 µg/L, the response becomes nonlinear, probably due to saturation of the electrode surface. This can be remedied by using a smaller sample loop or by diluting the sample. Replicate injections of a solution containing approximately 500 µg/L cyanide resulted in a precision of 0.6 percent as expressed as the relative standard deviation of five measurements. The results of the analyses of the dust samples, calculated in terms of micrograms of cyanide extracted from the tissue are shown in table 1. Only three samples contained measurable cyanide. All others are listed as less than 0.5 µg which for these preliminary measurements is the overall system detection limit. Additional research is needed to improve the sampling and extracting procedures in order to reduce this limit.

Table 1. Determination of free cyanide in dust samples by IC/EC.

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<tr>
<th>Sample</th>
<th>Type</th>
<th>Cyanide (micrograms per tissue)</th>
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<td>A</td>
<td>Floor, office</td>
<td>&lt;0.5</td>
</tr>
<tr>
<td>B</td>
<td>Cabinet, office</td>
<td>&lt;0.5</td>
</tr>
<tr>
<td>C</td>
<td>Floor, work area</td>
<td>10</td>
</tr>
<tr>
<td>D</td>
<td>Floor, work area</td>
<td>130</td>
</tr>
<tr>
<td>E</td>
<td>Table, work area</td>
<td>30</td>
</tr>
<tr>
<td>F</td>
<td>Blank</td>
<td>&lt;0.5</td>
</tr>
</tbody>
</table>

4. Summary and Conclusion

An improved method for determining trace quantities of free cyanide has been developed using ion chromatography with electrochemical detection. Detection limits of 1 µg/L have been achieved with linearity from this level to 1000 µg/L. The relative standard deviation for measurements made on replicate injections is better than 1 percent. The method has been applied to the analysis of dust samples. Future research will include the investigation of the effects of large quantities of sulfide on the cyanide response, and the application of the method to air-particulate samples collected on filters and to air samples collected by impingers. In addition, the determination of total cyanide by this method will be undertaken with appropriate modifications to the standard reflux-distillation procedures [2].

The author wishes to express his gratitude to Barry I. Diamondstone of the National Bureau of Standards for his assistance in this project and to Karen Haak of the Dionex Corporation for helpful suggestions.

5. References


Estimated Uncertainty of Calculated Liquefied Natural Gas Density from a Comparison of NBS and Gaz de France Densimeter Test Facilities

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Liquefied natural gas (LNG) densities can be measured directly but are usually determined indirectly in custody transfer measurement by using a density correlation based on temperature and composition measurements. An LNG densimeter test facility at the National Bureau of Standards uses an absolute densimeter based on the Archimedes principle, while a test facility at Gaz de France uses a correlation method based on measurement of composition and density. A comparison between these two test facilities using a portable version of the absolute densimeter provides an experimental estimate of the uncertainty of the indirect method of density measurement for the first time, on a large (32 L) sample. The two test facilities agree for pure methane to within about 0.02%. For the LNG-like mixtures consisting of methane, ethane, propane, and nitrogen with the methane concentrations always higher than 86%, the calculated density is within 0.25% of the directly measured density 95% of the time.

1. Introduction

The density of liquefied natural gas (LNG) is one of the quantities needed to establish the value of a quantity of LNG for custody transfer. Two methods are available to determine density: by calculation from correlations of density as a function of composition and temperature, and by direct measurement.

The calculational method is the one commonly used. The density is inferred from measurements of temperature and composition using correlations such as one of those developed during the LNG density project at the National Bureau of Standards (NBS) [1]. These calculational methods are based on a series of density measurements of LNG pure components [2] and mixtures [1] done at NBS. The composition is determined by gas chromatographic analysis of vaporized LNG samples [3–5].

Direct density measurement is accomplished by measuring the effect of the liquid density on some physical property of the density measuring instrument or densimeter immersed in the liquid. This property might be a buoyancy, frequency, or capacitance. Ideally, no other property of the liquid, such as temperature or composition, will affect the density measurement.

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1 Figures in brackets indicate literature references at the end of this paper.
Though direct density measurement is not now used for custody transfer measurement, the measurement simplicity and the concurrent promise of a greater accuracy have generated an interest in applying densimeters to LNG density measurement.

A number of commercially built densimeters are presently available. Some of these instruments are capable of making cryogenic density measurements. In fact, some were designed specifically for LNG service; however, those built for LNG service are not tested or calibrated in LNG. LNG calibrations, when provided for the densimeters, are extrapolated from measurements in liquid nitrogen and ambient temperature hydrocarbons.

Gaz de France (GDF) has built a facility to test and calibrate commercial densimeters for LNG service [6]. NBS, at the request of and with the support of the American gas industry [7], also built a test facility, the density reference system (DRS) [5,8–12].

Both test facilities are similar in that the densimeters are tested in nominally isothermal samples of pure methane and LNG-like mixtures. They differ in that the GDF apparatus uses a calculational method to determine the density of the test liquid, while NBS uses an absolute densimeter to determine density. The densimeter is absolute in that the density of the liquid is determined by the Archimedes method using a single crystal of silicon as the plummet. No calibration liquid is needed or used.

If densimeters are used in custody transfer measurement of density, calibration facilities will be required to maintain measurement accuracy. A means of intercomparing such calibration systems will be required. A portable version of the DRS densimeter has been built for this purpose [13]. This unit, the portable reference densimeter (PRD), has been used to intercompare the DRS and the Gaz de France facilities. This intercomparison of the two test facilities provides an opportunity to compare direct density measurement and the calculational method of density determination. The estimates of the systematic uncertainty of the two methods should overlap.

2. The Calibration Systems

2.1 The Gaz de France System

The Gaz de France system (GDFS) [6] has been used to test a number of commercial densimeters. It is essentially composed of a 32 L sample container, figure 1, placed inside a vacuum insulated dewar. The temperature of this sample container is regulated by circulation of cold nitrogen gas around it. The vapor pressure in the sample container is kept approximately constant by a back pressure regulator. The sample temperature corresponds to the liquid-vapor equilibrium temperature at the control pressure. The temperature of the circulating nitrogen gas is regulated to correspond to the sample temperature to minimize evaporation of the sample. The sample liquid level is maintained at a sufficient height to immerse the densimeters tested. The level of liquid is maintained constant by injections of sample liquid. These injections also mix the sample.

The following parameters are measured:

1) The sample temperature, $T_{DGF}$, is measured with the platinum resistance thermometer shown in figure 1. This thermometer is calibrated at a number of fixed points and its uncertainty is estimated to be $\pm 0.03 \degree C$.
2) The pressure in the vapor phase above the sample is also measured by a capacitance manometer. The uncertainty of this measurement is $\pm 0.25\%$ of the full scale reading or $\pm 12$ mbar, whichever is larger.
3) A small quantity of the liquid sample is continuously vaporized and then analyzed by a
gas chromatograph. The technique of sampling and chromatographic analysis has been discussed [3–6]. The uncertainty of the mole fractions of the constituents other than methane has been estimated as ±1% of each fraction.

When a satisfactory liquid-vapor equilibrium is reached in the apparatus, the sample temperature, the vapor pressure, and the composition in the case of mixtures, are recorded at approximately 10-min intervals. Then, after changing the control pressure, possibly modifying the composition of the mixture, and injecting liquid until a new equilibrium is reached, a new set of data are recorded.

The sample density is calculated from the measurements of temperature, pressure, and composition of the sample. To determine the pure liquid methane density, only the temperature, \( T_{GDF} \), of the liquid near the bottom of the sample container is needed.

The density \( \rho_{GDF} \) for pure saturated liquid methane as a function of temperature is given by a correlation developed by Haynes and Hiza [2]:

\[
\rho - \rho_c = a \left(1 - \frac{T}{T_c}\right)^{0.35} + b_1 \left(1 - \frac{T}{T_c}\right) + b_2 \left(1 - \frac{T}{T_c}\right)^{4/3}
\]

(1)

where

\[
\begin{align*}
\rho &= \text{density in mol/L} \\
\rho_c &= 10.16 \text{ mol/L (critical density)} \\
T &= \text{methane temperature in K} \\
T_c &= 190.555 \text{ K (critical temperature)} \\
a &= 18.65812 \\
b_1 &= 6.71203 \\
b_2 &= -0.947202 \text{ in mol/L.}
\end{align*}
\]

To obtain the mass density values given in this report, \( \rho \) must be multiplied by the molecular weight, 16.04303 g/mol.

The experimental apparatus was designed to obtain a good liquid-vapor equilibrium and ideally \( T_{GDF} \) and the temperature \( T_p \) calculated from the vapor pressure using a parabolic interpolation of the pressure-temperature values in table 13 of reference [14] should agree. Since the sample chamber is not likely to be perfectly at equilibrium,

\[
\Delta T = T_p - T_{GDF}
\]

(2)

can be used as a measure of the quality of the equilibrium within it. Part, if not all, of the \( \Delta T \) can be a temperature gradient in the liquid.

From eq (1) and the two temperatures \( T_{GDF} \) and \( T_p \), two values for the sample density can be calculated:

\[
\rho_{GDF} = \rho(T_{GDF}) \quad \text{and} \quad \rho_p = \rho(T_p).
\]

The difference, \( \delta \rho \), where \( \delta \rho = \rho_{GDF} - \rho_p \) provides an estimate of the measurement uncertainty of the density of pure methane. This estimated uncertainty, \( \delta \rho/\rho \) is ±0.15% assuming \( \Delta T \) is entirely due to a liquid temperature gradient.

The density of a mixture is calculated from measurements of \( T_{GDF} \) and \( P \), and from measurements of the composition by the liquid sampling and calculation methods discussed earlier. The corresponding states method [1,15] with an estimated uncertainty of ±0.1% was used for this calculation. The vapor pressure and composition are used to calculate a sample temperature [16] as in the case of methane. This temperature is used along with the composition to calculate a second density value by the corresponding states method. This second density value again serves as an evaluation of the equilibrium.

This apparatus has been used to test a number of commercially built densimeters.

The uncertainty of the liquid methane density is discussed in Appendix A. The determination of LNG density from correlations of density with composition and temperature is subject to a number of sources of error. The estimated uncertainty of the mathematical models for predicting LNG density is 0.1% [1]. The composition determination is subject to uncertainty of the composition of the chromatograph calibration gas, the uncertainty of the chromatograph measurement, and the uncertainty introduced by the sampling procedure. The uncertainty of the temperature measurement must also be included. The uncertainties associated with the various parameters are as follows:

1) The uncertainty assigned to the sampling has been estimated to be 0.1 to 0.15% from tests of the sampling system [6].

2) The gas chromatograph used for the composition analysis is a state-of-the-art instrument. The uncertainty it introduces into a density determination will be dependent on the composition of the sample and the accuracy of the calibration gas. The uncertainty that the chromatographic measurement contributes to the density determination has been estimated in one study to be 0.11% for LNG [17]. Parrish et al. [3] estimated an uncertainty contribution of 0.1% by the chromatograph to the heating value calculation. The uncertainty introduced into the density calculation is generally equal to or slightly less than the heating value uncertainty.

3) Errors introduced by the calibration gas uncertainty are based on estimates of the weighing uncertainties when the standard is
prepared and is probably no more than ±0.03% [3]. An estimate for uncertainty introduced by deviations of the constituent gases is not available.

4) The density uncertainty introduced by the temperature measurement is about ±0.01% for ±30 mK temperature uncertainty.

Parrish et al. [5] estimated that in the laboratory, the saturated density based on composition determinations from sampling and analysis combined with temperature and pressure measurement could be calculated to an uncertainty of 0.1%. This value seems optimistic since combining the uncertainties above in quadrature gives the uncertainty of a laboratory determination of density calculated from temperature and composition measurements of at least 0.2%. This includes no estimate of the uncertainty of the calibration mixture for the chromatograph other than that introduced by weighing the mixture.

2.2 The Density Reference System (NBS)

The NBS densimeter test facility, the density reference system (DRS), has been described in the literature [5,8,9,11,12]. It is a vacuum insulated sample container into which 16 L of methane or LNG-like mixtures can be condensed. The system is completely closed. No gas vents at anytime. Radiation shields cooled by liquid nitrogen reduce the heat leak into the sample container, and cooling coils remove the remainder. The liquid can be stirred by a turbine pump. The thermal isolation of the sample maintains the isothermal state for minutes after the stirring has ceased. The density of the sample liquid is measured by an absolute densimeter. This densimeter uses the Archimedes principle, a silicon single crystal immersed in the liquid is weighed by an electronic balance. The density of single crystal silicon is known by an absolute densimeter. This densimeter uses the Archimedes principle, a silicon single crystal immersed in the liquid is weighed by an electronic balance. The density of single crystal silicon is known to a few ppm, and if the vacuum weight of the crystal is measured, no calibrating fluid is necessary. The density of the liquid, \( \rho_l \), is

\[
\rho_l = \rho_s (1 - M/M) 
\]

where \( \rho_s \) is the crystal density, \( M_s \) is its vacuum weight, and \( M \) is its apparent weight when completely immersed in the liquid.

When commercial densimeters were found to lack adequate calibrations, a transfer standards program was initiated by NBS to provide a better method of calibration to manufacturers and users. Densimeters of a manufacturer's or user's choice were calibrated in the DRS, then returned to them. They would then use these calibrated instruments in their own sample container to calibrate densimeters sold. The calibration should be done in an LNG-like mixture for best results.

The transfer standard method of providing calibrations has disadvantages, however. The calibration of a standard could change with time or through shipping and handling. Repeated calibrations are necessary at least until a long term stability is established for the instrument. If the long term stability is adequate there still remains the question of how well the calibration system, in which the transfer standard is employed, transfers the calibration from the standard to the densimeter under calibration. Testing calibrated densimeters in the DRS or GDFS could establish whether the calibration has been adequately transferred. Continual monitoring of the calibration operation is desirable to ensure the best calibration of the commercially available densimeters.

During the course of testing the commercial densimeters, both the DRS and the DRS densimeter were improved. The densimeter was improved by replacing the original electronic balance with one of greater range, which was also more compact and more rugged. The greater range permits the silicon crystal to be weighed directly instead of in relation to a reference weight. The reference weight is retained in the new densimeter but now provides a means of adjusting and monitoring the balance calibration. This redesign suggested the possibility of making a portable standard densimeter of a design similar to the new DRS densimeter. This portable standard could be transported to other calibration facilities to measure their calibration uncertainty and to intercompare calibration facilities. A portable standard, the portable reference densimeter (PRD), has been built for this purpose. The PRD is shown schematically in figure 1 in place in the GDFS. This densimeter and comparison density measurements between it and the DRS are described in [12] and [13]. The densities of methane and methane-propane-nitrogen mixtures from simultaneous measurements by the PRD and the DRS densimeter were indistinguishable. Because of the larger crystal and the tungsten reference weight, the PRD is estimated to be slightly more accurate than the DRS densimeter. The density of pure methane liquid measured by the PRD is estimated to be within ±0.033% of the true density 99.7% of the time.

One densimeter user built a calibration system with a densimeter of a similar design for his standard. This unit, tested also in the DRS [9], gave densities that agreed with the DRS values to better than 0.005% ±0.01%, supporting the contention that the DRS densimeter is an accurate, well characterized calibration instrument.
3. Intercomparison of GDFS and DRS

The two test facilities were compared via the PRD. The PRD was air freighted from Boulder, CO, to the Centre de Recherches Gazieres of Gaz de France, located at St. Denis, near Paris, where it was inserted into the Gaz de France system. Densities of pure liquid methane samples and some mixtures were measured simultaneously with the PRD and the GDFS. These measurements are the first experimental comparisons between LNG-like mixture densities from correlations and from direct density measurement with an absolute densimeter.

Upon arrival in Paris, the PRD balance was out of calibration by the amount expected because of the difference in the acceleration of gravity between Boulder and Paris. The balance was recalibrated with the reference weight, installed in the GDFS, and some initial data were taken with assistance from an NBS representative. The rest of the measurements and the calculations were done by Gaz de France personnel.

4. Results

4.1 Pure Methane

The pure methane data were taken at two separate periods of time. Measurements were made at seven different values of sample vapor pressure; hence, temperature. Table 1 gives a summary of these measurements. The values shown are averages of a series of measurements at the conditions. The pressure in the first column was nominally constant during the set of measurements at that pressure. The thermometer measured an average $T_{GDF}$ during the same set of measurements and $\bar{p}_{GDF}$ and $\bar{p}_{NBS}$ are the averages of the densities measured by the GDFS and PRD, respectively. The average $\Delta \rho/\rho$ where

$$\Delta \rho/\rho = \frac{\rho_{GDF} - \rho_{NBS}}{\rho_{NBS}}$$

is given in % in the fifth column and the standard deviation of $\Delta \rho/\rho$ is shown in the last column.

The value of $\Delta T$ from eq (2) varied during each set of measurements at a nominal temperature. In figure 2, $\Delta \rho$ is shown as a function of $\Delta T$. Some density gradient in the sample is apparent from these results since $\Delta \rho$ increases with $\Delta T$. To remove this effect, the $\Delta T$ dependence shown was fit by the method of linear least squares to obtain

$$\Delta \rho = 0.51 + 1.093 \Delta T \text{ (kg/m}^3\text{)}.$$  (4)

The first term in eq (4) amounts to a constant offset of 0.51 kg/m$^3$, which is about 0.12% at a density of 425 kg/m$^3$. A similar offset (0.10%) is observed at Boulder when the DRS densimeter density value was compared to the density value calculated from the average temperature of a saturated liquid methane sample using eq (1). The close agreement of the magnitude of these two offsets supports the contention that this indirect method gives densities about 0.1% higher than the direct method as used in the DRS. The Boulder comparisons between the direct and indirect density values gives a 99% upper bound on the standard deviation of a single measurement to be 0.046 kg/m$^3$. This includes variation within a test on a sample and variation between samples. For the Gaz de France data on the seven different samples, the variation between tests is estimated to have a standard

![Figure 2-Difference between $\rho_{GDF}$ (GDFS) and $\rho_{NBS}$ (PRD) as a function of $\Delta T$ of the sample container for pure methane. Each symbol corresponds to a set of measurements producing one line in table 1. The sample pressure in millibars is given adjacent to the various data symbols in the upper left corner.](image)
deviation of 0.044 kg/m³ with an upper 99% confidence limit of 0.115 kg/m³ when the measured data is referenced to eq (4). The variation within tests has an estimated standard deviation of 0.041 kg/m³ (114 observations in seven tests) with an upper 99% confidence limit of 0.048 kg/m³. The upper 99% confidence limit for a single observation is then

\[(0.115)^2 + (0.048)^2 \approx 0.125 \text{ kg/m}^3\]

### 4.2 Mixtures

Table 2 shows the averaged compositions of each of the mixtures used in these comparisons along with the averaged values of \(P_1\), \(T_{GDF}\), \(P_{GDF}\), \(P_{NB5}\), \(\Delta p_1\), and \(\sigma(\Delta p_1)\). The compositions shown are the average over a set of determinations at a particular composition and vapor pressure setting. The mixtures in table 2 are listed in the order the data were taken. The individual values of \(\Delta p_1\) are shown as a function of the same order in figure 3. The gap in the data shown was some pure methane measurements. Two methane samples were also measured prior to the start of the mixture data acquisition.

The standard deviations about the mean of a set of measurements on a binary mixture are estimated to be 0.15 kg/m³. This will be called the within test standard deviation and it is judged the same for all 10 tests of the binary mixtures. The means themselves vary much more than the within test variability allows. The means have a standard deviation of 0.35 kg/m³. We infer from this that circumstances are changing significantly from test to test. Part of the change in circumstances is the composition, but a large shift does occur between two tests of the same mixture; i.e., 0.7 kg/m³ between the first two tests shown in figure 3. These shifts in the means are larger than those observed for the pure methane data.

Equilibrium between the vapor phase and the liquid phase for mixtures is not easily obtained and probably accounts for the larger values for \(\Delta T\) than observed for pure methane. The values of \(\Delta T\) for the 10 binary mixtures had ranges from 0.1 to 0.4 °C. Correlations between \(\Delta p_1\) and \(\Delta T\) for any of these 10 tests were of no practical significance in explaining the scatter of

<table>
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<tr>
<th>#</th>
<th>(P) (mbar)</th>
<th>(T_{GDF}) (°C)</th>
<th>(X_{\text{CH}_4}) (mol %)</th>
<th>(X_{\text{CH}_3}) (mol %)</th>
<th>(P_{GDF}) (kg/m³)</th>
<th>(P_{NB5}) kg/m³</th>
<th>(\Delta p_1/\rho) (%)</th>
<th>(\sigma(\Delta p_1/\rho)) (%)</th>
<th># of data points</th>
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<td>1</td>
<td>1460</td>
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<td>0.044</td>
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<td>1.32</td>
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<td>433.01</td>
<td>-0.153</td>
<td>0.144</td>
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<tr>
<td>4</td>
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<td>5.45</td>
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<tr>
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<td>430.61</td>
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<tr>
<td>18</td>
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<td>2.91</td>
<td>425.83</td>
<td>426.14</td>
<td>-0.071</td>
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</table>

* plus 1.09 mol % \(\text{N}_2\)
2.01 calculated from the averaged readings of two 0.5-
0.0 -2.0 -1.5 -

Figure 3—Differences in de
order for the va
where the syn
given in table 2.
1 data on the left
gap. The gaps arc
the data. The scatter is probably due to the sampling
and analysis procedures. Approximately 98% of the
data fall within ±0.18% of the overall mean.
The estimated standard deviations about the mean
of a set of measurements of a ternary mixture are
mostly around 0.5 kg/m³. One is as low as 0.1 kg/m³
and one as high as 0.9 kg/m³. The eight means
themselves are varying with an estimated standard
deviation of 0.3 kg/m³. Approximately 95% of this
data fall within ±0.25% of the overall mean.

5. Conclusions

Though the density determined from temperature
and composition measurements using a correlation has
been compared to the density measured by
commercial densimeters [6], this work represents the
first known comparison to an absolute densimeter.
This comparison provides a direct experimental
estimate of the uncertainty associated with the method
of determining density from correlations using
measured temperature and composition.

The density measured by the PRD in pure liquid
methane was 0.12% smaller than the density
determined by the GDFS by calculation from a
sample temperature measurement provided a
correction is introduced for ΔT. Similar results were
obtained in the DRS. When the directly measured
liquid methane density is compared to the density
calculated from the averaged readings of two
thermometers, the directly measured density is 0.10% 
low. This means that the GDFS and the DRS agree to
within 0.02% on density measurements in pure
methane when a correction is made for the 0.1% offset
between direct density measurement by the DRS or
PRD and the Haynes-Hiza density from temperature
correlation [2]. Thus, the two test systems show good
agreement on liquid methane density. The upper 99%
limit of a measurement of density in this comparison is
0.125 kg/m³ compared to a similar limit of 0.046
kg/m³ for the DRS [9].

The densities of the mixtures examined in this work
measured by the GDFS and the PRD differed by no
more than 0.25% in 95% of the measurements. This
value does not conflict with the estimated errors for
the two measurement methods but is larger than the
0.1% estimated from the heating value studies [5]. The
uncertainty in heating value was estimated to be
±0.15% in the laboratory [5] and ±0.3% for
measurements on shipboard [3]. Based on this, the
uncertainty in field measurement of LNG density by
sampling and analysis of the liquid could be larger
than the ±0.25% obtained in the comparison of the
DRS and GDFS described in this paper.

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[7] The work was supported first by the American Gas
Association and later by the Gas Research Institute.
The analysis was not done in a systematic way for the tests conducted with methane. The few occasional checks made did not reveal any impurities. The low solubility of $\text{H}_2$, $\text{O}_2$, $\text{A}$, $\text{N}_2$ in liquid methane and the method of filling the sample container involves a certain amount of evaporation and prevents any accumulation of these constituents.

On the other hand, $\text{C}_2\text{H}_6$ and the heavier hydrocarbons may accumulate during the course of measurement. Considering the capacity of the sample container, the volume of liquefied methane, the low evaporation rate and the experimental procedure, it was estimated that a maximum concentration of 0.1% of ethane was possible, leading to a systematic error of 0.12% for the density determination. However, no ethane was ever detected in an analysis, so it never exceeded 0.01% concentration.

### Appendix A

**Influence of Impurities in Methane**

The pure liquid methane was made by liquefying a compressed gas which had a certified methane content above 99.9%. The impurities present may be distributed as follows (% vol):

- $(\text{CH}_4 \geq 99.9\%)$
- $\text{O}_2 \leq 0.0050$
- $\text{H}_2\text{O} \leq 0.0020$
- $\text{A} \leq 0.0020$
- $\text{N}_2 \leq 0.0500$
- $\text{H}_2 \leq 0.0050$
- $\text{C}_2\text{H}_6 \leq 0.0050$
- $\text{C}_n\text{H}_m \leq 0.0080$

The chromatographic analysis is capable of detecting: the sum of $\text{O}_2$, $\text{A}$, $\text{N}_2 > 0.005\%$, $\text{C}_2\text{H}_6 > 0.01\%$, $\text{C}_3\text{H}_8 > 0.015\%$, and $\text{C}_4\text{H}_{10} > 0.02\%$. 

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The Application of Back-to-Back Accelerometers to Precision Vibration Measurements

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Precision vibration measurements depend on accurate and repeatable calibration methods. Standardization of calibration test equipment and measurement techniques ensures more accurate and repeatable measurements. The use of the back-to-back accelerometer as a laboratory standard has become widespread. However, this use has been somewhat limited because of inadequate calibration methods. Recent developments in improved calibration methods have given the back-to-back accelerometer a greater potential as an accurate, repeatable, and stable vibration standard. As a vibration standard, the back-to-back accelerometer should prove to be a valuable asset for laboratories involved in vibration measurements and vibration transducer calibrations. By adapting existing techniques of laser interferometric calibration to the special geometry of the back-to-back accelerometer, improved accuracy (over existing methods) can be obtained over the range of 2-15,000 Hz and extension to 20,000 Hz is a good possibility. Recent work at NBS in this area is presented along with a description of a sample back-to-back transducer calibration.

Key words: accelerometers; calibration; exciters; shakers; standards; vibration.

1. Introduction

There is a widespread need for accurate vibration measurement systems in government and industrial laboratories. The back-to-back (BTB) accelerometer has certain advantages for use as a laboratory standard which will be discussed in this paper. It also has some unique problems with regard to its calibration. Some experimental data are presented for a sample BTB accelerometer utilizing two calibration techniques: an absolute calibration using an optical interferometer; and a comparison to another standard accelerometer.

2. The Special Geometry of the BTB Accelerometer

Figure 1 shows several typical BTB accelerometers photographed with their mounting bases pointing upward. The case of the accelerometer is designed so that another accelerometer can be mounted on top of the BTB accelerometer. This permits the use of a small shaker (which does not require provision for mounting an accelerometer inside) to be used for

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Figure 1-Typical back-to-back accelerometers.
calibration, thus eliminating the need for a large shaker with removable fixtures for mounting a standard inside.

A BTB accelerometer mounted on a suitable shaker (fig. 2) can be used as a convenient system for comparison calibration of test accelerometers.

Figure 2—A back-to-back accelerometer with another accelerometer mounted on its top surface.

However, before the BTB accelerometer can be used to calibrate other accelerometers, the BTB accelerometer itself must first be accurately calibrated. One problem with this arrangement is that the BTB accelerometer is somewhat mass sensitive, especially above about 7 kHz. That is, the sensitivity of the BTB accelerometer is a function of the mass mounted on its top surface. Therefore, in order to obtain an accurate calibration, the BTB accelerometer must be calibrated with a mass on its top surface.

One approach is to calibrate the BTB accelerometer by using a calibrated single-ended accelerometer mounted on top of the BTB accelerometer (fig. 2). The top accelerometer can be calibrated by standard methods, with the BTB accelerometer calibrated by comparison to this accelerometer.

It is desirable, however, to use an absolute method for the calibration of the BTB accelerometer and thereby eliminate the two-step calibration procedure. The method developed at NBS uses a “dummy” mass fabricated of tungsten carbide, which has been lapped flat on both surfaces and has four small holes. The holes enable a laser light beam to pass through the mass and reflect from the BTB accelerometer’s top surface, which has been polished to reflect light as a mirror. Utilizing this arrangement, an interferometric calibration is possible using the top surface of the BTB accelerometer as one of the interferometer mirrors [1].

2.1 Calibration of the BTB Accelerometer Top Surface by Optical Interferometry

A Michelson interferometer (fig. 3) is used to calibrate the BTB accelerometer [1]. Calibrations are obtained at each of four positions, corresponding to the four holes in the dummy 19-gram mass shown in figure 4. Figure 5 shows the results of this calibration for the no-load and for the 19-gram average for the four positions for both the no-load and the 19-gram-load conditions over the frequency range of 3–15 kHz. Figure 6 shows the average for the four positions for both the no-load and the 19-gram-load cases. The effect of the load is to decrease the sensitivity of the accelerometer. By averaging the sensitivities (corresponding to the four positions), a good representation of the actual sensitivity is obtained for the two cases. The data in figure 6 indicate that the effect of the load increases as the frequency increases. For frequencies below about 7 kHz there is only a small mass loading effect whereas, for frequencies above about 7 kHz, the effect of the mass loading becomes more significant. Thus at 15 kHz, a

1 Figures in brackets refer to the literature references at the end of this paper.
calibration would be in error by about 2 percent if the effect of mass loading is not taken into account for a test accelerometer of about 19-gram mass.

2.2 Calibration of the BTB Accelerometer by the Comparison Method

The BTB accelerometer is calibrated by a comparison method in which a reference accelerometer (about 19 gram) is mounted on top of the BTB accelerometer (fig. 2). The reference accelerometer has been calibrated by comparison to NBS reference shakers (which have been reciprocity calibrated, 10–3500 Hz) and by interferometric displacement measurement (4000–10,000 Hz) [2]. The comparison calibration is performed by energizing the shaker at a given test frequency, and measuring the voltage ratio of the output of the BTB accelerometer to the output of the reference accelerometer. This ratio is then multiplied by the sensitivity of the reference accelerometer, thereby yielding the sensitivity of the BTB accelerometer at this test frequency.

Similarly, calibrations are performed at the other test frequencies to obtain the complete calibration of the BTB accelerometer. The results of this comparison calibration of the BTB accelerometer are shown, together with the previously described absolute calibration data, in figure 7. The data in figure 7 indicate agreement between the absolute interferometric method and the comparison method to
be within about 1 percent. Thus, the simple comparison method provides an accurate calibration of the BTB accelerometer, but does not yield the mass loading characteristics of the BTB accelerometer. One study [3] attempts to measure the mass loading by the comparison method by inserting masses between the BTB accelerometer and the reference accelerometer. This does give some qualitative results but does not take into account the relative motion between the accelerometers introduced by the inserted mass.

3. The Use of the BTB Accelerometer as a Laboratory Standard

Once calibrated, the BTB accelerometer, mounted on a suitable shaker, can be used as a reference standard, suitable for calibrating accelerometers up to a frequency of 15 kHz. The calibration is valid only for accelerometers of about 19-gram mass (since this is the calibration mass). However, this mass is typical of several commercial accelerometers in common use. Additional data need to be obtained to accommodate accelerometers of different masses. Work is being conducted at NBS to obtain such data by using a set of dummy masses to cover the range of interest and the results will be the subject of future publications.

4. Conclusion

The technique presented here eliminates one step in the calibration of a BTB accelerometer. Instead of using a two-step method of first calibrating a single-ended accelerometer and then calibrating the BTB accelerometer by comparison to it, a one-step absolute method is used. It is desirable to have a standard calibrated by an absolute method in terms of fundamental units (e.g., the wavelength of light). Further data need to be collected on BTB accelerometers which are typically in use as laboratory standards. With these additional data, this technique will result in improved accuracy calibrations in the 3- to 15-kHz frequency range. In addition to improved accuracy, the absolute method described above yields additional information about the accelerometer (mass loading characteristics) which the comparison method does not yield.

The BTB accelerometer, when properly calibrated under a loaded condition, can be an accurate and repeatable calibration standard. This standard, when mounted on a suitable shaker, will provide a convenient and accurate setup for performing comparison accelerometer calibrations.

5. References


Nuclear Orientation Thermometry

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Accepted: February 1, 1983

Low temperature nuclear orientation thermometry, in particular γ-ray anisotropy thermometry, is discussed both from a theoretical and practical point of view. Detailed information is given on the most often used γ-ray anisotropy thermometers, along with a comprehensive description of the γ-ray anisotropy technique. The 60Co in (hcp) cobalt single crystal γ-ray anisotropy thermometer is discussed in considerable detail since it is used more frequently in comparison experiments with other primary thermometers. Recent experimental results using γ-ray anisotropy thermometers are also reviewed.

Key words: gamma-ray anisotropy thermometry; gamma-rays; low temperature physics; low temperature thermometry; nuclear orientation; nuclear orientation thermometry; nuclear spin system; radioactivity; thermal equilibrium.

1. Introduction

One of the fundamental problems recurring in low temperature physics is the accurate determination of the temperature of the sample. Fortunately the nuclear orientation (NO) technique offers us one of the most direct and accurate means of measuring temperatures below 1 K. In the NO method, which is essentially a measurement of the degree of ordering of a nuclear spin system in thermodynamic equilibrium, the temperature is derived from the Boltzmann factor and, in principle, is absolute (thermodynamic). Thus a measurement of the anisotropic emission of γ-rays or β- or α-particles from an assembly of oriented radioactive nuclei has the same potential of yielding the absolute temperature as does the scattering or absorption of photons or particles by an oriented nuclear target. An obvious restriction is, of course, that the nuclei must have a nonvanishing spin. In addition, it should be kept in mind that the temperature obtained with a NO thermometer is that of the nuclear spin system and not that of the lattice. If the lattice temperature is to be measured, then the spin-lattice relaxation time must be relatively short.

Most of the work in NO thermometry has been done using γ-ray anisotropy (γ-RA) thermometers. In addition to being primary thermometers, these types of NO thermometers have many advantages over conventional thermometers: they are usually physically small and metallic, and thus can be easily attached (soldered) to the experimental package with good thermal contact; for some the self-heating due to the radioactivity is quite small (<0.02 erg/min); no wires are attached to it; the readout is digital, and the (counting) equipment needed can be relatively inexpensive. Moreover, some can operate in zero magnetic field as well as in a magnetic field. Although γ-RA thermometers have been used in many different types of low temperature experiments, e.g., studies of nuclear properties (spins, moments, multipolarities, etc.), calibration of secondary thermometers (paramagnetic salts, resistance thermometers, etc.) and development of a low temperature scale, and, have been the subject of several reviews [1-3], their use is still not as extensive as it could be. This perhaps stems from the nonuser's having to learn a new technique foreign to his own field of research. One of the objectives here is to provide sufficient information to

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those unfamiliar with this technique so that they too can use it. Thus, details are given which would normally not be given.

A general discussion of NO thermometry is given in the next section, thereafter we will deal almost entirely with γ-RA thermometry. In section 2 the theory of γ-RA thermometry is given along with some general remarks. This is followed by a discussion of practical γ-RA thermometry which is divided into two sections, section 3 dealing with the general problem, and section 4, with specific γ-RA thermometers. Section 5 contains recent experimental results. The conclusions are included in the last section.

2. Theory of Nuclear Orientation Thermometry

2.1 Basic Concepts

The degree of orientation of an ensemble of nuclei of spin I can be specified in various ways. The most general description is given in terms of a spin-density matrix \( \rho \) with \((2I+1)^2\) matrix elements. For an ensemble of nuclear spins with cylindrical symmetry the description is considerably simplified. In this case the symmetry axis is the axis of quantization of the nuclear spin system and \( \rho \) is a diagonal matrix with \((2I+1)\) matrix elements. These diagonal matrix elements, \( \rho_{mm} \), are just the relative populations, \( a_m \), of the nuclear spin substates \( m \) \((m=I, I-1, ..., -I)\). Since it is convenient to normalize the populations \( a_m \) such that \( \Sigma a_m = 1 \), we are left with only \( 2I \) independent values of \( a_m \).

In the theoretical interpretation of the nuclear process studied, it is usually more convenient to work with the \((2I+1)^2-1\) independent quantities, \( B_\lambda^m(I) \), called statistical tensors, which are defined in terms of the density matrix. For a spin ensemble with cylindrical symmetry the number of statistical tensors, or orientation parameters, is reduced to \( 2I \). The explicit expression for these orientation parameters is given by

\[
B_\lambda^m(I) = (2I+1)^{1/2} \rho_{mm}^{I/2} \sum_{m=-I}^{I} (-1)^{m-m} [ (2I+1) (2I+1) ]^{1/2} 
\]

\[
\binom{I}{m-m} \lambda \theta \binom{I}{m-m} 0 a_m \tag{1}
\]

where \( a_m \) and \( m \) have already been defined and \( \lambda \) goes from 0 to 2I, with \( B_\lambda^m(I) = 1 \). A system of nuclear spins is said to be aligned if all the \( B_\lambda \) values with \( \lambda \) odd are zero. If at least one value for \( \lambda \) odd is not zero, then the spin system is said to be polarized.

Although there are different methods for producing ensembles of oriented nuclear spins (i.e., changing the populations of the \( m \)-states), here we will only be concerned with those methods where the spin ensemble is in thermodynamic equilibrium. In this case, the populations are governed by the Boltzmann distribution and are given by

\[
a_m = \frac{e^{-E_m/kT}}{\sum_m e^{-E_m/kT}} \tag{2}
\]

where \( E_m \) are the energies of the nuclear \( m \)-states, \( k \) the Boltzmann constant and \( T \) the absolute temperature. At temperatures \( T > E_m/k \) the populations are essentially equal and are given by \((2I+1)^{-1} \) (only at \( T = \infty \) are the populations exactly equal). For temperatures \( T < E_m/k \) the populations are unequal, resulting in nuclear orientation. The lower the temperature, the greater is the degree of nuclear orientation. In figure 1 we show some population distributions for a nuclear spin system with \( I=3 \) and \( E_m/k = (0.013 \text{ K})m \), which are the values for the \(^{54}\text{MnNi} \) γ-RA thermometer. The first three, (a), (b), and (c) are Boltzmann distributions at temperatures of 1.0, 0.1, and 0.02 K respectively. As one can see, there are hardly any differences between the populations at 1.0 K, the ratio of the populations for the lowest and highest \( m \)-states being 1.07. At 0.1 and 0.02 K the distributions are skewed to favor the lower states with the ratios now being approximately 2 and 50 respectively. In the distribution shown in (d), the Boltzmann distribution (c) was perturbed so that the lowest two \( m \)-states were equally populated, thus yielding a non-Boltzmann distribution. For all four distributions, values of \( B_\lambda^m(I) \) can be calculated; however, only the first three can be associated with meaningful values of the absolute temperature. We will designate these, i.e., nuclear orientation parameters for a system of nuclear spins in
thermodynamic equilibrium by $B_{I}(I,T)$ rather than by $B_{I}(I)$.
If the perturbation is turned off in (d) and the spins can relax (by interacting among themselves or with their environment, e.g., the lattice) so that thermal equilibrium is achieved, then the populations will again be governed by a Boltzmann distribution reflecting this new equilibrium temperature.

Thus, we see that the entire theoretical basis for NO thermometry is contained in eqs (1) and (2): one determines the value of any nonzero $B_{I}(I,T)$ for a nuclear spin system in thermodynamic equilibrium where $E_{m}$ is known, and from this a unique value of the absolute temperature is obtained. How well one can determine the value of the temperature depends upon the accuracy with which one knows $E_{m}$ and how accurately $B_{I}(I,T)$ can be measured. The latter will contain all the statistical and almost all the systematic errors of the measurement. As we shall see later on, a complete understanding of all the systematic errors associated with deducing a temperature from an ensemble of oriented nuclear spins is nontrivial and will cause us the greatest concern about how well one can measure the absolute temperature.

In figure 2 we show the six $B_{I}(I,T)$ plotted as a function of temperature for the nuclear spin system that was used in calculating the populations for (a), (b), and (c) of figure 1, namely, $I=3$ and $E_{m}/k = (0.013 \text{ K})m$. As one can see each $B_{I}(I,T)$ is a single-valued function of the temperature.

It is often the case that the measurement made on an ensemble of nuclear spins will depend upon more than one $B_{I}(I,T)$ value; however, as we mentioned previously, once $E_{m}$ is known, any one of the nonzero $B_{I}(I,T)$ will yield the temperature. Once the temperature is known, all the other $B_{I}(I,T)$ are uniquely determined. This follows directly from eq (2), i.e., once $E_{m}$ and $T$ are known, all of the $a_{m}$ can be calculated and hence each $B_{I}(I,T)$. Thus, we see that the condition that the populations be governed by the Boltzmann distribution is very restrictive. Whereas in the general case of an ensemble of oriented nuclear spins with cylindrical symmetry the $a_{m}$ were independent (except for normalization), now they are dependent such that if any one $a_{m}$ is known along with $E_{m}$, then the remaining $a_{m}$ can be obtained. For the general case above where we do not have a Boltzmann distribution, each of the $B_{I}(I)$ would have to be measured in order to obtain all the $a_{m}$.

It is important to realize that having the populations follow a Boltzmann distribution does not necessarily imply that the spin system is in thermal equilibrium. A spin system can be prepared with the $a_{m}$ being the same as those given by a Boltzmann distribution; however, if there are no spin-spin or spin-lattice interactions (the latter being important for very dilute systems, e.g., $\gamma$-RA thermometers) to achieve thermal equilibrium a spin temperature cannot be defined. The most obvious example of this is a nuclear spin system with $I=1/2$. In this case every distribution (of the two states) corresponds to a Boltzmann distribution; however, the spin system need not be in thermal equilibrium.

Although the concept of spin temperature is fundamental to NO thermometry, and leads to some interesting properties (e.g., negative temperatures) not found in other thermodynamic systems, we will not be concerned with those here since many excellent articles have been written on this subject [4-6].

2.2 Gamma Ray Anisotropy Thermometry

The normalized directional distribution of $\gamma$-radiation emitted from an axially symmetric oriented nuclear spin system is given by

$$W(\theta) = \sum_{\lambda=0}^{\lambda_{\text{max}}} B_{\lambda}(I)U_{\lambda}A_{\lambda}Q_{\lambda}P_{\lambda}(\cos \theta) \quad (3)$$

where $\theta$ is the angle between the direction of emission of the $\gamma$-ray and the orientation axis. The quantities $U_{\lambda}$ and $A_{\lambda}$, which are called angular momentum deorientation coefficients and angular distribution coefficients respectively, only depend upon the decay scheme (spins and multipole amplitudes) of the radioactive nuclei. The Legendre polynomials, $P_{\lambda}(\cos \theta)$, contain all of the angular dependence of the radiation pattern. However, for a detector which
The angular distribution coefficient $A_\lambda$ is given by

$$A_\lambda = \frac{F_\lambda(LL'I',I_f) + 28F_\lambda(LL'I',I_f) + 8F_\lambda(LL'I',I_f)}{1 + \delta^2}$$

(6)

where $L$ and $L'$ have been defined previously, $I_1$ and $I_2$ are the spins of the initial and final states linking the observed $\gamma$-ray whose mixing ratio is $\delta$. The $F_\lambda$ coefficients are defined by

$$F_\lambda(LL'I',I_f) = (-1)^{L+L'+1}[(2L+1)(2L'+1)(2I_1+1)]^{1/2}(2\lambda+1)^{1/2}\left[\begin{array}{ccc}
L & L' & \lambda \\
1 & 0 & 0 \\
I_1 & I_1 & I_2 
\end{array}\right]$$

(7)

For the case where the observed transition is a pure multipole of order $L$ or $L'$, the $A_\lambda$ coefficients reduce to

$$A_\lambda = F_\lambda(LL'I_1, I_1) \text{ or } F_\lambda(LL'I_2, I_2)$$

(8)

When the multipolarity of the observed $\gamma$-ray is known (or if it is a pure transition) and if the spins of the initial and final states are also known, the $A_\lambda$ coefficients can be calculated exactly.

In general, the decay schemes for the radioactive nuclei that are used in $\gamma$-RA thermometry are sufficiently well known (e.g., $^{54}$Mn, $^{57}$Co, $^{60}$Co) that the uncertainties in the $U_\lambda$ and $A_\lambda$ coefficients are usually small when compared to some of the other errors encountered in deducing the temperature.

As mentioned earlier, the solid angle correction factors $Q_\lambda$ were included in eq (3) to take into account that the detectors used to measure $W(\theta)$ are not points, but subtend finite solid angles. One usually employs NaI(Tl) and Ge(Li)-drifted and intrinsic) detectors in these measurements. Fortunately, both types of detectors are available with cylindrical symmetry, which simplifies the calculation of the $Q_\lambda$. However, owing to the statistical nature of the photon energy-loss process, Monte Carlo calculations are required to obtain accurate values for the $Q_\lambda$ coefficients. Results of these calculations for detectors of different sizes and for different source-to-detector distances can be found in the literature [7,8]. Although these are usually given to four significant figures, it should be remembered that the calculations were done assuming ideal experimental conditions, i.e., uniformity of detector efficiency and exact detector-to-source.
distances. In general, NaI(Tl) detectors satisfy these assumptions better than Ge detectors. For a well-defined geometry using NaI(Tl) detectors, one can expect the Monte Carlo calculated \( Q_x \) values to be accurate to about 0.1%. For Ge detectors the accuracy would be somewhat worse. It is also possible, when necessary, to experimentally determine the \( Q_x \) values for a particular geometry and detector.

In writing the expression for \( W(\theta) \) we assumed that the radioactive sample was a point source. Although in principle this is not the case, in practice it can be approximated quite well, i.e., the source can usually be made relatively small when compared to the distance to the detector.

A good discussion of the \( Q_x \) coefficients and finite source size corrections is given by Hamilton [9].

The nuclear orientation parameters \( B_x(I,T) \) for our ensemble of radioactive nuclei are given by combining eqs (1) and (2):

\[
B_x(I,T) = \left( \sum_m e^{-E_m/kT} \right)^{-1} \sum_m (-1)^{m} \left[ (2\lambda+1)(2I+1) \right]^{1/2} \begin{pmatrix} I & I & \lambda \\ m & m & 0 \end{pmatrix} e^{-E_m/kT}
\]

Once the energies \( E_m \) of the \( m \)-states are known (and, of course, \( I \)), the \( B_x(I,T) \) can be calculated as a function of temperature. Thus, for any particular \( \gamma \)-ray in the decay, if all the quantities in eq (3) are known, namely \( U_x, A_x, Q_x \) and \( \theta \), then usually a single measurement of \( W(\theta) \) will result in a unique value of the temperature for the radioactive nuclei. For most radiations the largest changes in \( W(\theta) \) as a function of temperature occur at \( \theta = 0 \) or \( \pi/2 \), thus \( W(0) \) or \( W(\pi/2) \) are usually measured. In figure 3 we show \( W(0) \) as a function of temperature along with some \( W(\theta) \) distributions (for various temperatures) for the

835 keV \( \gamma \)-ray of the \( ^{54}\text{MnNi} \) thermometer. It is possible under certain conditions, e.g., when the \( \lambda = 2 \) and \( \lambda = 4 \) terms have opposite signs, that a measurement of \( W(\theta) \) at only one angle does not result in a unique value of the temperature—in which case measurements must be made at a second angle. However, for the \( \gamma\)-RA thermometers that we will discuss here \( W(\theta) \) is a single-valued function of the temperature at either \( \theta = 0 \) or \( \pi/2 \).

The energy levels \( E_m \) for the \( \gamma\)-RA thermometers that we will be discussing can be calculated assuming that the hyperfine interaction Hamiltonian has the form

\[
\mathcal{H} = -\mu \cdot B_{\text{eff}} + P \frac{J}{3} \left( J + 1 \right)
\]

where \( \mu \) is the nuclear magnetic dipole moment, \( B_{\text{eff}} \) is the effective field at the nucleus, and \( P \) is the quadrupole coupling constant. The first term is the magnetic hyperfine interaction. The effective field at the nucleus includes the hyperfine field, the applied field (Knight-shift corrected) and the demagnetizing field, the last depending upon both the magnetization and shape of the sample. The second term in eq (10) is the nuclear electric quadrupole interaction. For the case where both interactions are co-axial, the quadrupole coupling constant \( P \) is given by

\[
P = \frac{3e^2 qQ}{4I(2I-1)}
\]

where \( e_g \) is the electric field gradient and \( Q \) the electric quadrupole moment of the nucleus.

The energy levels for the above Hamiltonian are given by

\[
E_m = -(\mu \cdot J B_{\text{eff}})m + P m^2 - \frac{1}{3} I(I+1)
\]

For those systems where only a magnetic dipole (Zeeman) interaction is present, e.g., as in the case of \( ^{54}\text{MnNi} \) that we discussed in the previous section, there are \( 2I+1 \) equally spaced levels (see fig. 1) separated in energy by \( \mu B_{\text{eff}} / I \). The lowest energy level is \( m = +I \) when \( \mu B_{\text{eff}} \) is positive and \(-I \) when \( \mu B_{\text{eff}} \) is negative. When there is only a quadrupole interaction present (usually noncubic single crystals), the degeneracy of the \( \pm m \)-states is not removed and we effectively only have \( I+1 \) levels for \( I \) integer and \( I+1/2 \) levels when \( I \) is half-integer. The energy separation of these levels is given by \( |P|/2|m|-1 \), where \( m \) goes from \( I \) to 1 or \( 3/2 \) depending upon whether \( I \) is integer or half-integer. The lowest energy
levels are $m=0$ and $m=\pm 1/2$ for integer and half-integer spins, respectively, when $P$ is positive, and $m\pm I$ when $P$ is negative.

For the case where both interactions are present (with $\mu B_{av}/I \gg P$) there are $2I+1$ inequally spaced levels. The ordering of the levels is still determined by the sign of $\mu B_{av}$ as in the Zeeman case. The energy separations are given by $|\mu B_{av}/I| + P(2m-1)$, where $m$ goes from $I$ to $-(I-1)$. For positive $P$ the largest separation occurs between the top two levels and decreases monotonically down to the two lowest levels, regardless of the ordering of the levels. When $P$ is negative the relative spacing is inverted; the largest separation is now between the two lowest levels.

The most accurate means of measuring hyperfine splittings for dilute radioactive systems, e.g., $\gamma$-RA thermometers, is by nuclear resonance techniques. When the Zeeman, or Zeeman plus quadrupole, interaction is present the NMR/ON (nuclear magnetic resonance of oriented nuclei) technique can be used. In favorable cases, e.g., $^{54}MnNi$ and $^{60}CoCo(hcp)$ (by this notation we mean hcp single crystal), Zeeman splittings have been determined by NMR/ON with an uncertainty of less than 1/1000 [10]. For a system with only a quadrupole interaction, the NQR/ON (nuclear quadrupole resonance of oriented nuclei) technique would be ideally suited; however it has not yet been realized experimentally. Although it is possible to determine hyperfine splittings by other techniques, the uncertainties are usually no better than about 1/100.

The ultimate accuracy of the temperature measurements made using $\gamma$-RA thermometers not only depends upon how accurately $E_m$, $U_\lambda$, $A_\lambda$, and $Q_\lambda$ are known, and on how accurately $\gamma$-ray intensity ratios can be measured, but on how well $\theta$ is known for the entire nuclear spin system, i.e., whether or not one axis of quantization exists for all the radioactive nuclear spins. Uncertainties in $\theta$ due to incomplete magnetic saturation can be caused by insufficient applied field, shape of the sample (demagnetization correction) and strained or contaminated samples. For single crystal thermometers, in particular $^{60}CoCo(hcp)$, closure domains, crystal imperfections (mosaic substructures) and sample-detector misalignment, all affect how well $\theta$ is known. These, as well as other problems, will be discussed in the next section. In general, for most $\gamma$-RA thermometers, absolute temperature measurements can be made with an inaccuracy of $\sim 1\%$. For some $\gamma$-RA thermometers the level of inaccuracy can be reduced to 0.5% [11] and perhaps (in a limited temperature range) to 0.1%.

Before proceeding to the next section, on experimental techniques, it is worthwhile to discuss two other general properties of $\gamma$-RA thermometers. The first is the useful life of a $\gamma$-ray thermometer. Assuming that a thermometer is not physically damaged, its useful life should be about 2–3 times the half-life ($t_{1/2}$) of the radioactive nucleus. Thus for thermometers using $^{54}Mn(t_{1/2}=312~d)$, their useful life is 1.7–2.6 $y$, for those using $^{60}Co(t_{1/2}=5.27~y)$ 10.5–17.6 $y$, and for those using $^{166}Ho(t_{1/2}=1200~y)$ 2400–3600 $y$. A second general property is the useful temperature range of a $\gamma$-RA thermometer. Assuming that $B_c(I', T')$, $U_\lambda$, and $A_\lambda$ are known for a particular thermometer, one can then calculate its useful temperature range and its sensitivity (or response) function. In this way one $\gamma$-RA thermometer can be compared directly against another. The sensitivity function is defined to be

$$\Delta W(\theta, T)/(\Delta T/T)$$

i.e., the change in $W(\theta, T)$ per fractional change in the temperature. In figure 4 we show the sensitivity functions for three different $\gamma$-RA thermometers: $^{54}MnNi$, $^{60}CoCo(hcp)$ and $^{166}HoHo(hcp)$. The values used for the $U_\lambda A_\lambda$ coefficients and $E_m$ are given in the next section. For simplicity, these plots will always be given for $B_{app}=0$ and $Q_\lambda=1$, which is clearly not the case for most $\gamma$-RA thermometer experiments. However, the effect of $B_{app}\neq 0$ and $Q_\lambda\neq 1$ on the sensitivity plots is usually quite small. In the case of the $^{54}MnNi$ thermometer there is only one sensitivity curve since there is only $\gamma$-ray (835 keV) in its decay. For $^{60}CoCo(hcp)$, which has two prominent $\gamma$-rays (1173 and 1332 keV) we still have only one curve since they both have essentially the same $U_\lambda A_\lambda$ coefficients. However, for the $^{166}HoHo(hcp)$ thermometer, $^{166}Ho$ has a very complicated decay scheme with numerous $\gamma$-rays. In general, for each $\gamma$-ray there is a different sensitivity curve since its $U_\lambda A_\lambda$ coefficients will be different from the others.

![Figure 4](attachment:image.png)
The results for two of the more intense \( \gamma \)-rays (712 and 810 keV) are shown in figure 4. Sensitivity curves should actually be normalized to take into account relative intensities and detector efficiencies. However, no effort was made to do this here since the latter depends both on the energy of the \( \gamma \)-ray and on the type of detector used. In the case of the two \( \gamma \)-rays shown for \(^{166m}\text{Ho}\), both have about the same energy and relative intensity.

As can be seen in figure 4, both the \(^{54}\text{MnNi}\) and \(^{60}\text{CoCo}(\text{hcp})\) thermometers have about the same sensitivity over almost the same temperature range, with \(^{54}\text{MnNi}\) shifted to slightly higher temperatures. The curves for the \(^{166m}\text{HoHo}(\text{hcp})\) thermometer are shifted to much higher temperatures since the magnetic hyperfine interaction is so much larger in this system than in the two previous ones. In addition, both the magnitude and position of the two curves for \(^{166m}\text{HoHo}(\text{hcp})\) are considerably different; the peak for the 810 keV \( \gamma \)-ray is at 137 mK and its magnitude is about twice that for the 712 keV \( \gamma \)-ray whose peak is at 300 mK. This large difference in the position and magnitudes of the peaks comes about because the contribution of the \( B_2(I,T) \) and \( B_4(I,T) \) terms (which determine the position of the peaks, see fig. 2) are considerably different for each \( \gamma \)-ray; the 712 keV \( \gamma \)-ray only has a \( \lambda=2 \) term \((U_4A_4=0)\), whereas the 810 keV \( \gamma \)-ray has a small \( U_2A_2 \) coefficient compared to its \( U_4A_4 \) coefficient.

Assuming that a thermometer's useful temperature range is given when \( \partial W(\theta,T)/(\partial T/T)>0.05 \), then the \(^{54}\text{MnNi}\) thermometer covers a range of 2.6 to 74 mK with its greatest sensitivity being at 10.4 mK, the \(^{60}\text{CoCo}(\text{hcp})\) thermometer covers a range of 1.3 to 50 mK with its greatest sensitivity being at 6.9 mK, and the \(^{166m}\text{HoHo}(\text{hcp})\) thermometer (using both the 712 keV and 810 keV sensitivity curves) covers a range of 32 to 1250 mK. Thus we see that by having more than one \( \gamma \)-ray in the decay with different \( U_2A_2 \) coefficients, the range and sensitivity of a thermometer can be extended over that for one which has (effectively) only one \( \gamma \)-ray present in its decay. However, if there is more than one \( \gamma \)-ray in the decay, other factors can degrade the usefulness of the thermometer. For decays with more than one \( \gamma \)-ray, the relative intensity (and detector efficiency) normalization mentioned previously must be taken into account since it determines the counting time required to obtain a certain precision. In some cases, where the radioactive heating is not a problem, the activity can be increased (to a certain extent) to compensate for using weaker \( \gamma \)-rays. In addition, the \( U_2A_2 \) coefficients are usually better known for simple decays like \(^{54}\text{Mn}\) and \(^{60}\text{Co}\) than they are for complex decays like \(^{166m}\text{Ho}\).

Thus, although sensitivity curves, such as those shown in figure 4, do not "tell the whole story," they are the starting point for deciding which \( \gamma \)-RA thermometer to choose for a particular experiment.

3. Practical Gamma-Ray Anisotropy Thermometry

3.1 General Considerations

In the previous sections we discussed the theoretical basis of NO thermometry, in particular \( \gamma \)-RA thermometry, and showed that in principle a measurement of the normalized directional intensity of a system of oriented radioactive nuclear spins can yield the absolute temperature. We now turn to the practical aspects of \( \gamma \)-RA thermometry and start by listing all the features that an ideal \( \gamma \)-RA thermometer should have. Although some effort has been made to list these in order of descending importance, it should be kept in mind that their relative importance will depend to a certain extent on their use in any one particular experiment.

1. Radioactivity easily incorporated into substitutional sites in the host lattice.
2. Hyperfine splitting suitable for the intended temperature range has been accurately measured by NMR/ON.
3. Spin-lattice relaxation time is relatively short over the entire useful range of the thermometer.
4. Single \( \gamma \)-ray so that a Nal(Tl) can be used in most experimental situations.
5. Pure transition (e.g., E2) with the decay scheme completely known and no reorientation effects, so that the \( U_2A_2 \) can be calculated exactly.
6. Should operate both in zero magnetic field and in an applied field.
7. Atomic magnetic properties are well characterized (e.g., magnetization, Knight shift, domain structure, etc.)
8. Very little radiative heating from both the initial decay ($\beta$-decay) and from the emitted \( \gamma \)-ray. The latter should be penetrating enough to be easily detected in most experimental situations.
9. Easily connected (e.g., with solder) to the experimental package.

In this section we will first treat the practical aspects of \( \gamma \)-RA thermometry in a general way, touching upon the items in the above list in some detail. The remainder of this section will include a
discussion of experimental details and information on specific thermometers.

3.2 Measuring $W(\theta)$ and Determining $T$

The basis for $\gamma$-RA thermometry is contained in eqs (3) and (9). If we assume that all the parameters, $E_m$, $U_\lambda$, $A_\lambda$, $Q_\lambda$ and $\theta$, are precisely known, a measurement of $W(\theta) \pm \Delta W(\theta)$ yields $T \pm \Delta T$. Since the greatest changes in $W(\theta)$ versus $T$ usually occur at $0^\circ$ or $90^\circ$, measurements are made at either angle. Assuming that the greatest change occurs at $0^\circ$, $W(0) \pm \Delta W(0)$ is measured. In general, it is very difficult to solve for $T$ explicitly because of all the exponential functions involved. Instead a "look-up" table is generated of $W(\theta)$ versus $T$, with the latter being incremented in steps small enough so that values of $W(0) + \Delta W(0)$ and $W(0) - \Delta W(0)$ can be easily resolved. The advantage in writing a computer program to generate this table is that if there are any uncertainties in $E_m$, $U_\lambda$, $A_\lambda$, $Q_\lambda$, or $\theta$, a new table can be quickly generated showing their effect on the deduced temperature.

3.3 Measuring $W(0)$

Experimentally the quantity $W(0)$ is determined by

$$ W(0) = \frac{C_c}{C_w} \quad (14) $$

where $C_c$ are the "cold" $\gamma$-ray counts obtained at a temperature $T$ for a predetermined count time $t_{ct}$. The "warm" counts $C_w$ are obtained for an identical time interval, but at a temperature sufficiently high that there is essentially no anisotropy. In most measurements $t_{ct}$ is the order of several minutes. The quantity $\Delta W(0)$, as used above, represents the measured standard deviation of the mean of $W(0)$. This uncertainty not only depends upon counting statistics (for the particular $\gamma$-ray involved), but also on how accurately the background counts can be determined and how stable $T$ is during the measurement period. Assuming that $T$ can be held constant, the counting statistics should theoretically follow a Poisson distribution. Deviations do occur, however, due to such things as gain shifts in the counting system, physical movement of the source or detector, and fluctuations in the background. If $T$ can be held constant for a long period of time, i.e., for times much greater than $t_{ct}$, many cycles of cold (and warm) counts can be obtained and the data can be tested to see if they do fit a Poisson distribution. The assumption, too often made, that $\Delta C_c = \sqrt{C_c}$ is only true for a Poisson distribution.

In general, the problems associated with accurate $\gamma$-ray counting are quite extensive and often complex. The ultimate accuracy will depend upon the complexity of the spectrum, the type of detector and associated electronics used, data reduction techniques, and the experimental and environmental conditions. Since a comprehensive discussion of this subject is outside the scope of this paper, we will only touch upon the most important aspects that are relevant to $\gamma$-ray anisotropy thermometry.

The two types of detectors most often used for $\gamma$-ray anisotropy thermometry measurements are NaI(Tl) and Ge(Li). Figure 5 shows the associated electronics typically used with each detector. For simple decay schemes (e.g., $^{54}$Mn and $^{60}$Co) the relatively inexpensive NaI(Tl) counting system shown can be used. In the case of complex spectra (e.g., $^{166}$Ho) where good energy resolution is needed, a Ge(Li) detector must be used. Although NaI(Tl) detectors have much poorer energy resolution ($\sim 100$ keV for 1.33 MeV $\gamma$-rays) than Ge(Li) detectors ($\sim 2$ keV for 1.33 MeV $\gamma$-rays), their higher full energy peak efficiencies enables one to obtain better counting statistics in a given geometry. For example, the full energy peak efficiency (for a 1.33 MeV $\gamma$-ray) for a 7.6X7.6 cm NaI(Tl) detector at 25 cm from a source is about five times greater than a fairly large size ($\sim 100$ cc) Ge(Li) detector. Typical $\gamma$-ray spectra of $^{54}$Mn taken in clean geometry (very little scattering material near the source or detector) with NaI(Tl) and Ge(Li) detectors are shown in figure 6.

The NaI(Tl) counting system, figure 5, consists of a scintillation detector (TI doped NaI crystal plus photomultiplier), high voltage (HV) supply, preamplifier, amplifier, single channel analyzer (SCA), scalar and timer. In brief, scintillation pulses produced
in the NaI(Tl) crystal by the γ-rays are converted to electrical pulses (and amplified) by the photomultiplier. A charge-sensitive preamplifier presents the pulse to the linear amplifier for pulse shaping and amplification. It is then presented to the SCA, where only those pulses that lie between a predetermined lower and upper (positions A and B, fig. 6) discriminator level produce fixed output pulses to the scalar. The counting interval (clock time) is set by the timer which gates the scalar. The output of the scalar can either be recorded by hand (visual) or with a printer. This rather simple NaI(Tl) counting system is capable of high statistical precision under favorable experimental conditions. The problem most often encountered with such systems is gain instability (mostly in the detector) due to fluctuations in the room (environmental) temperature. If the room temperature cannot be held constant to <0.5°C, a gain stabilization system must be used. This usually consists of either a second radioactive source (single γ-ray source) or a light pulser (placed on the face of the photomultiplier) coupled to a feedback system. In addition to the gain changes caused by temperature fluctuations, large gain changes can also be caused by magnetic field fluctuations. Photomultiplier tubes are extremely sensitive to magnetic fields and should always be used with μ-metal shields. If the magnetic field changes during the measurement period, either intentionally or unintentionally (e.g., a decaying superconducting magnet), the gain of the system should be checked.

Another problem often encountered when striving for high statistical precision is counting changes due to relative displacement of the thermometer and the detector. This is very important when tight geometry (small thermometer-detector separation) is required. Rigid mounting of the detector can be achieved quite easily with a clamping arrangement using a low-Z nonmagnetic material, e.g., Al. Rigid mounting of the γ-ray thermometer is usually more difficult to achieve, and depends on the particular low temperature apparatus. Thermometer movement caused by thermal expansion and contraction of the upper parts of the cryostat due to changes in the liquid helium level can be important—especially in tight geometry situations.

After stable counting is achieved, the major problem facing the experimenter when using the NaI(Tl) counting system described above is the treatment of the background counts, i.e., obtaining the actual γ-ray counts \( C_v \) and \( C_w \) from the measured counts \( C_v' \) and \( C_w' \). Since this problem is better understood after the Ge(Li) counting system is described, we will postpone it until later. In some cases, depending upon the counting rate, dead-time losses will have to be compensated.

The Ge(Li) counting system (fig. 5) consists of a semiconductor detector (Li-drifted Ge crystal plus liquid nitrogen dewar), bias voltage supply, preamplifier, amplifier, analog-to-digital converter (ADC), and a computer based multichannel analyzer (MCA). In brief, the γ-ray deposits its energy mostly by Compton scattering in the electrons in the crystal; these in turn expend their energy in the production of electron-hole pairs which are collected (at the electrodes of the device) to form a pulse. This pulse is then presented by means of a charge-sensitive preamplifier to a linear amplifier for pulse shaping and amplification. The ADC takes the 0-10 V analog pulse and digitizes it so that it falls in one of the channels of the MCA. Depending upon the particular spectrum being investigated, 2048, 4096, or 8192 channels are usually used with a Ge(Li) detector. The counting interval can either be live time (that time when the ADC is “alive” to accept a pulse) or clock time: the former is convenient when high counting rates are encountered. Although it is possible, at least in the case of a simple spectrum, e.g., the Ge(Li) spectrum of ⁵⁴Mn in figure 6, to accept only those counts in the peak defined by a lower and upper...
channel on either side of the peak (as was done with the SCA), it is seldom done. Instead, a peak fitting routine is used which fits, for example, a Gaussian function to the peak along with an analytical (linear, quadratic, cubic, etc.) function to the background. By using a computer based MCA the fitting can be done on-line. The output, usually in the form of peak position, peak counts, background counts and other useful information, can be recorded with a printer. If further analysis is warranted, e.g., a more complicated peak fitting routine than can be handled by the computer of the MCA, the spectrum can be recorded on magnetic tape or disk.

In figure 7 we show part of a 4096 channel spectrum of $^{166m}$Ho taken with a Ge(Li) system similar to that shown in figure 5. The data are from an actual warm run (4.2 K) of the $^{166m}$Ho(Ho(hcp) single crystal thermometer [12]. The large Compton background, due to scattering in the Ge(Li) crystal as well as from the components of the cryostat, is quite evident.

![Figure 7](image)

In contrast to the situation with the NaI(Tl) system, gain instability in the Ge(Li) system due to room temperature fluctuations is quite small. Using relatively high quality electronic components, and good room temperature regulation ($\pm 1 ^\circ C$), gain stability of 1 part in $10^4/24$ h can be achieved. When possible, a pulser should be included in the Ge(Li) system; this can be used to monitor the gain and aid in making pile-up corrections when necessary. Since Ge(Li) detectors do not use photomultiplier tubes, the large gain shifts seen with NaI(Tl) detectors, due to magnetic field changes, are not present; however, magnetic fields do affect Ge(Li) detectors. Although some work has been reported by Ganner and Rauch [13] on the effect of magnetic fields on Ge(Li) detectors, the detector used was quite small ($\sim 2$ cc).

No recent systematic study has been reported using a larger detector. Evidence [14] indicates that for low fields ($\lesssim 0.01$ T) there seems to be little, if any, effect, whereas for high fields ($\gtrsim 0.1$ T), some detectors lose resolution or cease to operate. The mechanism thought to be responsible for this behavior is the Penning Effect (principle of the Philips cold-cathode ionization gauge). If it is known beforehand that a Ge(Li) detector must be operated in a high field, this can be put in the specifications to the manufacturer, since certain precautions can be taken to minimize this effect.

The problem of physical movement of the thermometer or the detector, mentioned previously, is usually quite important when using a Ge(Li) detector, as tight geometry is often required. The problem of background subtraction is fairly straightforward with the Ge(Li) system described above. Assuming that stable counting has been achieved, the ultimate accuracy in determining $C_c$ and $C_w$ will depend upon the particular spectrum being viewed and its treatment (peak fitting routine, pile-up correction, summing correction, etc.). An excellent review of $\gamma$-ray intensity (and energy) measurements using Ge(Li) detectors has been given by Helmer and coworkers [15]. It is important to remember that absolute $\gamma$-ray intensity measurements are not required to obtain accurate values of $W(0)$ since the latter is determined by the ratio of $C_c$ to $C_w$. For this same reason, errors made in underestimating or overestimating the size of the background, if made consistently, tend to be diminished. In conclusion, whereas absolute $\gamma$-ray intensity measurements with an inaccuracy of 0.1% are very rare, $W(0)$ measurements of 0.1% are not.

In the case of the NaI(Tl) system, background subtraction is not as straightforward, nor as accurate, as it is in the Ge(Li) system. By counting all the pulses between the lower level discriminator (LLD) and the upper level discriminator (ULD) of the SCA (i.e., positions A and B in fig. 6) all the background pulses are also included. These, of course, must be subtracted out to get the actual counts. Rewriting eq (14) to include the background counts explicitly

$$W(0) = \frac{C_c}{C_w} = \frac{C'_c - B_z}{C'_w - B_w}$$

where $C_c$, $C_w$, $C'_c$ and $C'_w$ have been defined previously, and $B_z$ and $B_w$ are the cold and warm background counts respectively. The NaI(Tl) spectrum shown in figure 6 is not a good example of the problem at hand because it is not from an actual low temperature experiment (it is a clean geometry.
spectrum). A more realistic view of the background problem is shown in figure 8. These data (4.2 K) are from an experiment by Soulen and Marshak [11] using the $^{60}$CoCo(hcp) thermometer. For $^{60}$Co the LLD is usually set at $A$ to include both $\gamma$-rays since they essentially have the same anisotropy. (For NaI systems with very good gain stability the LLD can be set at $A'$ to count only the higher energy peak and thus reduce the Compton background; however, the counting rate is then reduced by about a factor of two.) As can be seen in this figure the background contribution is significant: not only must the Compton background be subtracted out, but the environmental background, see figure 8 (taken for an identical counting time with the source removed), must also be subtracted. Thus, we have

$$B_c = B_{ce} + B_e$$

and

$$B_w = B_{we} + B_e$$

(16)

where $B_{ce}$ and $B_{we}$ are the Compton background counts cold and warm respectively, and $B_e$ is the environmental background count, which is the same whether the sample is cold or warm. The environmental background, although it can be determined quite easily, is particularly important if a peak in the background accidently falls under or near a peak in the thermometer source as it does for $^{60}$Co (the small peak to the right of the ULD, B in fig. 8, is due to the 1460 keV $\gamma$-ray of $^{40}$K which is found in the concrete walls and floors of the laboratory). In order to determine the Compton background under the peaks, spectrum fitting techniques specifically developed for NaI(Tl) detectors (see e.g., [16]) have to be used. However, in order to use these, the SCA in the NaI(Tl) system shown in figure 5 must be replaced with a MCA to obtain the spectrum. In this way fairly accurate ($\sim 0.1\%$) values of $W(0)$ can be obtained using NaI(Tl).

It is also possible to experimentally correct for the Compton background when using a NaI(Tl) system if a Ge(Li) system is available (even for a short time). Measurements can be made with both detectors simultaneously, one set at $0^\circ$ and the other at $180^\circ$. Since both detectors have different solid angle factors, this correction is usually generated in terms of temperature rather than $W(0)$. That is, from the measured values of $W(0)$ for each system, $W(0)_{Ge}$ and $W(0)_{Na}$, temperatures, $T_{Ge}$ and $T_{Na}$, are obtained with $T_{Na}$ being in error because the Compton background was ignored. If the environmental background was also ignored, $T_{Na}$ would reflect this as well. This background temperature correction (Compton, or Compton plus environmental), $\Delta T_B = (T_{Na} - T_{Ge})$, can be generated as a function of temperature and used for subsequent measurements with the NaI(Tl) system as long as the overall experimental geometry and source strength remains the same. The effect of ignoring the background when using a NaI(Tl) system always results in the deduced temperature being higher than the actual temperature, i.e., $\Delta T_B$ is always positive. The magnitude of this correction depends upon each particular experimental setup (i.e., the type of source, source strength, source-to-detector distance and the environmental background) and can be quite large. This technique of using a Ge(Li) detector set at $180^\circ$ to the NaI(Tl) detector to correct for the Compton background was actually carried out for the data shown in figure 8. The $180^\circ$ Ge(Li) spectrum is shown in figure 9. In this particular experiment the background temperature correction for the NaI(Tl) system was about $0.8\%$.

One final correction which may have to be made to $C'_e$ and $C'_w$ is that which is due to the decay of the thermometer source. This correction, called the lifetime correction, can be made quite easily and can be important, depending upon the times involved in the measurements and the half-life of the radioactive nucleus involved.

In summary, with some effort and reasonably good equipment, measurements of $W(0)$ can be made with an inaccuracy of $0.1\%$.

3.4 Determining $T$

As we have mentioned previously, if all of the parameters in eqs (3) and (9) are precisely known, then $T \pm \Delta T$ can be easily obtained from the measured value of $W(0) \pm \Delta W(0)$. In this ideal case the uncertainty in $T$ will, of course, only depend upon the uncertainty in
where $\Delta_{e}l (= \mu B_{\text{app}}/kT$) is the measured hyperfine splitting. Accurate values (determined by NMR/ON) of $\Delta_{e}l$ for most of the $\gamma$-RA thermometers can be found in the very useful compilation of Herzog [10]. Unfortunately, no similar compilation of ferromagnetic Knight shifts exists for $\gamma$-RA thermometers since very few have been measured. Some values have been reported in the literature, e.g., for $^{57}$CoFe, $K = 1.5(4)\%$ [17]. In general, ferromagnetic Knight shifts are expected to be quite small (the order of a few percent or less) and can be ignored as long as $B_{e}l > B_{\text{app}}$, which is usually the case.

The shape of the $\gamma$-RA thermometer is usually chosen so that the demagnetizing factor is relatively small. However, even small demagnetizing factors can substantially reduce marginal values of $B_{\text{app}}$ (those just sufficient for magnetic saturation), so that magnetic saturation is no longer achieved. For example, for a rectangular foil $1.0 \times 0.4 \times 0.025$ cm$^3$ magnetized along the 1.0 cm dimension, $\mathcal{D}/4\pi = 0.012$. If the foil were polycrystalline Fe with $B_{\text{app}} = 0.075$ T, then $B_{\text{app}} - \mathcal{D}M = 0.05$ T. For a similar shaped foil of cobalt single crystal magnetized along the c-axis (1.0 cm dimension) with $B_{\text{app}} = 0.1$ T, then $B_{\text{app}} - \mathcal{D}M = 0.08$ T. In both cases magnetic saturation would no longer be achieved. When thick foils or disks are used, the demagnetizing field can be quite large. A very useful table of demagnetization factors for rods, disks and slabs has been prepared by Jones [18]. For very anisotropic magnetic materials (e.g., Ho) the demagnetization correction is more complicated, but can still be carried out using the method developed by Osborn [19]. This has been applied to holmium (single crystal) by Wagner and coworkers [20].

The uncertainties in $\theta$ are the most difficult to evaluate and usually cause the greatest uncertainty in $T$. In writing eq (18) it was assumed that all the magnetic fields were colinear; however, if magnetic saturation is not achieved this is no longer true. Instead of having one axis of quantization for the entire nuclear spin system, there is a distribution of spin axes. When the distribution has axial symmetry with respect to the applied field direction, eq (3) can be modified accordingly. This has been done by Berglund and coworkers [1] and applied to polycrystalline Fe, Ni and Co. It has also been done by Shelley [21] and Marshak and coworkers [22] for polycrystalline holmium. Since incomplete magnetic saturation is often sample-dependent (i.e., the method used, purity, strains etc.), such calculations, which assume ideal magnetization properties, should be viewed with some skepticism when precise $\gamma$-RA thermometry must be done.
The problem of incomplete magnetic saturation for $^{54}\text{Mn}$, $^{57}\text{Co}$, $^{182}\text{Ta}$, and $^{191}\text{Ir}$ in Fe hosts has been investigated by Krane and coworkers [23]. Their results showed that much larger fields (>5 kG) than expected (~1 kG) were needed to achieve saturation. Brewer [24] has also investigated this problem for $^{54}\text{MnNi}$ and found somewhat similar results. These will be discussed in section 5.

The problem of closure domains, e.g., for the $^{60}\text{CoCo(hcp)}$ thermometer, is similar to that of incomplete magnetic saturation, except that the mechanism is better understood. If the closure domain structure is known, its effect on $W(0)$ can be calculated quite easily. However, by proper sample choice, its effect can be minimized or even eliminated completely. We will discuss the problem of closure domains in more detail when we discuss the $^{60}\text{CoCo(hcp)}$ thermometer in section 4.3.

The uncertainty in $\theta$ due to sample-detector misalignment can usually be kept quite small by reasonably careful experimental techniques. For very accurate $\gamma$-RA thermometry the angular distribution can always be measured to determine $\theta=0$.

In conclusion, although the largest source of uncertainty in determining $T$ is usually that due to the uncertainty in $\theta$ (with incomplete magnetic saturation being the major problem), some precautions can be taken to minimize it. When possible, large applied fields should be used. For the temperature region below 5 mK, two different $\gamma$-RA thermometers can be used simultaneously as a check against each other. Finally, if all the other parameters in eq (3) are known, measurements of $W(0)$ and $W(\pi/2)$ at a fixed temperature should agree with the theoretical values for magnetic saturation.

### 3.5 Sample (Thermometer) Preparation

One of the least discussed aspects of $\gamma$-ray anisotropy thermometry is in "obtaining" the thermometer. Unfortunately, out of the dozen or so $\gamma$-RA thermometers, only one, $^{60}\text{CoCo(hcp)}$, is available commercially. Thus the experimenter is often left to prepare the thermometer himself. Although preparation procedures for each thermometer may be different, there are some general rules which apply to most of them. We give these here, with specific details for each thermometer (when available) given in the individual discussions later on.

In all cases the procedure for incorporating the radioactivity (which is usually from ~0.1 to ~10 $\mu\text{Ci/thermometer}$) into the host lattice is either by thermal diffusion (including remelting), nuclear reaction, or crystal growing. The goal, of course, is to put the radioactivity into substitutional sites in the lattice. One starts with as pure a host as is available—when possible 5- to 6-9's purity. In the case of single crystals, only very high quality (minimum mosaic spread) and well defined (axis measured accurately) crystals should be used. The activity, if possible, should be carrier free. A minimum of operations should be done, since each step usually introduces some new contaminant into the sample. For example, one should always question whether an annealing step or a remelting (along with its subsequent rolling and annealing) is necessary after a high temperature diffusion. Although some of the extra steps cited in the literature may in fact be necessary, unfortunately very few systematic studies have been done, and when they have been done they are at best hidden in a thesis or an internal report. When making a thermometer it is wise to make more than one at a time—especially if the radioactivity has a fairly long half-life. Finally, the thermometers should be handled as little as possible after preparation and stored in an inert atmosphere when not being used.

#### 3.6 Thermometer Response Time

The response time of a $\gamma$-RA thermometer depends primarily on the spin-lattice relaxation (SLR) time, $\tau_s$, of the dilute radioactive nucleus in the host lattice, the latter being at a temperature $T_L$. At high temperatures, $T > \mu B_{\text{eff}}/k$, SLR times for nuclei in metals obey the familiar Korringa relation $\tau_s T_L = C_K$, where $C_K$ is the Korringa constant. At very low temperatures $\tau_s$ deviates from this simple linear relationship and tends toward a constant value. This constant value is not simply the $T=0$ limit, viz., $\tau_s(\text{lim}) = 2kTC_K/\mu B_{\text{eff}}$ of the full Korringa equation

$$\tau_s = \frac{2kTC_K}{\mu B_{\text{eff}}} \tanh \left( \frac{\mu B_{\text{eff}}}{2kT_L} \right)$$

but depends upon whether or not a spin temperature, $T_s$, can be defined for the system. For those systems where a $T_s$ can be defined (either $J=1/2$ systems or those with large spin-spin interactions), the low temperature limit is given by the Korringa limit above. For these systems where a $T_s$ cannot be defined, the limiting SLR time, $\tau_s'(\text{lim})$ is much shorter than the $\tau_s(\text{lim})$ given above. As expected, $\tau_s'(\text{lim})$ depends upon the initial distribution of $m$-states. It can be shown that the worst case, i.e., that distribution which
gives the longest $\tau'/(\text{lim})$, is given by $\tau'_1/(\text{lim}) = \tau_1/(\text{lim})/2I$. Thus for a $\gamma$-RA thermometer, where the spin-spin interaction is extremely weak (because of the dilution), and where $I$ is usually greater than 1/2, its SLR time at very low temperatures is given by $\tau'_1/(\text{lim})$ rather than the Korringa limit $\tau_1/(\text{lim})$.

For ferromagnetic $\gamma$-RA thermometers (e.g., $^{60}$CoFe) the situation is further complicated since $\tau_1$ also increases with the applied field. A good discussion of SLR in ferromagnetic metals has been given by Turrell [25].

In general, since the counting intervals used in most $\gamma$-RA thermometry measurements are the order of several minutes, the response time of the thermometer does not seem to be limited by the SLR time of the system as most $\tau_1/(\text{lim})$ are less than 100 s. When measurements have to be done using short counting intervals (e.g., $\tau_1$ measurements), a thermometer should be chosen which is known to have a short $\tau'_1/(\text{lim})$. The values of $\tau'_1/(\text{lim})$ given in this section for a particular $\gamma$-ray anisotropy thermometer are those reported in the literature. In most cases these should be viewed with caution as they could be in error by as much as a factor of two—depending upon how they were measured (initial $m$-state population). When no value is given for $\tau'_1/(\text{lim})$, an estimate can be obtained using the Korringa constant for the system, viz., $\tau'_1/(\text{lim}) = \tau_1/(\text{lim})/2I = kC_K/\mu B_{\text{eff}}$.

### 3.7 Radioactive Heating

There are two sources of radioactive heating that have to be considered when using a $\gamma$-RA thermometer. The first, $\dot{Q}_\beta$, is that due to the $\beta$-decay (this includes electron and positron emission, and electron capture) and can be calculated quite easily since most of the heating is in the thermometer itself, i.e., it self-heats. The second source of heating, $\dot{Q}_\gamma$, is that due to the $\gamma$-rays and is more difficult to calculate since it depends upon both the experimental configuration and materials near the thermometer, especially that on which it is mounted. Although the $\gamma$-ray heating in the sample is small for thin (<0.1 mm) foil thermometers, it can be important when more massive (e.g., a disk 1 cm in dia by 1 mm thick) thermometers are used. The self-heating in the thermometer (most of $\dot{Q}_\beta$ and perhaps some $\dot{Q}_\gamma$) can be a problem if there is poor thermal contact between it and the experiment (i.e., the sample, the cold finger or the thermometer mount). Fortunately, when metallic thermometers are used they can usually be soldered quite easily, ensuring good thermal contact as long as the solder is not superconducting. The self-heating should always be calculated, especially when using high activity thermometers. In table 1 we give $\dot{Q}_\beta$ values (per $\mu$Ci) for the radioactive nuclei most often used in $\gamma$-RA thermometry. As expected, the $\dot{Q}_\beta$ values for those nuclei decaying by $\beta$-particle emission

Table 1. Summary of some of the more often used $\gamma$-RA thermometers. The useful temperature range of a thermometer is defined by the sensitivity function $aW(0)/(aT/T) \geq 0.05$. The low and high temperature limits are given by $T_L$ and $T_H$, respectively. The maximum of the sensitivity function is given by $T_{\text{MAX}}$. All values for $T_L$, $T_H$ and $T_{\text{MAX}}$ are for $B_{\text{mfp}}=0$, $\dot{Q}_\gamma=1$. See text for further details.

<table>
<thead>
<tr>
<th>$\gamma$-RA Thermometer</th>
<th>$\Delta_{\text{m}}$ (mK)</th>
<th>$P r/k$ (mK)</th>
<th>$E_\gamma$ (keV)</th>
<th>Multi-polarity</th>
<th>$\delta$</th>
<th>Probability/decay</th>
<th>$U_2$</th>
<th>$U_3$</th>
<th>$A_2$</th>
<th>$A_4$</th>
<th>$T_L$ (mK)</th>
<th>$T_H$ (mK)</th>
<th>$T_{\text{MAX}}$ (mK)</th>
<th>$\dot{Q}_\beta/\mu$Ci (erg/min)</th>
</tr>
</thead>
<tbody>
<tr>
<td>$^{54}$MnE2</td>
<td>-9.119(14)</td>
<td>0</td>
<td>834.8</td>
<td>E2</td>
<td>-</td>
<td>1.00</td>
<td>0.828079</td>
<td>0.417856</td>
<td>-0.597615</td>
<td>-1.069046</td>
<td>5.8</td>
<td>51.</td>
<td>7.2</td>
<td>0.019</td>
</tr>
<tr>
<td>$^{54}$MnNi</td>
<td>-13.112(5)</td>
<td>0</td>
<td>834.8</td>
<td>E2</td>
<td>-</td>
<td>2.6</td>
<td>74.</td>
<td>10.4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$^{59}$CoE2</td>
<td>-14.178(3)</td>
<td>0</td>
<td>122.1</td>
<td>E2/M1</td>
<td>+0.120(2)$^a$</td>
<td>0.86</td>
<td>0.874818</td>
<td>0.580289</td>
<td>0.141692</td>
<td>0.010013</td>
<td>6.54(4.0)$^b$</td>
<td>40.176$^b$</td>
<td>16.3</td>
<td>0.061</td>
</tr>
<tr>
<td>$^{59}$CoNi</td>
<td>-5.922(19)</td>
<td>0</td>
<td>122.1</td>
<td>E2</td>
<td>-</td>
<td>-0.11</td>
<td>0.874818</td>
<td>0.580289</td>
<td>-0.534523</td>
<td>-0.617214</td>
<td>2.9</td>
<td>90.</td>
<td>12.4</td>
<td></td>
</tr>
<tr>
<td>$^{60}$CoE2</td>
<td>-7.967(2)</td>
<td>0</td>
<td>1173.2</td>
<td>E2/M3/2E2</td>
<td>-0.0008(11)$^c$</td>
<td>1.00</td>
<td>0.933974</td>
<td>0.797724</td>
<td>-0.446855</td>
<td>-0.305820</td>
<td>1.8</td>
<td>66.</td>
<td>9.0</td>
<td>0.34</td>
</tr>
<tr>
<td>$^{60}$CoNi</td>
<td>-3.315(2)</td>
<td>0</td>
<td>1173.2</td>
<td>E2</td>
<td>-</td>
<td>1.00</td>
<td>0.703731</td>
<td>0.227128</td>
<td>-0.597614</td>
<td>-1.069046</td>
<td>1.8</td>
<td>66.</td>
<td>9.0</td>
<td></td>
</tr>
<tr>
<td>$^{60}$CoCo(hep)</td>
<td>-6.0725(24)</td>
<td>-0.0023(4)</td>
<td>1173.2</td>
<td>E2/M3/2E2</td>
<td>-0.001(3)</td>
<td>0.59</td>
<td>0.969228</td>
<td>0.897406</td>
<td>0.283(2)</td>
<td>0.0013</td>
<td>57.</td>
<td>1250</td>
<td>300</td>
<td>0.15</td>
</tr>
<tr>
<td>$^{60}$HoHo(hep)</td>
<td>137.5</td>
<td>-0.6(6)</td>
<td>810.3</td>
<td>E2/M1/2-22.37(7)</td>
<td>0.64</td>
<td>0.9252(2)$^a$</td>
<td>0.767(2)$^a$</td>
<td>0.084(3)</td>
<td>0.563(5)</td>
<td>32.</td>
<td>750.</td>
<td>137.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

$^a$ The effect of the uncertainty in $\delta$ is given in table 2.

$^b$ With intensity normalization, see text.

$^c$ The effect of the uncertainty in $\delta$ is given in table 4.

$^d$ These errors should not be used in calculating $U_2A_3$ for thermometry, see text.
(\textsuperscript{60}Co and \textsuperscript{166}Ho) are much greater than those decaying by electron capture (\textsuperscript{54}Mn and \textsuperscript{57}Co). Values of \( \dot{Q}_p \) for other nuclei can easily be calculated using the "Table of Nuclear Decay Data" in NCRP Report No. 58 [16].

The heating due to the \( \gamma \)-rays, which is often ignored by the experimenter, should be calculated, as it can be quite large. Since each experimental configuration is different, no universal set of \( \dot{Q}_\gamma \)-values can be given. In addition, due to the nature of the photon interaction in matter, accurate values of \( \dot{Q}_\gamma \) are difficult to obtain, as the Monte Carlo technique must be used. However, in most experimental situations \( \dot{Q}_\gamma \)-values accurate to 10–20\% are all that are needed. Such accuracy is easy to obtain by making certain approximations; namely, that the material under consideration has circular geometry, the thermometer is a point source (on-axis), and only single photon interactions take place. Under these conditions the heating due to a photon of energy \( E_\gamma \) is given by

\[
\dot{Q}_\gamma(E_\gamma) = E_\gamma f(E_\gamma) \int_0^{\pi/2} F(\theta)[1-e^{-\mu(E_\gamma)t(\theta)}] \sin \theta d\theta \tag{20}
\]

where \( f(E_\gamma) \) is the fraction of photon energy transferred to the material as a result of the interaction, \( F(\theta) \) is the photon intensity, \( \mu(E_\gamma) \) is the total linear attenuation coefficient for the material and \( t(\theta) \) is the path length through it. Since copper is often used, we give results for this material in figure 10. These curves were calculated for a 1 \( \mu \)Ci (isotropic) source mounted on a copper disk of diameter \( D \) and thickness \( \tau \). The intensity through the disk is only 0.5 \( \mu \)Ci. We show results only for \( D=1.0 \) and 2.0 cm, and \( \tau=0.1, 0.2, 0.3, 0.5, \) and 1.0 cm. Similar calculations can be done for other materials using NSRDS-NBS 29 [26]. The assumption of single photon interaction breaks down when the path length gets too long in the medium, e.g., the mean free paths for 0.5 and 1.0 MeV photons in copper are 1.3 and 1.9 cm respectively. The reason for the increase in \( \dot{Q}_\gamma(E_\gamma) \) at low energies is the dominance of the photoelectric cross section. As can be seen from these curves, the \( \gamma \)-ray heating can be quite large, even for a small disk. For example, for a 1 \( \mu \)Ci \( \textsuperscript{54}Mn \) thermometer mounted on a copper disk of \( D=1.0 \) cm and \( \tau=0.5 \) cm, \( \dot{Q}_\gamma(835 \text{ keV})=0.18 \) erg/min, which is about a factor of ten larger than its \( \dot{Q}_p=1.9\times10^2 \) erg/min.

The problem of thermal equilibrium between the \( \gamma \)-RA thermometer and the experiment not only depends upon the radioactive heating and the thermal contact between the two, but also on the thermal conductivity of the materials used. Other aspects (e.g., heat capacities, Kapitza resistance, etc.) may also have to be considered, depending upon the complexity of the experiment. An excellent discussion of the problem of heat transfer and thermal equilibrium in the temperature region below 1 K has been given by Lounasmaa [27].

4. Specific \( \gamma \)-RA Thermometers

4.1 Manganese-54

Manganese-54 is perhaps the most useful nucleus for \( \gamma \)-RA thermometry. It has been used in ferromagnetic hosts Fe and Ni, and in nonmagnetic hosts Al, Cu, and Zn; the latter three forming Kondo systems. The main advantages in using \( \textsuperscript{54}Mn \) lie in its very favorable decay properties and in the relative ease with which it can be incorporated into the above hosts. Its simple and well-established decay scheme is shown in figure 11. Manganese-54 (\( I^z=3^+ \)) has a half-life of 312 days and decays by electron capture to the \( 2^+ \) state of \( \textsuperscript{54}Cr \),
which emits a 834.8 keV, pure E2 γ-ray to the 0+ ground state. Since it decays by electron capture rather than β-particle emission, there is very little self-heating associated with this part of the decay. The 5.2 keV of energy (x-rays and Auger electrons) released during the electron capture process, produces a self-heating of $1.9 \times 10^2$ erg/min for a 1 μCi source. In addition, since the 835 keV γ-rays are very penetrating, very few will lose any energy in the thermometer itself. However, some energy will be deposited in the thermometer mount, cold finger, mixing chamber, etc. depending upon the experimental configuration. This heating can be minimized by careful geometric (solid angle) design and by using low-Z material where possible. An estimate of this heating for copper can be obtained using figure 10 as explained in section 3.7.

Since the electron capture is pure Gamow-Teller and the γ-transition is pure E2, exact values for $U_\gamma$ and $A_\gamma$ can be calculated; these are given in table 1. In addition, the lifetime of the 2+ state is short enough ($8.9 \times 10^{12}$ s) so that reorientation effects can be neglected. The advantage of having only one γ-ray in the decay is that the more efficient NaI(Tl) detectors, with their more accurate $Q_\gamma$-values, can be used in the measurement of $W(0)$. The only slight disadvantage in using $^{54}$Mn for γ-RA thermometry is that lifetime corrections may have to be made to the data if counts are taken for more than 1 or 2 days, e.g., after 1 day the source will have decayed by 0.222%, after 2 days by 0.443% and so on. Thus, we see that as far as the nuclear aspects of $^{54}$MnX thermometers are concerned, $^{54}$Mn is almost the perfect nucleus for γ-RA thermometry.

The hyperfine splitting for $^{54}$MnFe has been measured by NMR/ON [28] with $\nu_{hf}=190.0(3)$ MHz. This gives $\Delta_{hf}=9.119(14)$ mK, the sign being determined by the sign of $\mu_B$. The hyperfine field is -22.697 T. Since this is negative, the applied field makes the effective splitting smaller, i.e., $\Delta_{eff}<\Delta_{hf}$ for $B_{app}>0$. In figure 12 we show the sensitivity function for this thermometer. (As mentioned previously, all sensitivity plots are given for $B_{app}=0$ and $Q_\gamma=1$.) Using the criterion $\partial W(0,T)/\partial T/T>0.05$, its useful range extends from 1.8 to 51 mK with its greatest sensitivity occurring at 7.2 mK. The spin-lattice relaxation time has been measured for the $^{54}$MnFe system [28] and $\tau_{1}(\lim)=10$ s.

To prepare a $^{54}$MnFe thermometer one starts with 5- to 6-9's pure iron foil about 0.05 to 0.1 mm thick and carrier free $^{54}$Mn, usually in the form of a chloride solution. After the foil is cleaned, small drops of $\text{MnCl}_2$ are deposited uniformly on it and then dried using a heat lamp. The foil is then placed in a quartz “boat” and heated to 1100–1200 °C in a hydrogen atmosphere for 12–24 h. Next the sample is cooled down relatively slowly by turning the oven off; this is done using either a hydrogen or inert gas atmosphere. The foil is then etched to remove any surface activity. The total activity of the foil is measured and a piece is cut out of the right size and shape, depending upon the particular experiment. The thermometer is usually attached by soldering with indium or some other low melting solder.

A different procedure employed by some (e.g., [29]) is to melt the iron after it has been coated with the $^{54}$Mn. It is then cleaned, rolled and annealed. In addition, some replace the coating process explained in the previous paragraph with electroplating on the
premise of obtaining a more uniform distribution of activity on the foil.

A problem often encountered in sample preparation is evaporation of the manganese during the diffusion process.

Some typical examples of the use of the $^{54}$MnNi thermometer can be found in [23,29,30] and the pioneering NMR/ON measurements of Templeton and Shirley [28].

$^{54}$MnNi

The $^{54}$MnNi thermometer, like $^{54}$MnFe, has been used quite frequently in γ-RAT thermometry. Three independent measurements of the hyperfine splitting have been made on this system by NMR/ON and are in excellent agreement. The value for $\nu_{hf}$ is 273.2(1) MHz [31], which corresponds to $\Delta_{hf}$ = $-13.112(5)$ mK. The hyperfine field is $-32.56(5)\ T$, thus $B_{app}$ reduces the splitting. The sensitivity function has already been given in figure 4 and discussed in section 2.2; however, for comparison, the $^{54}$MnFe thermometer we have included it again in figure 12. As can be seen in this figure, its useful range is shifted to higher temperatures relative to $^{54}$MnFe (by the ratio of the hyperfine splittings, i.e., $273.2/190.0$). Turrell [32] has measured SLR times for the $^{54}$MnNi system in fields of from 0.02 to 0.8 T. His largest value for the Korringa constant (0.8 T) was 0.15 sK. This corresponds to a $\tau_1$(lim) = 22 s and a $\tau_1'$(lim) = 3.7 s (see sec. 3.6).

Preparation of the $^{54}$MnNi thermometer is essentially the same as that for the $^{54}$MnFe thermometer. The exact procedure followed by the Bonn NO Group [33] is to deposit carrier-free $^{54}$MnCl$_2$ on a piece of 25 $\mu$m thick nickel foil (99.99+% purity), and dry it slowly with a heat lamp. The foil is placed in an Al$_2$O$_3$ "boat" and heated to 900 °C in a hydrogen atmosphere for at least 24 h. It is slowly (∼15 h) cooled to room temperature. The thermometer is attached using Bakers flux and Woods metal.

The $^{54}$MnNi thermometer has been described in considerable detail by Berglund and coworkers [1], and typical examples of its use are available [34,35].

$^{54}$MnAl, Cu and Zn

Manganese-54 in Al, Cu, or Zn forms Kondo systems and has been used for γ-RAT thermometry. The advantage of using such Kondo alloys is that at temperatures far below the Kondo temperature, $T_K$, the hyperfine field is strongly dependent upon the applied field and independent of the temperature. Thus, in effect, we have a tunable γ-RAT thermometer. At low fields, $\mu_B B_{app} < kT_K$, the hyperfine field is linearly proportional to the applied field, as the field is increased, $B_{hf}$ approaches a saturation value, $B_{sat}$. This was quite clearly shown for $^{54}$MnCu by Pratt and coworkers [36]. They found that very small changes (∼0.01 T) in $B_{app}$ result in large changes (∼5 T) in $B_{hf}$. Similar results have been obtained for $^{54}$MnZn by Marsh [37] and more recently by Hunik [38]. The relationship between $B_{sat}$ and $T_K$ is such that the higher the value of $T_K$, the lower the value of $B_{sat}$. For $^{54}$MnCu, $T_K$ ∼ 0.06 K and $B_{sat}$ ∼ 30 T, whereas for $^{54}$MnZn, $T_K$ ∼ 0.26 K and $B_{sat}$ ∼ 19 T. However, in the case of $^{54}$MnAl the Kondo temperature is very high, $T_K$ ∼ 500 K, resulting in $B_{sat}$ being very small. Thus, at very low temperatures and moderately high fields, Mn acts like a nonmagnetic impurity in Al, i.e., it just "sees" the applied field. In effect we have a brute force γ-RAT thermometer using $^{54}$Mn. This, along with the fact that $^{54}$Mn generates only a small amount of radioactive self-heating, is quite fortunate since it can then be used to do thermometry in the μK region. Ono and coworkers [39] have actually used a $^{54}$MnAl thermometer to measure temperatures as low as 10 μK!

Since the hyperfine field can be varied so easily in a Kondo thermometer, its useful range is much larger than in a fixed hyperfine field thermometer (neglecting the small change in the latter due to the addition or subtraction of the applied field). Instead of having just one sensitivity function we now have many, with the useful range being determined by the highest and lowest ones. Whereas the upper limit can be defined to be that temperature at which the hyperfine field is no longer independent of temperature, defining the lower limit is quite difficult. Theoretically Kondo thermometers should operate far below 1 mK; however, the limit is actually set by the $B_{hf}$ versus $B_{app}$ relation (see e.g., fig. 2 in [36]) and by concentration and impurity effects.

Although much more work has to be done with Kondo thermometers, they should play an even more important role in γ-RAT thermometry in the future because of their ability to operate at much lower temperatures. In addition, Kondo thermometers have very short SLR times which make them particularly useful for SLR measurements on other systems (see, e.g., [40]). Further information on Kondo thermometers can be found in [41] and [42] as well as the references already cited.
4.2 Cobalt-56, 57, and 58

Although all of the four long-lived isotopes of cobalt, $^{56}$Co (78.8 d), $^{57}$Co (270.9 d), $^{58}$Co (70.8 d), and $^{60}$Co (5.27 y), have been used in $\gamma$-RA thermometry, only $^{57}$Co and $^{60}$Co have had extensive use, with the latter being used most frequently. The $^{60}$Co $\gamma$-RA thermometers will be discussed separately in section 4.3. Cobalt-56 has only been used in an Fe host, $^{57}$Co both in Fe and Ni hosts, and $^{58}$Co in an Fe host and in a Tutton salt. The latter use of $^{58}$Co by Griffing and Wheatley [43] was the first demonstration of the $\gamma$-RA thermometry technique. Since both $^{56}$Co and $^{58}$Co have been used rather infrequently, only $^{57}$Co will be discussed in this section. Some information on the use of the $^{56}$CoFe and $^{58}$CoFe thermometers can be found in [44] and [45], respectively. More recent work using the $^{58}$CoFe thermometer has been done by Spanhoff and coworkers [46,47].

The decay scheme for $^{57}$Co is shown in figure 13. Cobalt-57 ($I^\pi=7/2^-$) decays by electron capture with 0.998 branching to the 136.5 keV level in $^{57}$Fe. Although both the ground state E2 transition and the more intense M1+E2 122.1 keV transition have been used for $\gamma$-RA thermometry, the small uncertainty in the mixing ratio of the latter makes it less useful than the 136.5 keV transition resulting in a considerable reduction in the anisotropy. However, as was pointed out earlier, the usefulness of a $\gamma$-RA thermometer not only depends upon the magnitude of its $U(0)$ versus $T$ relation, but also on the $\gamma$-ray intensity. As will be seen later in the sensitivity plots for the $^{57}$Co thermometer, when the intensities are taken into account the 136.5 keV $\gamma$-ray is still quite a bit more sensitive than the 122.1 keV $\gamma$-ray. In addition, there is a considerable uncertainty in the deduced temperature when using the 122.1 keV $\gamma$-ray due to the uncertainty in its mixing ratio. In table 2 we give the calculated temperatures for $\delta=+0.120(2)$ for the $^{57}$CoFe thermometer. These were done for temperatures from 4.0 to 76 mK, which is the useful range of the thermometer (see next section) for $\delta=+0.120$. As can be seen in this table, the resulting temperature errors are very large at the lower end of the thermometer's range. Thus, we see that although the more intense 122.1 keV $\gamma$-ray transition can be used for $\gamma$-RA thermometry, its reduced anisotropy along with "its" temperature uncertainty make it less desirable than the 136.5 keV transition.

The lifetime of the 136.5 keV level in $^{57}$Fe is sufficiently long, 8.6 ns, that reorientation of the nuclear spins (see sec. 2.2) are possible. The mechanism responsible for this reorientation is the perturbing fields at the nucleus caused by the electron capture process. In the first part of this process the electron capture creates a hole in the K-shell, which propagates to the outer shells creating additional holes (mainly by Auger effects) and finally to the valence shell. The time required for this part to take place is quite short, being of the order of $10^{-14}$ s for cobalt. The second part is the filling of the holes in the valence shell and, as expected, depends upon the type of material that the radioactive atom is embedded in. In metals these holes are filled fairly rapidly, $<10^{-12}$ s, with electrons from the conduction band. Thus in metallic samples, e.g., $^{57}$CoFe and $^{57}$CoNi, reorienta-

![Figure 13](image-url)
Table 2. Temperature errors due to the uncertainty in δ for the 122.1 keV γ-ray of the ⁵⁷CoFe thermometer. The temperatures were calculated for δ = +0.120(2) using the values of W(0) shown. The latter were chosen to give values of T for δ = +0.120 which cover the thermometers useful temperature range (4.0 to 76 mK). These calculations were done using B_{app} = 0 and Q_A = 1.

<table>
<thead>
<tr>
<th>W(0)</th>
<th>T</th>
<th>T'</th>
<th>(T' - T)/T</th>
<th>T'</th>
<th>(T' - T)/T</th>
</tr>
</thead>
<tbody>
<tr>
<td>δ = +0.120</td>
<td>δ = +0.122</td>
<td></td>
<td></td>
<td>δ = +0.118</td>
<td></td>
</tr>
<tr>
<td>A₁ = 0.141692</td>
<td>A₄ = 0.137795</td>
<td>A₁ = 0.14591</td>
<td>A₄ = 0.009687</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1.18882</td>
<td>4.00 mK</td>
<td>1.91 mK</td>
<td>-52.27%</td>
<td>4.89 mK</td>
<td>22.25%</td>
</tr>
<tr>
<td>1.14490</td>
<td>10.00</td>
<td>9.50</td>
<td>-4.97</td>
<td>10.48</td>
<td>4.78</td>
</tr>
<tr>
<td>1.10064</td>
<td>16.30</td>
<td>15.83</td>
<td>-2.85</td>
<td>16.75</td>
<td>2.78</td>
</tr>
<tr>
<td>1.08108</td>
<td>20.00</td>
<td>19.52</td>
<td>-2.39</td>
<td>20.47</td>
<td>2.34</td>
</tr>
<tr>
<td>1.04728</td>
<td>30.00</td>
<td>29.45</td>
<td>-1.84</td>
<td>30.54</td>
<td>1.81</td>
</tr>
<tr>
<td>1.02990</td>
<td>40.00</td>
<td>39.34</td>
<td>-1.65</td>
<td>40.45</td>
<td>1.62</td>
</tr>
<tr>
<td>1.02032</td>
<td>50.00</td>
<td>49.22</td>
<td>-1.55</td>
<td>50.77</td>
<td>1.53</td>
</tr>
<tr>
<td>1.01460</td>
<td>60.00</td>
<td>59.10</td>
<td>-1.50</td>
<td>60.89</td>
<td>1.48</td>
</tr>
<tr>
<td>1.01096</td>
<td>70.00</td>
<td>68.97</td>
<td>-1.47</td>
<td>71.02</td>
<td>1.45</td>
</tr>
<tr>
<td>1.00938</td>
<td>76.00</td>
<td>74.89</td>
<td>-1.46</td>
<td>77.09</td>
<td>1.44</td>
</tr>
</tbody>
</table>

Since the 122.1 and 136.5 keV γ-rays are not very penetrating, care must be taken to minimize scattering and absorption in the sample mount as well as in the radiation shields and walls of the cryostat. In addition, low energy γ-rays can undergo large angle scattering without losing much energy. However, the problem is not as severe as it may seem to be since Ge(Li) detectors must be used; their better energy resolution (~1 keV at 100 keV) enhances the rejection of scattered radiation. The low energies of the two γ-rays are particularly useful when higher energy γ-rays are present, e.g., in decay scheme studies or when using two γ-RA thermometers (such as the measurement of temperature gradients), since they can be resolved easily.

The self-heating due to the electron capture, as in the case of ⁵⁴Mn, is quite small being only 6.0 × 10⁻³ erg/min for a 1 μCi source. Although the energies of the two prominent γ-rays are low and their heating thereby reduced (see fig. 10), more activity is needed to compensate for the reduced intensity of the 136.5 keV γ-ray. For example, if both a ⁵⁷Co and a ⁵⁴Mn thermometer were mounted on a similar copper disk with D = 1.0 cm and τ = 0.5 cm (see fig. 10), and it was required that both the 136.5 and 834.8 keV γ-rays be of equal intensity, then the ⁵⁷Co source would produce about eight times more heat.

Since the half-life of ⁵⁷Co is somewhat the same as ⁵⁴Mn (a ⁵⁷Co source will have decayed by 0.255% after 1 day), lifetime corrections may have to be applied to the data if counts are taken for more than 1 or 2 days.

The large hyperfine splitting of ⁵⁷CoFe, Δₜₜ = -14.178(3) mK, measured by NMR/ON, νₜₜ = 295.42(6) MHz [53], with Bₜₜ being -28.81 T, along with its favorable decay properties (for the 136.5 keV γ-ray), make it a particularly useful γ-RA thermometer. The only problem with it, as mentioned in the previous section, is the low energy of the γ-rays. The sensitivity function for both the 136.5 and 122.1 keV γ-rays are shown in figure 14 (the two solid curves on the right). The useful temperature range of the 136.5 keV γ-ray is quite large, from 2.9 to 90 mK, with its greatest sensitivity at 12.4 mK. In contrast, the useful range of the 122.1 keV γ-ray is...
considerably less, from 6.5 to 40 mK (peak at 16.3 mK); however, when intensity normalization, \( \sqrt{86/71} = 2.8 \), is taken into account (dashed curve in fig. 14) the range is improved to 4.0 to 76 mK. This is still about 20% less than that for the 136.5 keV \( \gamma \)-ray. This reduced anisotropy, along with the uncertainty in its mixing ratio, which causes a rather large temperature uncertainty (see table 2 and the discussion in the previous section) makes it less favorable for thermometry. However, it can be useful in some experimental situations if it is “calibrated” since its anisotropy is opposite to that of the 136.5 keV \( \gamma \)-ray. Although no value of \( \tau_1('\text{lim}) \) for \(^{57}\text{CoFe} \) has been reported in the literature, a rough estimate can be made based on the measured value of \( \tau_1('\text{lim}) \approx 25 \) s for \(^{56}\text{CoFe} \) by Bacon and coworkers [44]. Using this value, along with the \( v_{hf} \) and \( I \)-values for both \(^{56}\text{CoFe} \) and \(^{57}\text{CoFe} \), a value of \( \tau_1('\text{lim}) \approx 10 \) s is obtained for the latter.

The technique used to prepare a \(^{57}\text{CoFe} \) thermometer is the same as that used for \(^{54}\text{MnFe} \) and \(^{58}\text{MnNi} \), namely high temperature diffusion. Essentially the same preparation procedure is used for \(^{57}\text{CoFe} \), \(^{60}\text{CoFe} \), \(^{57}\text{CoNi} \), and \(^{60}\text{CoNi} \). The following procedure is that used by the Leuven NO Group [54]. Starting with 5- to 6-9's pure Fe or Ni foil 50 \( \mu \)m thick, a piece 2.5×2.5 cm\(^2 \) is cut out and degreased using trichloroethylene or acetone. Carrier free \(^{57}\text{CoCl}_2 \) or \(^{60}\text{CoCl}_2 \) (in 0.1 \( M \) HCl solution) is deposited uniformly on the foil using a pipette. It is then dried with a heat lamp. The foil is placed in a quartz “boat” located in a quartz tube of an induction furnace. The air is purged from the tube using either pure argon or helium gas for about 10 minutes. With pure hydrogen gas flowing through the tube the oven is heated to 900–1000 °C. After about 8 hours the oven is turned off and the hydrogen gas is replaced by argon or helium gas, which flows through the tube while the oven cools down overnight. The foil is then removed and stored in a desiccator until needed. At that time a piece is cut and attached to the experiment using Bakers flux and Woods metal. If a foil oxidizes it can be cleaned by putting it back in the oven and heating it to 700 °C in a hydrogen atmosphere.

Cobalt-57, as well as \(^{56}\text{Co} \) and \(^{58}\text{Co} \), can also be incorporated into Fe by nuclear reactions (e.g., \( \alpha \)-particle or proton bombardment), which is convenient in some experimental situations, see [55] and [46,47].

Although the \(^{57}\text{CoFe} \) thermometer has many advantages, it has been used rather infrequently when compared to other \( \gamma \)-RA thermometers. This is due no doubt to the low energy of the \( \gamma \)-rays which makes detection difficult in most experimental situations. For those cryostats which have relatively thin walls (or windows), \(^{57}\text{CoFe} \) should be one of the prime \( \gamma \)-RA thermometers considered for temperature measurements in the range of 2.9 to 90 mK (and when magnetic fields can be used). Some examples of its use can be found in [56,23] and more recently in [57].

The hyperfine splitting of \(^{57}\text{CoNi} \) is \( \Delta_{hf} = -5.922(19) \) mK, which is less than half (0.418) that of \(^{57}\text{CoFe} \). Thus, although it can be used for lower temperature measurements, its useful range is much smaller than that of \(^{57}\text{CoFe} \). In figure 14 we show the sensitivity function for the 136.5 keV \( \gamma \)-ray. Its useful range extends from 1.2 to 37 mK, with its peak sensitivity at 5.2 mK. The hyperfine splitting has been measured by NMR/ON [58] with \( v_{hf} = 123.4(4) \) MHz with \( B_{hf} \) being -12.01(4) T. This rather “low” and negative value of \( B_{hf} \) is an advantage (especially in the case of \(^{57}\text{Co} \) as its self-heating is quite small) if thermometry must be done below \( \sim 1 \) mK in large \( B_{app} \), since the latter can substantially reduce \( \Delta_{eff} \). In fact, Brewer [34] has pointed out that for \( B_{app} = 6 \) T, \(^{57}\text{CoNi} \) is essentially a “reverse” brute force \( \gamma \)-RA thermometer. As in the case of \(^{57}\text{CoFe} \), no value of \( \tau_1('\text{lim}) \) has been reported; however, Bacon and coworkers [44] have measured a value of \( \tau_1('\text{lim}) \approx 15 \) s for \(^{60}\text{CoNi} \). Using this value (see last section), a value of \( \tau_1('\text{lim}) \approx 4 \) s is obtained for \(^{57}\text{CoNi} \).

The method used to prepare a \(^{57}\text{CoNi} \) thermometer is the same as that used for \(^{57}\text{CoFe} \) (see last section). It, like \(^{57}\text{CoFe} \), has been used rather infrequently in \( \gamma \)-RA thermometry measurements. Some examples of its use can be found in [50,30, and 59]. The latter two used it along with a second \( \gamma \)-RA thermometer to check for temperature gradients in their experiments.
4.3 Cobalt-60

Cobalt-60, like $^{54}$Mn, has had considerable use in $\gamma$-RA thermometry. It has been used in Fe, Co, and Ni hosts, in a Au host and in the rare-earth salts neodymium zinc nitrate and lanthanum magnesium nitrate. In addition, since cobalt is monoisotopic ($^{60}$Co), $^{60}$Co can easily be produced in-situ in cobalt single crystals by neutron activation. One of the main advantages of the $^{60}$Co(hcp) single crystal $\gamma$-RA thermometer is that no magnetic field is needed to orient the electronic moments because of the large uniaxial magnetic anisotropy. This is particularly useful for those experiments where thermometry must be done in a field-free region. It can, of course, also be used in a magnetic field. Because of its many favorable properties, i.e., being able to operate with or without a magnetic field, ease of preparation, accurate values for the hyperfine splittings, etc., $^{60}$Co(hcp) is one of the most useful $\gamma$-RA thermometers. We will discuss this thermometer in considerable detail later on.

The decay scheme for $^{60}$Co is shown in figure 15. Cobalt-60 ($I^+$ = 5$^+$) has a half-life of 5.27 y and decays by $\beta^-$ emission with 0.9992 branching to the 4$^+$ level at 2505.8 keV in $^{60}$Ni. From this level the familiar 4$^+$(1173.2 keV)2$^+$(1332.5 keV)0$^+$ gamma cascade completes the decay to the $^{60}$Ni ground state. A much less intense $\beta^+$ branch (0.0008) populates the 1332.5 keV level directly. Although the 1332.5 keV transition must be pure E2, the 1173.2 keV transition could have a small M3 admixture. If the latter were pure E2, i.e., $\delta$(M3/E2)=0, then both $\gamma$-rays would have the same anisotropy. This would be very favorable for $\gamma$-RA thermometry since the inexpensive and more efficient NaI(Tl) counting system could be used where both $\gamma$-rays are counted together (see sec. 3.3). If $\delta=0$, the NaI(Tl) system could still be used; however, the accuracy of the deduced temperatures will depend upon how accurately $\delta$ is known. Using a $^{60}$Co(hcp) thermometer along with a Ge(Li) detector, Marshak [14] has measured the M3/E2 mixing ratio for the 1173.2 keV transition and obtained $\delta = -0.0002(11)$. This value results in a temperature difference for the $^{60}$CoCo(hcp) thermometer (operating between 1.3 and 50 mK) of no more than $0.04$ to $0.028$% from that if $\delta=0$ (this is discussed in more detail later on). When both $\gamma$-rays are counted together the temperature uncertainty is, of course, only about one-half of this amount. The small admixture in the 1173.2 keV transition also shows up in the $A_\lambda$ coefficients for the 1332.5 keV transition; however, this goes as $\delta^2$ (see eq (5)) and amounts to a very small change in its temperature—the order of $\mu$K for the $^{60}$CoCo(hcp) thermometer, from that if $\delta=0$.

The values for the $U_\lambda$ and $A_\lambda$ coefficients for both $\gamma$-rays are given in table 1. The $U_\lambda$ coefficients for the intense $\beta^-$ transition, i.e., $U_\lambda(5^+ \rightarrow 4^+, \beta)$, can be calculated quite accurately since it can only go by spin change 1 for an allowed transition. The $A_\lambda$ coefficients for the 1173.2 keV transition were calculated using the M3/E2 mixing ratio value given above. In the case of the pure E2 1332.5 keV transition, its $U_\lambda$ from the $\gamma$-feeding, viz., $U_\lambda(5^+ \rightarrow 4^+, \gamma)$, can also be calculated quite accurately since the effect of the small value of $\delta$ in $A_\lambda(4^+ \rightarrow 2^+, \gamma)$ can, as mentioned previously, be ignored. The small direct $\beta$-feeding of this level is a unique second forbidden transition and its $U_\lambda(5^+ \rightarrow 2^+, \beta)$ is just equal to $U_\lambda(5^+ \rightarrow 4^+, \beta)$ $U_\lambda(4^+ \rightarrow 2^+, \gamma)$, thus it has the same effect on the angular distribution of the 1332.5 keV $\gamma$-ray.

Since $^{60}$Co decays by $\beta$-particle emission, its self-heating is quite large in comparison to either $^{54}$Mn or $^{57}$Co. The average $\beta^-$ energy is 95.8 keV and results in a $\dot{Q}_\beta=0.34$ erg/min for a 1 $\mu$Ci source. This heating can be important when doing thermometry below ~3 mK. The heating due to the two $\gamma$-rays should also be considered (especially at lower temperatures) as it can be quite large, e.g., a 1 $\mu$Ci $^{60}$Co thermometer mounted on a copper disk with $D=1.0$ cm and $\tau=0.5$ cm (see fig. 10) produces 0.5 erg/min; which is even more than the $\beta$-heating.
Due to the relatively long half-life of $^{60}$Co, 5.27 y, the lifetime correction is quite small (after 1 day the source will have decayed by 0.036%).

$^{60}$CoFe

Cobalt-60 in Fe has been used more often than any other system in nuclear orientation studies. It was used by Matthias and Holliday [60] in the first successful demonstration of the NMR/ON technique. Templeton and Shirley [28] used it (along with $^{54}$MnFe) in the first SLR-time measurements by NMR/ON. It was used for thermometry more than 20 years ago by Stone and Turrell [61], and has been used more frequently than any other $\gamma$-RA thermometer.

The hyperfine splitting for $^{60}$CoFe is 166.00(5) MHz [28], which gives a $\Delta_M$ of −7.967(2) mK. The hyperfine field is −29.01(1) T. Its sensitivity function is shown in figure 16 and, as can be seen, its useful range (1.8 to 66 mK) is higher than either the $^{60}$CoCo(hcp) or $^{60}$CoNi thermometers. The value of $\tau_1$ is $\sim 65$ s [62]. Information on the effect of magnetic fields on the SLR-time for $^{60}$CoFe can be found in [63,25].

![Figure 16](image)

The procedure used to prepare a $^{60}$CoFe thermometer is the same as that described for $^{57}$CoFe. Information on different methods of preparation can be found in [63,64], the latter also describing the use of both the $^{60}$CoFe and $^{60}$CoNi thermometers in considerable detail. In addition, some other examples on the use of the $^{60}$CoFe thermometer can be found in [65,66,34, and 59].

$^{60}$CoNi

Barclay [67] has measured the hyperfine splitting for $^{60}$CoNi by NMR/ON and obtained $v_{hf}=69.08(5)$ MHz, which corresponds to $\Delta_{hf}=-3.315(2)$ mK. This is only 0.416 of $^{60}$CoFe (similar to the situation for $^{57}$Co in the same hosts), thus its useful temperature range is reduced proportionately, i.e., from the 1.8–66 mK for $^{60}$CoFe to 0.8–27 mK (see $^{60}$CoNi sensitivity function, fig. 16). Although the hyperfine field of $^{60}$CoNi, $B_{hf}=-12.09(1)$ T is essentially the same as that of $^{57}$CoNi (the difference being the hyperfine anomaly), $^{60}$CoNi, in contrast to $^{57}$CoNi, is much more difficult to use for thermometry $\lesssim 1$ mK (by using large $B_{app}$, see discussion on $^{57}$CoNi because of the large self-heating of the $^{60}$Co. The SLR-time for $^{60}$CoNi has been measured by Bacon and coworkers [44], and they obtained a $\tau_1$ $\sim 15$ s. Sample preparation is the same as that described for $^{57}$CoFe. A different method of sample preparation has been used by Andres and coworkers [64].

In spite of the limited temperature range of the $^{60}$CoNi thermometer and its self-heating problem, it has been used quite frequently in $\gamma$-RA thermometry—the reason being that the temperature region around its greatest sensitivity (3.7 mK) is presently important in low temperature research (e.g., nuclear magnetic ordering studies and properties of $^3$He). No doubt it will also be used more often in the future since it complements the temperature region where present-day $^3$He/$^4$He dilution refrigerators "bottom out," i.e., $\sim 3$ mK. Some examples of the use of the $^{60}$CoNi thermometer can be found in [64,68-70].

$^{60}$CoCo(hcp) Single Crystal

Cobalt-60 in hcp cobalt single crystal, because of its many favorable properties, has proven to be a very useful $\gamma$-RA thermometer. As previously mentioned, its ability to operate without any magnetic field is very important for many experiments at low temperatures where magnetic fields must be avoided, e.g., superconductivity studies, noise thermometer measurements and paramagnetic salt investigations.

The hyperfine splitting, $v_{hf}$, for $^{60}$CoCo(hcp) contains a small electric quadrupole interaction, $v_Q$, along with the magnetic dipole interaction, $v_M$. This is in contrast to the other $\gamma$-RA thermometers that were discussed so far where $v_{hf}=v_M$. The most accurate values for the hyperfine parameters for $^{60}$CoCo(hcp) can be obtained from the recent NMR/ON measurements of Hagn and Zech [71]. Hagn [72] has shown that the differential resonance displacement, $\Delta v$, between the centers of the NMR/ON resonances measured at 0° and 90° to the axis of quantization of the nuclear spin system (c-axis of the crystal) can yield both the sign and magnitude of the quadrupole interaction, i.e.,

$$\Delta v = \nu(0) - \nu(90) = \Delta C \Delta v_Q$$

(21)
where $\Delta C$ is a constant which depends upon the temperature and $\Delta \nu_Q = 3\nu_Q/2(2I-1)$ is the quadrupole subresonance separation. He also shows that once $\Delta \nu_Q$ is known, the magnetic interaction can be obtained from

$$\nu(0) = \nu_M + C(0) \Delta \nu_Q \tag{22}$$

where $C(0)$ is another constant, also depending upon the temperature. Hagn and Zech have measured $\Delta \nu = 57(6)$ kHz and $\nu(0) = 126.82(2)$ MHz and have calculated that $\Delta C = -0.61(7)$ and $C(0) = -3.1(1)$ for the temperature (10 mK) of their measurements. From (21) they obtain $\Delta \nu_Q = -93(16)$ kHz, which gives $\nu_Q = -2.8(5)$ MHz. In terms of the quadrupole coupling constant $P$ in eq (11), this corresponds to $P/k = -2.2(4) \mu K$. Using the above value for $\Delta \nu_Q$, a value of $\nu_M = 126.53(5)$ MHz is obtained using eq (22). This gives a dipole splitting $\Delta \nu_Q = -6.0725(24)$ mK. The value for the hyperfine field is $-21.90(5)$ T.

The values of $\nu_M$ and $\nu_Q$ given above are slightly different from those quoted by Hagn and Zech, namely $\nu_M = 126.38(7)$ MHz and $\nu_Q = -3.1(4)$ MHz. The reason for this is that they obtained $\nu_M$ for $^{59}$CoC(hcp) by using the value of $\nu_M$ for $^{59}$CoC(hcp), measured by Kawakami and coworkers [73], along with the ratio of the $g_f$-factors, $g_f(^{59}$Co)/$g_f(^{59}$Co), measured by Niesen and Huiskamp [74], viz., $\nu_M = [219.9(1) \text{ MHz}][0.5747(2)] = 126.38(7)$ MHz. The latter was then used along with the values of $\nu(0)$ and $C(0)$ in eq (22) to obtain a second value for $\Delta \nu_Q = -142(29)$ kHz. This was averaged with the first value, $-93(16)$ kHz, to yield $\Delta \nu_Q = -104(14)$ kHz, which gives $\nu_Q = -3.1(4)$ MHz. Their values for $\nu_M$ and $\nu_Q$ correspond to $\Delta M = -6.0653(34)$ mK and $P/k = -2.5(3) \mu K$.

In table 3 we give the calculated temperatures and temperature differences for both sets of parameters ($\Delta_M$ and $P/k$) for various values of $W(0)$. The latter were chosen to give the values of $T$ shown in column 2 (which cover the useful range of the thermometer, see table 1) using the parameters $\Delta_M = -6.0725$ mK, $P/k = -2.2$ $\mu K$, $U_2 A_2 = -0.420560$, $U_3 A_4 = -0.242810$, $Q_2 = 0.9965$ and $Q_4 = 0.9886$. The values for $U_3 A_4$ are those for the 1332.5 keV transition from table 1. The values for the solid angle correction factors are those from the work of Marshak and Soulen [75] and will be useful in calculations which will be presented later on. In addition, a third set of parameters ($\Delta_M = -6.0668$ mK and $P/k = -2.9$ $\mu K$) is included in table 3. These are the values used by Soulen and Marshak [11] in their latest measurements comparing a Josephson junction noise (JJN) thermometer to a $^{59}$CoC(hcp) thermometer. As can be seen in table 3, the differences between the parameters deduced solely on the basis of the Hagn and Zech measurements ($\Delta_M = -6.0725$ mK, $P/k = -2.2$ $\mu K$) and their quoted values ($\Delta_M = -6.0653$ mK, $P/k = -2.5$ $\mu K$) are $\ll 0.088\%$, whereas the differences between the former and those used by Soulen and Marshak are $\ll 0.023\%$. In either case the differences are quite small and would only become important for very precise thermometry ($\ll 0.1\%$), and if the temperature uncertainty, due to the uncertainties in the parameters $\Delta_M$, $P/k$, $U_3$, $A_4$, $Q_2$, and $\theta$, was

<table>
<thead>
<tr>
<th>$W(0)$</th>
<th>$T$</th>
<th>$T'$</th>
<th>$(T'-T)/T$</th>
<th>$(T'-T)/T$</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\Delta_M = -6.0725$ mK</td>
<td>$\Delta_M = -6.0653$ mK</td>
<td>$\Delta_M = -6.0668$ mK</td>
<td></td>
<td></td>
</tr>
<tr>
<td>$P/k = -2.2$ $\mu K$</td>
<td>$P/k = -2.5$ $\mu K$</td>
<td>$P/k = -2.9$ $\mu K$</td>
<td></td>
<td></td>
</tr>
<tr>
<td>0.0214932</td>
<td>1.30000 mK</td>
<td>1.29904 mK</td>
<td>-0.074%</td>
<td>1.30012 mK</td>
</tr>
<tr>
<td>0.327535</td>
<td>5.00000 mK</td>
<td>4.99993</td>
<td>-0.009</td>
<td>5.00012 mK</td>
</tr>
<tr>
<td>0.470108</td>
<td>6.90000 mK</td>
<td>6.89945</td>
<td>-0.008</td>
<td>6.89990 mK</td>
</tr>
<tr>
<td>0.633327</td>
<td>10.0000 mK</td>
<td>9.99835</td>
<td>-0.005</td>
<td>9.99930 mK</td>
</tr>
<tr>
<td>0.783152</td>
<td>15.0000 mK</td>
<td>14.99656</td>
<td>-0.003</td>
<td>14.99960 mK</td>
</tr>
<tr>
<td>0.860698</td>
<td>20.0000 mK</td>
<td>19.99537</td>
<td>-0.002</td>
<td>19.99934 mK</td>
</tr>
<tr>
<td>0.931038</td>
<td>30.0000 mK</td>
<td>29.99561</td>
<td>-0.001</td>
<td>29.99950 mK</td>
</tr>
<tr>
<td>0.959508</td>
<td>40.0000 mK</td>
<td>39.99511</td>
<td>-0.000</td>
<td>39.99901 mK</td>
</tr>
<tr>
<td>0.973528</td>
<td>50.0000 mK</td>
<td>49.99723</td>
<td>+0.014</td>
<td>50.0000 mK</td>
</tr>
</tbody>
</table>

Table 3. Temperature differences for three different sets of values of $\Delta_M$ and $P/k$ for the $^{59}$CoC(hcp) thermometer. All the temperatures were calculated using the values of $W(0)$ shown. The latter were chosen to give values of $T$ for $\Delta_M = -6.0725$ mK and $P/k = -2.2$ $\mu K$ which cover the thermometers useful temperature range (1.3–50 mK). The values used for $U_3 A_4$ and $U_3 A_4$ are those given in table 1 for the 1332.5 keV transition. Solid angle correction factors were $Q_2 = 0.9965$ and $Q_4 = 0.9886$. See text for further details.
negligible in comparison to these differences. We will show later that this temperature uncertainty is not negligible in comparison to the differences in table 3.

The sensitivity function for the $^{60}\text{CoCo}$ thermometer (using $\Delta T = -6.0725 \text{ mK}$ and $P/k = -2.2 \mu \text{K}$) has already been shown in figure 4 and discussed in section 2.2; however, for comparison with the $^{60}\text{CoFe}$ and $^{60}\text{CoNi}$ thermometers we have also included it in figure 16. Although no value for $\tau_\text{f}(\text{lim})$ for $^{60}\text{CoCo(hcp)}$ has been reported in the literature, its value is not expected to be much different from that reported for $^{60}\text{CoCo(cubic)}$ [76] which is approximately 23 s.

The method used to prepare a $^{60}\text{CoCo(hcp)}$ thermometer is quite different from those described previously. In all the previous thermometers most of the effort was spent in incorporating the radioactivity into the host, the latter usually being a high purity thin foil which was readily available. In contrast, for the $^{60}\text{CoCo(hcp)}$ thermometer most of the effort is spent in preparing a good single crystal sample of the desired shape and size; the radioactivity is produced in situ in the crystal by neutron activation and is accomplished quite easily. Since the $^{60}\text{CoCo(hcp)}$ thermometer is usually used in zero magnetic field, the shape of the sample is such to minimize the effect of closure domains. Due to the large magnetic anisotropy (the magnetization is directed along the c-axis of the crystal) the shape of the sample should be that of a long rectangular parallelepiped (e.g., $10 \times 1 \times 1 \text{ mm}^3$), with the long dimension being parallel to the c-axis of the crystal. Such shaped samples are also advantageous when using the $^{60}\text{CoCo(hcp)}$ thermometer in a magnetic field since the demagnetizing factor will also be smaller.

The following sample preparation procedure is that used by Marshak and coworkers [14]. Starting with a large high-quality (purity 99.99+% with mosaic spread <1°) cobalt single crystal whose c-axis has been accurately determined, a slab 10.3 mm thick is cut out with the c-axis being perpendicular to the cut sides. (All cutting operations are done using a spark cutter.) Both cut faces are then spark planed and mechanically polished (using 2μ Al oxide abrasive) to minimize surface damage. Since ~0.15 mm is needed for each spark planing operation, the slab is now 10 mm thick (very little is lost in the polishing operation). These polished surfaces will be the ends of the $10 \times 1 \times 1 \text{ mm}^3$ rectangular parallelepiped samples. A slice, parallel to the c-axis, 1.3 mm thick is cut from this slab. As before, both cut surfaces are spark planed and polished, thus the slice is now 1 mm thick. This is then cut, again parallel to the c-axis, into pieces 10×1×1.3 mm³. The cut surfaces of each of these are spark planed and polished, resulting in 10×1×1 mm³ samples with the c-axis parallel to the long dimension. These samples are then etched in a solution of 20 cc H₂O, 20 cc HCl, 10 cc HNO₃, 0.5 g FeCl₃ for approximately 20 min at room temperature to remove the surface damage due to the polishing operation. While the samples are in the etching solution they are wiped periodically with a cotton swab to remove the surface reaction products. After the etching operation, they are cleaned in distilled water and then in ethyl alcohol. If possible, x-ray diffraction patterns should be made after some of the important steps, e.g., after the slab is polished and after the samples are finished, to both check on the orientation of the c-axis and to study surface damage. The samples are activated in a reactor, either individually or in groups, to the desired $^{60}\text{Co}$ activity (usually 1–10 μCi), depending upon the experimenter's need. Finally, they are annealed at 300°C for 24 h in a hydrogen atmosphere. (There is some evidence indicating that this annealing step may not be necessary.) The samples should never be heated above 390°C since they undergo an irreversible phase change from hcp to fcc.

When a $^{60}\text{CoCo(hcp)}$ thermometer is used in a magnetic field, thermal contact is usually made using a soft-solder, e.g., indium. Such soft-solder joints, in which the trapped flux keeps the solder normal, have been successfully used with a $^{60}\text{CoCo(hcp)}$ thermometer down to about 2 mK by Hunik [38]. When a $^{60}\text{CoCo(hcp)}$ thermometer is used in zero field, which is often the case, soft-solder joints are usually avoided and thermal contact is made by other means. Thorp and coworkers [77] used copper plating to attach their $^{60}\text{CoCo(hcp)}$ thermometer to the experiment and encountered no problems down to 3.5 mK. Marshak and Soulé [75] have used gold plating in a similar fashion. More recently they [11] have used an 80 Au-20 Sn solder (m.p. = 280°C), which is known to be a normal conductor, down to the lowest temperature (10 mK) used in their measurements. However, there is some evidence that indicates that indium can also be used to make thermal contact to a $^{60}\text{CoCo(hcp)}$ thermometer for zero field measurements. The mechanism thought to be responsible for keeping the indium in the normal state is the magnetic field at the surface of the cobalt crystal—especially one which has been magnetized previously (the ferromagnetic Curie temperature for cobalt is 1400 K).

We will now return to the problem of the temperature uncertainty caused by the uncertainties in the parameters that we previously mentioned. In what
Table 4. Temperature errors due to the uncertainties in the values of $\Delta m$ and $P/k$ for the $^{60}$CoCo(hcp) thermometer. The same parameters were used to determine $W(0)$ and $T$ as those used in table 3. The quantity $\Delta T/T = (T'-T)/T$ is given in percent. See text for further details.

<table>
<thead>
<tr>
<th>$W(0)$</th>
<th>$T$</th>
<th>$\Delta T/T$ Dipole error</th>
<th>$\Delta T/T$ Quadrupole error</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.014932</td>
<td>13 mK</td>
<td>±0.039%</td>
<td>±0.039%</td>
</tr>
<tr>
<td>0.327535</td>
<td>5.0 mK</td>
<td>±0.039%</td>
<td>±0.039%</td>
</tr>
<tr>
<td>0.470108</td>
<td>6.9 mK</td>
<td>±0.039%</td>
<td>±0.040%</td>
</tr>
<tr>
<td>0.633327</td>
<td>10.0 mK</td>
<td>±0.039%</td>
<td>±0.044%</td>
</tr>
<tr>
<td>0.783152</td>
<td>15.0 mK</td>
<td>±0.039%</td>
<td>±0.070%</td>
</tr>
<tr>
<td>0.850948</td>
<td>20.0 mK</td>
<td>±0.039%</td>
<td>±0.045%</td>
</tr>
<tr>
<td>0.931038</td>
<td>30.0 mK</td>
<td>±0.039%</td>
<td>±0.053%</td>
</tr>
<tr>
<td>0.959508</td>
<td>40.0 mK</td>
<td>±0.039%</td>
<td>±0.062%</td>
</tr>
<tr>
<td>0.972528</td>
<td>50.0 mK</td>
<td>±0.039%</td>
<td>±0.062%</td>
</tr>
</tbody>
</table>

follows will assume that the $^{60}$CoCo(hcp) thermometer is used in zero field. In table 4 we give the temperature errors due to the uncertainties in the values of the dipole splitting and the quadrupole coupling constant. The values used for these quantities were: $\Delta m = -6.0725(24)$ mK and $P/k = -2.2(4)$ $\mu$K. The values used for $U_x A_x$ and $Q_x$ are the same as those used in table 3. Table 4 was prepared in a similar fashion to table 3, i.e., we fix the values of all the parameters and generate $W(0)$ versus $T$ (column 1 and 2); these values of $W(0)$ are then used to obtain new temperatures, $T'$, when a parameter is changed. In order to simplify the presentation of the data we no longer give the $T'$ values (as in tables 2 and 3), but only give $\Delta T/T = (T'-T)/T$ in percent. Columns 1 and 2 of table 4 are the same as those in table 3 since the same set of parameters was used. As can be seen in table 4 a dipole uncertainty of ±2.4 $\mu$K results in a constant temperature error of 0.039% over the thermometer's useful temperature range. The ±0.4 $\mu$K quadrupole uncertainty results in a temperature error of between ±0.040 to ±0.062%, depending upon the temperature. The temperature error due to both, assuming that they are independent, is $<|\pm0.073%|$. In table 5, $\Delta T/T$ is given for $\delta=0.0003$, -0.0008, and -0.0019. These temperature differences are given relative to $\delta=0$, since then both $\gamma$-rays would have the same anisotropy. The $A_x$ coefficients for each $\delta$ are also given. The values used for $\Delta m$, $P/k$, and $Q_x$ are the same as those used in table 4. As can be seen for $\delta=-0.0008$, $\Delta T/T=0.1\%$ over most of the thermometer's useful range. Since both $\gamma$-rays are counted together, and assuming equal counting efficiency, the deduced temperatures would be ~0.05% too high if the $\delta=0$ values are used, e.g., for a measured $W(0)=0.470108$ the 1332.5 keV $\gamma$-ray ($\delta=0$ values in table 5) gives 6.900 mK, whereas the 1173.2 keV $\gamma$-ray gives (for $\delta=-0.0008$) $6.892$ mK, the average being 6.896 mK. The uncertainty in this temperature correction is about half again as big as the correlation itself (see $\Delta T/T$ values for $\delta=0.0003$ and $\delta=-0.0019$). Thus, although this temperature correction and its uncertainty are quite small and can be ignored in most applications, we will include its uncertainty when calculating the total temperature uncertainty (due to all the parameters).

As mentioned earlier, the values used for $Q_x$ ($Q_2=0.9965$ and $Q_4=0.9886$) are those used by Marshak and Soulen [75], and are for a 7.6 X 7.6 cm² NaI(Tl) detector 50.8 cm (20 in) from the center of a 10 X 1 X 1 mm³ $^{60}$CoCo(hcp) thermometer. They were obtained by averaging the $Q_x$ (photopeak)-values for 1.17 and 1.33 MeV $\gamma$-rays, which were determined by Monte Carlo calculations. The effect of the source geometry was also investigated and found to be quite small (<1 X 10⁻⁵ for $Q_2$ and <3 X 10⁻⁵ for $Q_4$) for this distance. The uncertainties in $Q_2$ and $Q_4$ were estimated to be $\delta Q_2=\pm5 X 10^{-4}$ and $\delta Q_4=\pm20 X 10^{-4}$. The effect of these uncertainties on the deduced...
Table 5. Temperature differences due to $\delta(M3/E2)=-0.0008(11)$ for the 1173.2 keV $\gamma$-ray of the $^{60}$CoCo(hcp) thermometer. The values used for $\Delta \phi$, $P/k$ and $Q_i$ are the same as those used in table 3. The differences, $\Delta T/T$, were calculated relative to $\delta=0$ (thus relative to the 1332.5 keV $\gamma$-ray), see text for further details.

<table>
<thead>
<tr>
<th>$\delta$</th>
<th>$T$</th>
<th>$\Delta T/T$</th>
<th>$\Delta T/T$</th>
<th>$\Delta T/T$</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\delta=0$</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$A_i=-0.447702$</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$A_i=-0.304379$</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>$A_i=-0.0003$</td>
<td>1.3 mK</td>
<td>0.024%</td>
<td>-0.064%</td>
<td>-0.154%</td>
</tr>
<tr>
<td>$A_i=-0.0008$</td>
<td>5.0</td>
<td>0.040</td>
<td>-0.107</td>
<td>-0.255</td>
</tr>
<tr>
<td>$A_i=-0.0019$</td>
<td>6.3</td>
<td>0.043</td>
<td>-0.116</td>
<td>-0.276</td>
</tr>
<tr>
<td>$A_i=-0.0027$</td>
<td>15.0</td>
<td>0.044</td>
<td>-0.116</td>
<td>-0.277</td>
</tr>
<tr>
<td>$A_i=-0.0034$</td>
<td>20.0</td>
<td>0.039</td>
<td>-0.110</td>
<td>-0.261</td>
</tr>
<tr>
<td>$A_i=-0.0042$</td>
<td>30.0</td>
<td>0.037</td>
<td>-0.105</td>
<td>-0.249</td>
</tr>
<tr>
<td>$A_i=-0.0050$</td>
<td>40.0</td>
<td>0.037</td>
<td>-0.098</td>
<td>-0.238</td>
</tr>
<tr>
<td>$A_i=-0.0062$</td>
<td>50.0</td>
<td>0.036</td>
<td>-0.097</td>
<td>-0.231</td>
</tr>
</tbody>
</table>

Table 6. Temperature errors due to the uncertainties in the solid angle correction factors $Q_2$ and $Q_4$ for the $^{60}$CoCo(hcp) thermometer. The same parameters were used to determine $W(0)$ and $T$ as those used in table 3. See text for further details.

<table>
<thead>
<tr>
<th>$\phi(0)$</th>
<th>$T$</th>
<th>$\Delta T/T$</th>
</tr>
</thead>
<tbody>
<tr>
<td>$Q_2=0.9965$</td>
<td></td>
<td>$\pm 2.063%$</td>
</tr>
<tr>
<td>$Q_4=0.9886$</td>
<td></td>
<td>$\pm 1.92%$</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>$\delta$</th>
<th>$\Delta T/T$</th>
<th>$\Delta T/T$</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\delta=0$</td>
<td>1.3 mK</td>
<td>0.024%</td>
</tr>
<tr>
<td>$\delta=0.0003$</td>
<td>5.0</td>
<td>0.040</td>
</tr>
<tr>
<td>$\delta=0.0008$</td>
<td>6.3</td>
<td>0.043</td>
</tr>
<tr>
<td>$\delta=0.0019$</td>
<td>15.0</td>
<td>0.044</td>
</tr>
<tr>
<td>$\delta=0.0027$</td>
<td>20.0</td>
<td>0.039</td>
</tr>
<tr>
<td>$\delta=0.0034$</td>
<td>30.0</td>
<td>0.037</td>
</tr>
<tr>
<td>$\delta=0.0042$</td>
<td>40.0</td>
<td>0.037</td>
</tr>
<tr>
<td>$\delta=0.0050$</td>
<td>50.0</td>
<td>0.036</td>
</tr>
</tbody>
</table>

* The largest errors are given, when $\delta Q_2$ and $\delta Q_4$ are both positive or negative.

The temperature is given in table 6 for the worst case, i.e., treating $\delta Q_2$ and $\delta Q_4$ as being correlated with both being positive or negative. All the other parameters are the same as those used in table 3 to generate $W(0)$ and $T$. As can be seen in table 6 the temperature errors are quite large, $-2.063/\pm 2.192\%$, at the lowest temperature (1.3 mK) and decrease fairly rapidly to $\pm 0.027\%$ at the highest temperature (50 mK).

The last parameter that we have to investigate is $\theta$. There are three sources of error that enter into the angular term. First, there is the misalignment of the c-axis of the crystal with respect to the detector. Second, there is the mosaic spread of the crystal. Finally, there are the closure domains which are perpendicular to the c-axis. The effect of each of these always results in a positive temperature error, i.e., the "true" temperature is always lower than that deduced from the measured $W(0)$. The uncertainty in the alignment between the c-axis and the detector is usually about $1-2^\circ$ when mechanical means (jigs) are used. For very precise thermometry, $W(\theta)$ can be measured and the uncertainty can be reduced to less than $1^\circ$. In table 7 we give the temperature errors for various values of $\Delta \theta$. Since $P_\phi(\cos \theta)$ is an even function of $\theta$, $+\Delta \theta$ and $-\Delta \theta$ errors yield the same values. As can be seen in this table, as long as $\Delta \theta < 2^\circ$ the temperature errors are quite small except for the lowest temperature values.

The mosaic spread of a crystal, which is an indication of the crystal's imperfection, is determined by x-ray diffraction. Its magnitude is given by the FWHM (full width at half maximum) of the
distribution of local c-axes about the principal direction. For computational purposes we will assume that this distribution can be approximated by a Gaussian. Since cobalt single crystals with mosaic spreads of between 1-2' are readily available, we give the results for only these two values in table 8. Except for the 1.3 mK values, these temperature errors are all quite small.

The third contribution to the angular error, that due to closure domains, is the most difficult to calculate. In figure 17a we show the configuration of normal (0° and 180°) and closure (90°) domains that is usually depicted for uniaxial crystals. Although such a domain configuration is observed in iron, it is not observed in cobalt. In bcc single crystal iron the easy directions of magnetization are parallel to the edges of the cube and energetically favor such a configuration. In the case of hcp single crystal cobalt with a unique direction (c-axis) of easy magnetization, closure domain formation perpendicular to the c-axis is energetically less favorable since these are the hard directions of magnetization. In figure 17b we show a closure domain structure which is more applicable to cobalt [78]. Since the exact closure structure is expected to be even more complicated than that shown, especially for large cobalt crystals (i.e., those containing many magnetic domains) like our thermometer, no accurate calculation can be carried out of their effect on the deduced temperature. However, their contribution, i.e., the volume of closure domains to the volume of the crystal, will always be less than that shown in figure 17a. Thus, we will calculate the effect of the closure domains for figure 17a, keeping in mind that these results will be larger than the actual situation.

The effect of the closure domains is given by

$$W(0)' = W(0)f + W(\pi/2) (1-f)$$  \hspace{1cm} (23)$$

where $W(0)$ and $W(\pi/2)$ are the values of $W(\theta)$ when there are no closure domains present, and $f$ and $(1-f)$
are respectively the ratios of the volumes of the normal and closure domains to the volume of the crystal. It can easily be seen in figure 17a that \((1-f) = d/2L\), where \(d\) is the domain width and \(L\) the length of the crystal. The domain width for cobalt (in zero magnetic field and at room temperature) has been measured by Elmore [79] and was found to vary from a few \(\mu\)m to slightly more than 60 \(\mu\)m, depending upon the crystal. The domain width is proportional to \(K_1^{-1/2}\), where \(K\) is the anisotropy energy. Since the latter changes from \(\sim 4 \times 10^6\) erg/cm\(^2\) at 303 K to \(\sim 7 \times 10^6\) erg/cm\(^2\) at low temperatures, the values measured by Elmore should be reduced by \(\sqrt{4/7} = 0.75\). In addition to those measured values, \(d\) can also be calculated following the method of Landau and Lifshitz [80]. These calculations yield a \(d\) of about 15 \(\mu\)m for cobalt; thus we see that \(d\) can vary from a few \(\mu\)m to about 50 \(\mu\)m, depending upon the crystal. The same parameters were used to determine \(W(0)\), \(W(\pi/2)\) and \(T\) as those used in table 3. As can be seen in this table, the effect of the closure domains on the deduced temperature is fairly small for \(d = 10\) \(\mu\)m. For \(d = 50\) \(\mu\)m, the temperature error is about five times greater. Since these calculations, as mentioned earlier, give larger temperature errors than are actually the case for the \(^{60}\)CoCo(hcp) thermometer, we will assume that the \(d = 10\) \(\mu\)m results are more representative of the true situation.

The effect of the closure domains can be completely avoided by following a suggestion of Shirley [81]; namely, to activate only the center part of the sample. This can easily be carried out by making small cadmium "boots" to cover the ends of the sample during the irradiation.Such thermometers have been made by Marshak [14] and compared to fully activated 5/1 and 10/1 (5 \(\times\) 1 \(\times\) 1 mm\(^3\) and 10 \(\times\) 1 \(\times\) 1 mm\(^3\)) thermometers. The results of these measurements showed that the fully activated 5/1 and 10/1 thermometers yielded essentially the same temperatures, whereas a 5/1 center activated thermometer yielded slightly lower temperatures. Unfortunately, the comparison was only done at a few temperatures (> 13 K) and the imprecision (~1\%) was not adequate to discern any significant trend. On the basis of table 9, more precise measurements (~0.1\%) are needed.

Disk-shaped \(^{60}\)CoCo(hcp) thermometers should be avoided since the contribution from the closure domains is quite large. Chandra and Radhakrishnan [82] have compared a 3 mm dia \(\times\) 0.2 mm thick disk-shaped \(^{60}\)CoCo(hcp) thermometer with one which was 5 \(\times\) 1 \(\times\) 0.3 mm\(^3\). By measuring \(W(0)'\) and \(W(\pi/2)'\) for both thermometers and comparing them to the calculated values for \(W(0)\) and \(W(\pi/2)\) they were able to deduce that \((1-f) = 0.18\) for the disk-shaped thermometer and essentially zero for the other.

### Table 9. Temperature errors due to closure domains for the \(^{60}\)CoCo(hcp) thermometer.

These calculations were done for the closure domain structure shown in figure 17a. The same parameters were used to calculate \(W(0)\), \(W(\pi/2)\), and \(T\) as those used in table 3. See text for further details.

<table>
<thead>
<tr>
<th>(W(0))</th>
<th>(W(\pi/2))</th>
<th>(T)</th>
<th>(\Delta T/T)</th>
<th>(W(0))'</th>
<th>(W(\pi/2)')</th>
<th>(\Delta T/T)</th>
</tr>
</thead>
<tbody>
<tr>
<td>(f=0.9995)</td>
<td>(f=0.9975)</td>
<td>(D=10\ \mu, L=1\ cm)</td>
<td>(D=50\ \mu, L=1\ cm)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>0.014932</td>
<td>1.249941</td>
<td>1.3 mK</td>
<td>0.015549</td>
<td>1.405%</td>
<td>0.018049</td>
<td>6.63%</td>
</tr>
<tr>
<td>0.027535</td>
<td>1.228283</td>
<td>5.0</td>
<td>0.279886</td>
<td>0.106</td>
<td>0.329787</td>
<td>3.51</td>
</tr>
<tr>
<td>0.470108</td>
<td>1.201600</td>
<td>6.9</td>
<td>0.470473</td>
<td>0.081</td>
<td>0.471963</td>
<td>0.406</td>
</tr>
<tr>
<td>0.633227</td>
<td>1.155682</td>
<td>10.0</td>
<td>0.633588</td>
<td>0.063</td>
<td>0.634633</td>
<td>0.314</td>
</tr>
<tr>
<td>0.783152</td>
<td>1.099681</td>
<td>15.0</td>
<td>0.783310</td>
<td>0.055</td>
<td>0.783943</td>
<td>0.253</td>
</tr>
<tr>
<td>0.860448</td>
<td>1.05634</td>
<td>20.0</td>
<td>0.860501</td>
<td>0.045</td>
<td>0.861461</td>
<td>0.227</td>
</tr>
<tr>
<td>0.930358</td>
<td>1.013686</td>
<td>50.0</td>
<td>0.931090</td>
<td>0.041</td>
<td>0.931295</td>
<td>0.206</td>
</tr>
<tr>
<td>0.950508</td>
<td>1.015977</td>
<td>40.0</td>
<td>0.999538</td>
<td>0.043</td>
<td>0.999659</td>
<td>0.159</td>
</tr>
<tr>
<td>0.973528</td>
<td>1.012122</td>
<td>50.0</td>
<td>0.975548</td>
<td>0.039</td>
<td>0.975627</td>
<td>0.155</td>
</tr>
</tbody>
</table>
Table 10. Total temperature uncertainty, \((\Delta T/T)\), for the \(^{60}\text{CoCo}(hcp)\) thermometer. Case I includes all the errors given in tables 4 through 6, and those for \(\Delta \theta = \pm 1^\circ\) (table 7), FWHM = 1\(^\circ\) (table 8), and \(f = 0.9995\) (table 9). Case II does not include the errors due to the mixing ratio (table 5). Case III does not include the errors due to the mixing ratio (table 5), or those due to the closure domains (table 9). See text for further details.

<table>
<thead>
<tr>
<th>(T)</th>
<th>((\Delta T/T)), Case I</th>
<th>((\Delta T/T)), Case II</th>
<th>((\Delta T/T)), Case III</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.3</td>
<td>+3.073%</td>
<td>+3.074%</td>
<td>+2.734%</td>
</tr>
<tr>
<td></td>
<td>-2.129</td>
<td>-2.129</td>
<td>-2.129</td>
</tr>
<tr>
<td>5.0</td>
<td>-0.218</td>
<td>+0.205</td>
<td>-0.175</td>
</tr>
<tr>
<td></td>
<td>-0.159</td>
<td>-0.140</td>
<td>-0.140</td>
</tr>
<tr>
<td>6.9</td>
<td>+0.170</td>
<td>+0.150</td>
<td>+0.127</td>
</tr>
<tr>
<td></td>
<td>-0.131</td>
<td>-0.104</td>
<td>-0.104</td>
</tr>
<tr>
<td>10.0</td>
<td>+0.141</td>
<td>+0.114</td>
<td>+0.095</td>
</tr>
<tr>
<td></td>
<td>-0.116</td>
<td>-0.081</td>
<td>-0.081</td>
</tr>
<tr>
<td>15.0</td>
<td>+0.119</td>
<td>+0.092</td>
<td>+0.077</td>
</tr>
<tr>
<td></td>
<td>-0.102</td>
<td>-0.068</td>
<td>-0.068</td>
</tr>
<tr>
<td>20.0</td>
<td>+0.111</td>
<td>+0.085</td>
<td>+0.072</td>
</tr>
<tr>
<td></td>
<td>-0.097</td>
<td>-0.065</td>
<td>-0.065</td>
</tr>
<tr>
<td>30.0</td>
<td>+0.107</td>
<td>+0.082</td>
<td>+0.071</td>
</tr>
<tr>
<td></td>
<td>-0.095</td>
<td>-0.066</td>
<td>-0.066</td>
</tr>
<tr>
<td>40.0</td>
<td>+0.109</td>
<td>+0.085</td>
<td>+0.075</td>
</tr>
<tr>
<td></td>
<td>-0.098</td>
<td>-0.071</td>
<td>-0.071</td>
</tr>
<tr>
<td>50.0</td>
<td>+0.113</td>
<td>-0.061</td>
<td>+0.082</td>
</tr>
<tr>
<td></td>
<td>-0.103</td>
<td>-0.078</td>
<td>-0.078</td>
</tr>
</tbody>
</table>

The total temperature uncertainty, \((\Delta T/T)\), is given in table 10 for three different cases. In the first case we included all the errors discussed in tables 4 through 9. The values used for the c-axis misalignment (table 7) and for the mosaic spread (table 8) were \(\Delta \theta = \pm 1^\circ\) and FWHM = 1\(^\circ\) respectively. Case I corresponds to the experimental situation of Soulen and Marshak [11] where they used a NaI(Tl) detector to count both \(\gamma\)-rays. The second case is for the experimental situation where only the 1332.5 keV \(\gamma\)-ray is detected; thus we can ignore the mixing ratio uncertainties given in table 5. This case would also correspond to the experimental situation in Case I if the value of \(\delta(M3/E2)\) for the 1173.2 keV transition were actually equal to zero. Case III is the same as Case II except we did not include the uncertainties due to the closure domains (table 9), since, as mentioned previously, they can be avoided.

The total uncertainty was calculated assuming that all the errors are independent. The asymmetry in each \((\Delta T/T)\) value is due to the angular contributions which yield only positive errors. With the exception of 1.3 mK, all the values of \((\Delta T/T)\) in table 10 lie between +0.218 and -0.159%. The values for 1.3 mK are quite large for all three cases; this is mainly due to the uncertainties in \(Q_A\) and those from the angular terms. As can be seen, all the \((\Delta T/T)\) values for Case I are larger than those in table 3, which were calculated using slightly different values for the parameters \(\Delta \mu\) and \(P/k\) (see discussion on table 3). Even when the uncertainties due to the mixing ratio and closure domains are eliminated (Case II and III), the values of \((\Delta T/T)\), are still not negligible in comparison to the differences given in table 3. Thus, in order to do very precise thermometry (<0.1%) using the \(^{60}\text{CoCo}(hcp)\) thermometer, not only are more accurate values of \(\Delta \mu\) and \(P/k\) needed, but also those for \(Q_A\) and \(\Delta \theta\).

In section 5 we will review the experimental results of Soulen and Marshak [11], making use of the \((\Delta T/T)\) values for Case I. In addition to the references already cited, some examples of the use of \(^{60}\text{CoCo}(hcp)\) thermometers can be found in [77 and 83-86].
4.4 Holmium-166m

The useful temperature ranges of all the γ-RA thermometers that have been discussed in this section so far have been limited to the region below ~100 mK. In order for a thermometer to operate at higher temperatures, $\Delta_{nf}$ must be larger. It is known that $\Delta_{nf}$ for some of the rare earth metals and their alloys are quite large. Although there are many possibilities for developing γ-RA thermometers using the rare earths, only two systems have been investigated to date, both using the long-lived (1200 y) isotope $^{166}\text{Ho}$. The first system, $^{166}\text{Ho}$ in gold, has been studied by Barclay and coworkers [88]. The second system, $^{166}\text{Ho}$ in hcp holmium single crystal, has been studied by Marshak [12,87]. Since holmium, like cobalt, is monoisotopic ($^{165}\text{Ho}$), $^{166}\text{Ho}$ can be easily produced in-situ in holmium single crystals by neutron activation. This method of sample preparation, which leads to quite uniform and reproducible samples because the radioactivity is incorporated into substitutional sites without any clustering, is particularly advantageous for γ-RA thermometry. Since the $^{166}\text{HoAu}$ thermometer has been described in considerable detail by Barclay et al. [88], and as some sample problems do exist (e.g., clustering), we will only discuss the $^{166}\text{HoHo}(\text{hcp})$ thermometer.

The first indication that $^{166}\text{Ho}$ could be a useful nucleus for thermometry was obtained by Postma [89] in his work on holmium ethyl sulfate. Unfortunately, this work was done before Ge(Li) detectors were in use so that the anisotropies from the individual γ-rays could not be fully resolved.

In comparison to the other radioactive nuclei that have been discussed, $^{166}\text{Ho}$ has a rather complicated decay scheme. In figure 7 we showed part of a 4096 channel spectrum of $^{166}\text{Ho}$ taken with a Ge(Li) detector. As one can see in this figure, there are numerous γ-rays which could be used for thermometry. In figure 18 we show part of the decay scheme of $^{166}\text{Ho}$, indicating only the nine most intense transitions. Holmium-166m ($I^"=7$) decays by $\beta^-$ emission via two branches, both going to 6$^+$ levels in $^{166}\text{Er}$. The $U_\lambda$ coefficients are the same for both branches and can be calculated exactly since they can only go by spin change 1 for an allowed transition. The energy levels of $^{166}\text{Er}$ have been studied extensively because they provide a good test of the collective model. Most of the spins and parities of the levels are known; however, until very recently [12,14,90,91] very few precise multipole mixing ratio measurements have been made. Although all of the γ-rays shown in figure 18 can be used for thermometry (see fig. 4 of [12]), the energy, intensity and $U_\lambda A_\lambda$ values for the 712 and 810 keV transitions make them the most useful, therefore we will limit our discussion to these two. The values for the $U_\lambda$ and $A_\lambda$ coefficients for both γ-rays are given in table 1. The 712 keV transition goes from one of the $\beta^-$ fed 6$^+$ levels to the 5$^+$ level of the gamma vibrational band ($K=2$) and is expected to be almost pure E1. The 810 keV transition, which goes from the 5$^+$ level of the $K=2$ band to the 4$^+$ level of the ground state band ($K=0$), should be mostly E2. The $U_\lambda$ coefficients for the 712 keV transition can be calculated exactly since only the $\beta^-$ feeding is involved. In contrast, the $U_\lambda$ coefficients for the 810 keV transition cannot be calculated as accurately since they also involve all the γ-rays feeding the 5$^+$ level. The values given in table 1 for the $A_\lambda$ coefficients and multipole mixing ratios were determined using the measured values of $U_\lambda A_\lambda$ [12,14] and the calculated values for the $U_\lambda$ coefficients. Since only the measured values of $U_\lambda A_\lambda$ and their uncertainties are needed for thermometry,
these are obtained from table 1 by ignoring the calculated uncertainties, \( \{ \) , in the \( U_\lambda \) coefficients for the 810 keV transition, i.e., the measured uncertainties in \( U_\lambda A_\lambda \) are all placed with the \( A_\lambda \) coefficients. The uncertainties in the calculated \( U_\lambda \) coefficients for the 810 keV transition were, of course, included in calculating the uncertainty in its mixing ratio.

Although the values for the \( U_\lambda A_\lambda \) coefficients for both \( \gamma \)-rays have rather large uncertainties (compared to most of the other \( \gamma \)-rays in table 1), at the present time they are not the major source of the temperature uncertainty for the \( ^{166m}\text{HoHo(hcp)} \) thermometer.

The average \( \beta^- \) energy for \( ^{166m}\text{Ho} \) is 41 keV and results in a \( \dot{Q}_\beta = 0.15 \text{ erg/min} \) for a 1 \( \mu \text{Ci} \) source. Depending upon the size of a \( ^{166m}\text{HoHo(hcp)} \) thermometer, fairly large \( \dot{Q}_\gamma \) self-heating can occur, especially from some of the lower energy \( \gamma \)-rays which are highly converted. However, as we will see in the next section, since the thermometer is usually used at temperatures \( > 32 \text{ mK} \), and almost always in a magnetic field (a superconducting solder must be used to attach it), the self-heating (due to both \( \dot{Q}_\beta \) and \( \dot{Q}_\gamma \)) is usually no problem.

Since the half-life of \( ^{166m}\text{Ho} \) is 1200 y, no lifetime correction need be made to the data.

\textbf{\( ^{166m}\text{HoHo(hcp)} \) Single Crystal}

One of the most interesting \( \gamma \)-RA thermometers is \( ^{166m}\text{Ho} \) in hcp holmium single crystal. The hyperfine interaction for monoisotopic \( ^{165}\text{Ho} \) holmium metal (\( \Delta_{hf} = 310 \text{ mK} \)) is the largest of all the rare earth metals. The hyperfine field, which is mainly due to the unpaired 4f electrons, is 740 T. As mentioned earlier, substitutional replacement of \( ^{165}\text{Ho} \) with \( ^{166m}\text{Ho} \) can be accomplished quite easily by neutron activation. Since the ratio of the \( g_\gamma \)-factors, \( g_\gamma (^{166m}\text{Ho})/g_\gamma (^{165}\text{Ho}) = 0.45 \), the resulting hyperfine interaction for \( ^{166m}\text{HoHo(hcp)} \) should be about 140 mK. Although this is considerably less than that for \( ^{165}\text{Ho} \), it is still quite large in comparison to all the other \( \Delta_{hf} \) in table 1. The low temperature atomic magnetic properties of holmium metal have been determined both by neutron diffraction [92,93] and magnetization [94] studies. Whereas cobalt is a fairly simple uniaxial (c-axis) ferromagnet with a linear atomic magnetic spin structure, holmium is a very complicated uniaxial (also c-axis) ferromagnet with a helical atomic magnetic spin structure \( (B_{||} = 0) \). Specifically, the atomic moments in holmium are canted at an angle of about 10° out of the basal plane of the hcp lattice, and, although parallel in any one basal plane layer, are rotated through a fixed angle from layer to layer. The latter angle is called the turn angle of the helix and for holmium it is 30°. Thus the atomic moments define 12 different axes. Since the hyperfine field directions follow the atomic moment directions, the hyperfine fields in holmium form an identical helical spin structure. In essence we have a multiaxial (12) nuclear spin system with the axes lying on a cone of half-angle 80°, whose symmetry axis is the c-axis.

Marshall and Turrell [95,96] have studied the spatial distribution of the \( \gamma \)-rays emitted from \( ^{166m}\text{Ho} \) incorporated into hcp holmium single crystal by neutron activation. Their results show that the nuclear spin axis of \( ^{166m}\text{Ho} \) do lie on a cone of semi-angle 80°, thus confirming that the neutron activation does lead to substitutional replacement of \( ^{165}\text{Ho} \).

As expected, the atomic magnetization of holmium metal is very anisotropic. The c-axis is the hard axis of magnetization, requiring fields of the order of 25 to 30 T to destroy the helical spin structure and achieve magnetic saturation. In contrast, the helical spin structure is destroyed very easily when a field (\( \sim 0.5 \) T) is applied in the basal plane alone one of the b-axes (easy axes). Thus, in order for a \( ^{166m}\text{Ho} \) thermometer to operate at the highest possible temperature it should be a single crystal, i.e., \( ^{166m}\text{HoHo(hcp)} \), with at least 0.5 T applied along an easy axis. Although the \( ^{166m}\text{HoHo(hcp)} \) thermometer can operate in zero field, the multiaxial nature of the distribution of hyperfine fields substantially reduces the \( \gamma \)-ray anisotropy over that for a single-axis system.

Unfortunately, no NMR/ON measurement of \( \Delta_{hf} \) for \( ^{166m}\text{HoHo(hcp)} \) has yet been made. This is mainly due to the difficulties in preparing a usable NMR/ON sample. Such a sample would have to have all the \( ^{166m}\text{Ho} \) located in a surface thickness of about 0.1 \( \mu \text{m} \). The reason for this is that the expected resonance frequency is very high \( (\nu_{hr} = 3 \text{ GHz}) \) resulting in a very shallow skin depth \( (\sim 0.1 \mu \text{m}) \). One possible way to prepare such a sample would be by ion implantation using an isotope separator.

Although no direct measurement of the hyperfine parameters has been made for \( ^{166m}\text{HoHo(hcp)} \), indirect measurements have been carried out using the thermal method. In this method experimental values for the nuclear orientation parameters, \( B_n (I,J) \), are obtained by measuring \( W(0) \) and \( W(T/2) \) as a function of temperature for a "known" \( \gamma \)-ray (i.e., one for which the \( U_\lambda A_\lambda \) coefficients are known). The temperature is determined using either a primary or secondary thermometer. For most radioactive decays, usually only the \( \lambda = 2 \) and \( \lambda = 4 \) terms are necessary. The
explicit expressions for \( B_2(I,T) \) and \( B_4(I,T) \) are

\[
B_2(I,T)_{\text{exp}} = \frac{3W(0)-8W(\pi/2)+5}{7U_4A_2Q_2},
\]

\[
B_4(I,T)_{\text{exp}} = \frac{4W(0)+8W(\pi/2)-12}{7U_4A_4Q_4}.
\]

(24)

Assuming a certain form for the interaction Hamiltonian, e.g., eq (10), theoretical values for \( B_2(I,T) \) can be calculated using eq (9) and least-square-fitted to the experiment values to obtain the hyperfine parameters. Using this method to fit eight of the \( \gamma \)-rays simultaneously, Marshak [12] has obtained \( \Delta_m = 137(5) \text{ mK} \) and \( P/k = -0.6(6) \text{ mK} \) for \( ^{166m}\text{HoHo}(\text{hcp}) \).

The errors in the parameters are quite large and are mostly due to the uncertainty in determining the temperature. Although more accurate thermometry can be done to reduce the uncertainties in \( \Delta_m \) and \( P/k \), the temperature scale defined by the \( ^{166m}\text{HoHo}(\text{hcp}) \) thermometer will still be a secondary scale, since it is based on another thermometer. Only when the energy splittings are measured directly (e.g., by NMR/ON) can the \( ^{166m}\text{HoHo}(\text{hcp}) \) thermometer be used to realize absolute temperatures directly.

The sensitivity functions for the 712 and 810 keV \( \gamma \)-rays for the \( ^{166m}\text{HoHo}(\text{hcp}) \) thermometer have been shown in figure 4, and discussed in section 2.2. The useful temperature range for each \( \gamma \)-ray is given in table 1. As can be seen in figure 4, the 810 keV \( \gamma \)-ray should be used for temperature measurements below \( \sim 300 \text{ mK} \), whereas the 712 keV \( \gamma \)-ray should be used above \( \sim 300 \text{ mK} \).

Although no SLR-time measurements have been reported for the \( ^{166m}\text{HoHo}(\text{hcp}) \) system, estimates [88] indicate that the \( \tau_1(\text{lim}) \) should be rather short—the order of seconds or less. Marshak [14] has made some measurements of the thermal response time of a \( ^{166m}\text{HoHo}(\text{hcp}) \) thermometer and found it to be less than \( \sim 60 \text{ s} \). These results are not inconsistent with the \( \tau_1(\text{lim}) \) estimate above, since a substantial fraction of the thermal response time is due to the large nuclear specific heat of the \( ^{165}\text{Ho} \) in the thermometer. This large nuclear specific heat can be particularly bothersome in some experiments when temperature measurements are made at widely spaced intervals (\( \Delta T \sim 50 \) to \( \sim 100 \text{ mK} \)).

The method used to prepare a \( ^{166m}\text{HoHo}(\text{hcp}) \) thermometer is essentially the same as that used for a \( ^{60}\text{CoCo}(\text{hcp}) \) thermometer, i.e., spark cutting, spark planing, polishing and etching a small single crystal from a larger one, and then activating it in a reactor. The long dimension should now be a b-axis, as these

are the easy axes of magnetization. The activation is slightly more complicated than that for cobalt, as a short-lived (27 h) isomer is also produced along with the 1200 \( \gamma \) isomer. Before the thermometer can be used the short-lived activity has to decay away.

Further information on the \( ^{166m}\text{HoHo} \) thermometer can be found in the next section, and in the references already cited.

5. Recent Experimental Results

In this section we will review some of the recent experimental results using \( \gamma \)-RA thermometers. Since Hudson and coworkers' [3] review of NO thermometry covered the period up to 1974, we will concentrate on the work after 1974. The \( \gamma \)-RA thermometers will be discussed (where possible) in the same order as that used in the last section.

In many experimental situations, thermometry must be done in the presence of large magnetic fields. Although \( \gamma \)-RA thermometers would seem to be ideally suited for such measurements, problems could arise which would lead to erroneous results. Brewer [34] has investigated this problem for the \( ^{55}\text{MnNi} \) and \( ^{60}\text{CoFe} \) thermometers. In figure 19 we show his results comparing the temperatures derived from both thermometers in fields up to 7 T. The solid line indicates exact agreement. At low fields (1.56 T) and for temperatures down to 8 mK, the agreement was found to be better than 0.5%. The high field data (4.6 and 7.1 T), taken at temperatures from 12 to 20 mK, showed the \( ^{60}\text{CoFe} \) thermometer yielding 3.8% higher
temperatures (dashed line in fig. 19) than the $^{54}\text{MnNi}$ thermometer. This difference is thought [24] to be due to either higher eddy-current heating in the Fe foil (caused by sample vibration), or more likely, the bending of the $^{60}\text{Co}$ $\beta$-particles back into the foil giving increased heating (compared to the electron capture decay of $^{54}\text{Mn}$) at high fields.

Brewer [24] has also recently compared the $^{54}\text{MnNi}$ and $^{60}\text{CoNi}$ thermometers down to 3 mK in low magnetic fields (less than 1.2 T). His results are shown in figure 20. (A piece of the same $^{60}\text{CoNi}$ foil was tested by the Oxford NO Group and found to be reliable down to 2.5 mK). As can be seen, at 0.33 T the $^{54}\text{MnNi}$ thermometer indicates $\sim$100% higher temperatures than those from the $^{60}\text{CoNi}$ thermometer; at 0.78 T, the agreement is good down to 5 mK, where the $^{54}\text{MnNi}$ thermometer saturates; at 1.2 T, it agrees down to 4 mK, and then saturates again. This saturation, which looks just like the saturation one sees when a thermometer loses thermal contact, is clearly a function of the applied field. Brewer suggests that it is caused by a deviation (angle) between the local quantization axis and the applied field, which gets smaller as the field increases (Aharoni effect). Because of the shape of the anisotropy curve, $\Delta T/T$ is more pronounced at low temperatures (see table 7). As the field is increased, resulting in a smaller angle, the saturation occurs at lower temperatures. Brewer has seen this magnetic “hardness” in every $^{54}\text{MnNi}$ thermometer he has made, regardless of whether it was melted or diffused, cold-rolled or annealed. In addition, he has not seen it in $^{57}\text{CoNi}$ or $^{60}\text{CoNi}$ thermometers, i.e., both thermometers seem to be completely saturated (magnetically) at 0.2 T. Clearly, these very interesting results should be kept in mind when using the $^{54}\text{MnNi}$ thermometer at low temperatures.

The Oxford NO Group [97] has compared the $^{54}\text{MnNi}$ thermometer to $^{60}\text{CoFe}$, $^{60}\text{CoNi}$ and $^{60}\text{CoCo}(\text{hcp})$ thermometers. These measurements covered the temperature range $\sim$12.5 to $\sim$42 mK, and were done in magnetic fields of 0.5 to 1.0 T. Both axial and equatorial detectors were used. Within the imprecision of their measurements (typically $\pm$1 and $\pm$2% at 20 mK for the axial and equatorial detectors, respectively) the results showed that each of the three $^{60}\text{Co}$ thermometers agreed with the $^{54}\text{MnNi}$ thermometers, and that no problems were encountered with saturation of the ferromagnetic domains. In figure 21 we show their results for a 4.5 $\times$ 1 $\times$ 1 mm$^3$ $^{60}\text{CoCo}(\text{hcp})$ thermometer and a $^{54}\text{MnNi}$ thermometer (supplied by the Bonn NO Group). This group also compared a second, more needle-like, $^{60}\text{CoCo}(\text{hcp})$ thermometer (supplied by the Berlin NO Group) to the $^{54}\text{MnNi}$ thermometer and obtained similar results. Thus, within the imprecision of their measurements, they do not see any effect of the closure domains in their 4.5 $\times$ 1 $\times$ 1 mm$^3$ $^{60}\text{CoCo}(\text{hcp})$ thermometer. However, since both $^{60}\text{CoCo}(\text{hcp})$ thermometers were used in a magnetic field, the contribution from the closure domains will be reduced over that in zero field. In addition, on the basis of table 9, the effect of the closure domains for a $\sim$5/1 $^{54}\text{MnNi}$ thermometer, used even in zero field, will only be a few tenths of a percent for temperatures greater than 10 mK.

Comparison experiments between $\gamma$-RA thermometers can be particularly useful in “weeding out” bad thermometers. In figure 22 we show the results of a comparison (dashed line) between a $^{60}\text{CoCo}(\text{hcp})$ thermometer and a $^{54}\text{MnNi}$ thermometer, in a field of
0.54 T, by the Bonn NO Group [33]. The solid line would indicate exact agreement between the thermometers. As can be seen, the $^{60}\text{Co}_{\text{Co}}\text{(hcp)}$ yields too high (≈3%) a temperature and is clearly suspect.

A good example of the use of γ-RA thermometers as calibration thermometers can be found in the work of Babcock and coworkers [69,35]. In figures 23 and 24 we show their calibration of a tin nuclear magnetic susceptibility thermometer using both $^{54}\text{MnNi}$ and $^{60}\text{CoNi}$ thermometers. By utilizing these two γ-RA thermometers, with overlapping sensitivity functions (see figs. 12 and 16 and table 1), they were able to cover a fairly wide temperature range (2 to 40 mK) with good sensitivity. The applied field used for the γ-RA thermometers was 0.55 T. The susceptibility of the tin (119Sn) nuclei was measured using a flux transformer-superconducting quantum interference device (SQUID) magnetometer. The results showed that susceptibility followed a $T^{-1}$ behavior from 2 to 15 mK (see fig. 24). Above 15 mK, the temperature dependence is no longer $T^{-1}$ (see fig. 23); the deviation is thought to be due to either iron impurities in the tin or paramagnetic impurities in the magnetometer itself [35,98]. The calibrated tin thermometer was used to study nuclear magnetic ordering in PrCu$_6$ [69]. The advantage in using the calibrated tin thermometer for these measurements, rather than the γ-RA thermometers themselves, is its very fast response time.

Turning now to the $^{57}\text{Co}$ thermometers, because of the low energy of the γ-rays, their major use has been
in experiments where two $\gamma$-RA thermometers must be used simultaneously (e.g., to measure temperature gradients). Ernst and coworkers [99] have used $^{57}$CoNi and $^{60}$CoFe thermometers to check for temperature gradients in a rhenium single crystal used in a nuclear quadrupole alignment experiment. They have also used $^{57}$CoNi and $^{54}$MnFe thermometers in similar measurements involving a lutetium single crystal [30]. Heldari-Dehkordi and coworkers [59] have used $^{57}$CoNi and $^{60}$CoFe similarly for measuring the hyperfine fields at $^{54}$Mn and $^{53}$Cr nuclei incorporated into the intermetallic compound ZnFe$_2$. In figure 25 we show their experimental arrangement. A comparison of the temperatures of the two thermometers for various applied fields is shown in figure 26. With the exception of the 1.07 T data, the agreement (no temperature gradient) is quite good in the temperature range 6 to 11 mK. The discrepancy above 11 mK is due to the thermal lag between the two thermometers during the cooling down and warming up procedures for the adiabatic demagnetization cryostat. The discrepancy in the 1.07 T data, which shows that the $^{57}$CoNi thermometer (mounted directly on the cold finger) is colder than the $^{60}$CoFe thermometer (mounted directly on the ZnFe$_2$ sample), is thought to be due to incomplete magnetization of the $^{60}$CoFe thermometer caused by its being directly coupled to the incompletely magnetized ZnFe$_2$ sample. Brewer [100] has also used $^{54}$MnNi along with either $^{60}$CoCo(hcp) or $^{60}$CoFe thermometers in a similar fashion to detect temperature gradients.

We will now review the $^{60}$Co thermometers. Andres and coworkers [64] have carried out a careful investigation of the reliability of both the $^{60}$CoFe and the $^{60}$CoNi thermometers prior to using them in separate experiments to evaluate the performance of their PrCu$_6$ demagnetization cryostat. In addition to discussing both thermometers in considerable detail, they also give other information which can be quite useful in similar low temperature experiments employing $\gamma$-RA thermometers. After preparing their thermometers very carefully, they performed NMR/ON measurements on the thermometers themselves to check that the resonance occurred at the predicted frequency and with the expected linewidth. These results demonstrated that most of the $^{60}$Co nuclei were subjected to the same hyperfine field. In order to ensure that the 0.3 T field used for the thermometers was sufficient to achieve magnetic saturation, they measured $W(0)$ and $W(\pi/2)$ as a function of applied field at a fixed temperature. In
In Figure 27 we show their results for the 1.33 MeV $\gamma$-ray of the $^{60}\text{CoFe}$ thermometer. These measurements were made at a temperature of 16.7 mK. As can be clearly seen, saturation is reached at about 0.2 T. Using their calculated values for $Q_\lambda$, they found that the saturation values of $W(0)$ and $W(\pi/2)$ were consistent with each other, thus indicating that the axis of quantization of the nuclear spin system is colinear with the applied magnetic field. As a check on their $Q_\lambda$ values, they measured the asymptotic value ($T\to 0$) of $W(\pi/2)$ for the $^{60}\text{CoFe}$ thermometer and compared it to the theoretical value. The agreement was within 1%. In Figure 28 we show their results (for the 1.33 MeV $\gamma$-ray of the $^{60}\text{CoFe}$ thermometer) comparing the temperatures deduced from the $W(0)$ data with those from the $W(\pi/2)$ data. Although $W(\pi/2)$ becomes insensitive to $T$ at low temperatures (as indicated by the large error bars), both sets of data give consistent temperatures. They also investigated the effect of the background radiation and found it to be negligible. As a check, they compared the temperatures deduced from both the 1.17 and 1.33 MeV $\gamma$-rays. As can be seen in Figure 29, the agreement is excellent. Finally, both $^{60}\text{CoFe}$ and $^{60}\text{CoNi}$ thermometers were used to monitor the performance of the PrCu$_6$ stage of their...
demagnetization cryostat. In figure 30 we show a typical warm-up curve of the PrCu$_6$ stage taken with a $^{60}$CoNi thermometer. The demagnetization was done from about 25 mK and 2.4 T to zero field. Typical end temperatures, as determined by the $^{60}$CoNi thermometer, for identical demagnetizations were 2.76 and 2.68 mK. When a similar demagnetization was done using a $^{60}$CoFe thermometer, the end temperature was 2.78 mK. Their results show that both thermometers give essentially the same temperatures, so that either one can be used to monitor the performance of such refrigerators.

Considerable use has been made of this PrCu$_6$ demagnetization cryostat by the Munich NO Group. Another example of the use of the $^{60}$CoNi by this group is that made by Eska and coworkers [68] in their study of recoil-implanted $^{52}$Mn in pure Au. The measurements of the $^{52}$MnAu foil were made in fields of from 0.005 to 0.3 T. Since the $^{60}$CoNi thermometer was exposed to the same fields, magnetic saturation was not achieved. Thus, the magnetization of the $^{60}$CoNi thermometer had to be measured in order to correct the measured anisotropies to saturation magnetization values, before any meaningful temperatures could be obtained. In figure 31 we show the magnetization results. These measurements were made at a temperature of about 3.2 mK using both the $W(0)$ and $W(\pi/2)$ anisotropies, viz., $\epsilon = [W(0)/W(\pi/2)] - 1$. As can be seen, saturation magnetization occurs above 0.35 T. Both the 1.17 and 1.33 MeV $\gamma$-rays were used for thermometry after first establishing that they gave the same anisotropy. This comparison is shown in figure 32. Eska and coworkers found that the systematic deviation from exact agreement (solid line) was much smaller than the error from the counting statistics. In using the $^{60}$CoNi thermometer in this fashion (correcting the low field anisotropies to saturation values), they were able to measure the anisotropies of the three most intense $\gamma$-rays from the $^{52}$MnAu sample as a function of both the magnetic field and the temperature. These data, along with SLR measurements, enabled them to conclude that the behavior of the $^{52}$MnAu system at low temperatures was due to both Kondo and relaxation effects.

Going on to the $^{60}$CoCo(hcp) thermometer, we note that Hunik [38] has made extensive use of this thermometer to measure the performance of his two-stage (PrCu$_6$ plus an indium stage) nuclear demagnetization cryostat, and also to calibrate both a Pt NMR thermometer and a brute force $^{95}$NbPt $\gamma$-RA thermometer. In figure 33 we show his results for the SLR time of Pt as a function of the inverse temperature of the $^{60}$CoCo(hcp) thermometer.
temperature range covered in the calibration was 2.4 to 6 mK. A Korringa constant of 30.1 ms·K (solid line) fitted the data. The calibrated Pt NMR thermometer was then used to measure temperatures down to 0.88 mK.

The final $^{60}$Co$_{(hcp)}$ thermometer work that we will review is that by Soulen and Marshak [11]. Their use of this thermometer is unique in that it was directly compared to another primary thermometer, a Josephson junction noise (JJN) thermometer. The $^{60}$Co$_{(hcp)}$ thermometer is ideally suited for these measurements since it can operate in zero field, a condition imposed by the JJN thermometer. The temperature range covered in this comparison experiment was 10.2 to 50.3 mK. The results of these measurements, along with noise thermometer measurements from 50 to 500 mK, form the basis for the National Bureau of Standards–Cryogenic Temperature Scale-1 (NBS-CTS-1).

In order to achieve high statistical precision, these comparison measurements were done in a different fashion than most of the comparison experiments previously described; data were accumulated at constant temperature for long periods of time. In particular, the following routine was used to compare the thermometers which were mounted on a cold finger attached to the mixing chamber of a $^3$He-$^4$He dilution refrigerator: on the morning of a given day, a predetermined resistance value for a carbon thermometer mounted on the mixing chamber was set on a resistance bridge and a temperature controller activated. Both noise and $\gamma$-ray data were taken "cold" simultaneously for a period of 10–13 h at constant temperature (fluctuations were less than 7 $\mu$K). The refrigerator was then warmed to, and maintained at, 205 mK, where "warm" data were taken overnight (about 8–10 h) by both thermometers (the warm data are actually only needed by the $\gamma$-ray thermometer). The next morning the refrigerator was cooled to a different predetermined resistance value and cold data taken again by both thermometers for another 10–13 h. Then another set of warm data at 205 mK was taken overnight. This routine was followed for 51 days during which the refrigerator was never warmed above 205 mK. Fourteen different resistance values were chosen covering the temperature range of $\sim$10 to $\sim$50 mK. At least two, and as many as four, measurements were made at each of the 14 resistance values.

Although both a NaI(Tl) detector (placed at 0°) and a Ge(Li) detector (placed at 180°) were used in the measurements, only the NaI data were used for the comparison. This was primarily due to the poor counting statistics obtained as a result of the low efficiency of the small (~10 cc) Ge(Li) detector used in these measurements. The NaI data were taken in the manner described in section 3.3, i.e., by setting a window to accept all pulses from A to B in figure 8.

Counts for a typical run (either cold or warm) from the NaI(Tl) detector were accumulated automatically in 400 s intervals with a 6 s dead time between each interval for printout. From these data, 70 to 120 intervals of 400 s counts, the mean and its standard deviation were calculated. Various statistical tests were made to check out each set of data. In calculating $W(0)$ for any one cold run, the average of the two bracketing warm runs was used. Values for the environmental background were obtained before the $^{60}$Co$_{(hcp)}$ thermometer was attached to the cold finger and after it was removed (at the end of a 51-day period). No effort was made to subtract the Compton background under the peaks (see sec. 3.3).

The $W(0)$ and its statistical uncertainty from each day's cold run was converted to $T_N \pm \delta T_N$. Finally, all the data were averaged for identical resistance values to give $T_N \pm \delta T_N$. The noise thermometer data were analyzed [11] for the same set of cold runs (identical resistance values) and yielded $\bar{T}_N \pm \delta \bar{T}_N$. In table 11 we give the results of these measurements. The average temperature as determined by both thermometers for the same set of cold runs is defined by $\bar{T}=(\bar{T}_N+\bar{T}_\gamma)/2$. The temperature difference between the two thermometers is given by $\Delta \bar{T} = \bar{T}_N - \bar{T}_\gamma$. The quantity $\delta \Delta \bar{T}$ represents the combined statistical uncertainty, $\sqrt{(\delta T_N)^2 + (\delta T_\gamma)^2}$, of the temperature difference. The percentage difference, $\Delta \bar{T}/\bar{T}$, is also given in table 11. As can be seen, the differences are quite small, averaging about 0.5%, with the $^{60}$Co$_{(hcp)}$ thermometer reading higher. These results are also
Table 11. Results of a comparison experiment between a Josephson junction noise thermometer and an $^{60}$CoCo(hcp) $\gamma$-RA thermometer [11]. The noise temperatures and their statistical uncertainties are designated by $\tilde{T}_N$ and $\delta\tilde{T}_N$ respectively, whereas those for the $\gamma$-ray thermometer by $\tilde{T}_\gamma$ and $\delta\tilde{T}_\gamma$. The quantity $\delta\tilde{T}$ is the combined statistical uncertainty due to both thermometers. See text for further details.

<table>
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<tr>
<th>$\tilde{T}_N$ (mK)</th>
<th>$\delta\tilde{T}_N$ (mK)</th>
<th>$\delta\tilde{T}_N/\tilde{T}_N$ (%)</th>
<th>$\tilde{T}_\gamma$ (mK)</th>
<th>$\delta\tilde{T}_\gamma$ (mK)</th>
<th>$\delta\tilde{T}$ (mK)</th>
<th>$\delta\tilde{T}/\tilde{T}$ (%)</th>
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<td>±0.520</td>
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<td>±0.016</td>
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<td>±0.641</td>
<td>±1.271</td>
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</table>

shown in figure 34 along with the ±0.5% guidelines.

This systematic difference between these two primary thermometers is thought to be mainly due to the $^{60}$CoCo(hcp) thermometer. When the Ge(Li) data are used to determine the temperatures, the results are slightly lower than those determined by the NaI data. This difference is probably due to ignoring the Compton background in the treatment of the NaI data (see sec. 3.3). If the Ge(Li) data were to be plotted in figure 34 instead of the NaI data, the overall agreement would be somewhat better. In this case $\Delta T/\bar{T}$ would average about -0.3% instead of the +0.5% for the NaI data. However, the statistical imprecision of the Ge(Li) data is not sufficient to warrant a clear choice.

The 0.5% difference between the two thermometers is clearly larger than the Case I total uncertainty, $\Delta T/\bar{T}$, given in table 10 for the temperature region covered in this comparison. In order to be affected by the uncertainties in some of the parameters (e.g., $Q_x$ and $\Delta\theta$), the comparison would have to been done to better than ~0.1%, or else at much lower temperatures. Since constant temperature measurements below the “bottoming out” temperature (~3 mK) of present day $^3$He-$^3$He dilution refrigerators are difficult to achieve, improvements must be made in the measurement of $W(0)$ at higher temperatures. As can be seen in table 11, the statistical imprecision in the measurement of $\bar{T}_\gamma$, i.e., $\delta\bar{T}/\bar{T}_\gamma$, is quite good (~±0.1%) for the lower temperature values. Thus, probably all that is needed at the present time is better treatment of the NaI data or the use of more efficient Ge(Li) detectors.

The statistical imprecision in the measurement of the noise temperatures, $\delta\bar{T}_\gamma/\bar{T}_\gamma$, is not quite as good as the $^{60}$CoCo(hcp) thermometer for the lower temperature values (see table 11). Thus, improvements must be made in the noise thermometer before a comparison can be made at the 0.1% level. Since the $^{60}$CoCo(hcp) thermometer’s sensitivity function peaks at 6.9 mK, the greatest precision can be obtained at this temperature.

In figure 35 we show some of the recent results of Marshak [12,87] on the $^{166}$HoHo thermometer. Here measured values of $W(0)$ are shown as a function of temperature for the 712 and 810 keV $\gamma$-rays. The measurements were made at 17 temperatures covering the range 24 to 670 mK, and in an applied field of 2 T. Although only 0.5 T is required for magnetic
saturation along an easy axis (for a needle-like sample), the excess field was necessary to compensate for the demagnetizing field in the disk-shaped sample used in these measurements (the applied field was in the plane along an easy axis). The theoretical curves for $W(0)$ for both $\gamma$-rays are also shown in this figure. These were calculated using $\Delta_M=137(5)$ mK and $P/k=\frac{-0.6(6)}{0.01}$ mK, and the values of $U_\chi A_\alpha$ given in table 1. The uncertainty in the measured values of $W(0)$ due to the counting statistics is less than or equal to the diameter of the circles. As can be seen, the overall agreement is quite good, except for the higher-temperature region of the 810 keV $\gamma$-ray where the experimental values are systematically low. However, as explained in the last section, the values of the parameters $\Delta_M$ and $P/k$ were determined by fitting the $W(0)$ and $W(\pi/2)$ for eight $\gamma$-rays simultaneously (including the 712 and 810 keV $\gamma$-rays), thus the theoretical curves shown are not completely independent of the measured values of $W(0)$. Further work is being done on the $^{55}$MnX(hcp) system which should make it a more useful $\gamma$-RA thermometer.

Turning now to new developments, a quadrupole orientation (alignment) $\gamma$-RA thermometer has been used by the Oxford NO Group. The advantages of such thermometers are that they do not require any magnetic field, and that their useful temperature range is lower than the dipole (or dipole plus small quadrupole) $\gamma$-RA thermometers that have already been discussed. The lower temperature range is due to the magnitude of electric quadrupole interactions, which are usually quite small ($P/k\sim0.01$ to 1.0 mK). To illustrate a quadrupole $\gamma$-RA thermometer, we consider the system consisting of $^{54}$Mn incorporated into a metallic (hcp) single crystal host X such that $P/k=-0.1$ mK, ($\nu_0=-42$ MHz). A plot of the sensitivity function for this fictitious $^{54}$MnX(hcp) quadrupole orientation thermometer is shown in figure 36. The useful temperature range is 0.1 to 4.0 mK, with its greatest sensitivity at 0.32 mK. Because of the uneven spacing of the energy levels for a quadrupole interaction (see discussion in sec. 2.2), the sensitivity function is skewed to favor the higher temperature region (above 0.32 mK). Although the useful range of this fictitious quadrupole thermometer (which depends upon the value chosen for $\nu_0$) is quite low in comparison to the dipole thermometers in table 1, the value used for $\nu_0$ (-42 MHz) is not unreasonably small for such $^{54}$MnX(hcp) systems. In fact, for the system $^{54}$MnZn(hcp), the quadrupole interaction is about an order of magnitude less than that chosen for our fictitious thermometer!

Returning to real thermometers, the quadrupole orientation $\gamma$-RA thermometer used by the Oxford NO Group was $^{193}$IrRe(hcp). Murray and coworkers [102] have determined $\nu_0$ for $^{186,188,190}$Ir in single crystal rhenium by measuring $W(0)$ as a function of temperature for some of the more intense $\gamma$-rays. For thermometry, they used a $^{64}$CoCo(hcp) thermometer since the measurements had to be made in zero field (actually a small magnetic field was used to keep both the Re single crystal, and the indium solder used to attach it, in the normal state). A PrNi$_5$ demagnetization cryostat was used in these measurements to cool the sample to 2 mK. The $^{190}$Ir (I$^1=4^+$), along with the other iridium isotopes were produced in-situ in the single crystal by $\alpha$-particle irradiation. Two $\gamma$-rays can be used for thermometry with this isotope; one is the 518.4 keV transition which is pure E1, and the other is the 294.6 keV transition which is predominantly E2. Their result for $\nu_0$ was $-245(15)$ MHz (this is the weighted average of $\nu_0$ for $^{190}$Ir, $\nu_0$ for $^{186}$Ir, and $\nu_0$ for $^{188}$Ir).
the two values given, one for each $\gamma$-ray). Using this value for $\nu_q$ (which corresponds to $P/k = -0.32$ mK) and their $U_q/A$ values, the sensitivity function for each $\gamma$-ray was calculated and is shown in figure 36. As expected, the 294.6 keV ($\text{E2}$) transition has greater sensitivity than the 518.4 keV ($\text{E1}$) transition. The useful temperature range for the former is 0.6 to 19 mK, with its greatest sensitivity at 2.0 mK, whereas for the latter it is 0.8 to 13.0 mK, with its greatest sensitivity at 2.3 mK. Although the 294.6 keV $\gamma$-ray is more useful for thermometry, the 518.4 keV $\gamma$-ray can be useful in some experimental situations since the anisotropy is reversed to that of the 294.6 keV $\gamma$-ray.

The major disadvantages of the $^{190}\text{IrRe}(\text{hcp})$ quadrupole orientation $\gamma$-RA thermometer are the relatively short half-life of $^{190}\text{Ir}$ ($T_{1/2} = 12.1$ d), the need to use a small magnetic field to keep it in the normal state, and, most important, that $\nu_q$ has not been directly measured (e.g., by NQR/ON), but has been determined by the thermal method. However, in contrast to the situation for the $^{166}\text{HoHo}(\text{hcp})$ thermometer, a primary thermometer, $^{60}\text{CoCo}(\text{hcp})$, was used to "calibrate" it.

The $^{190}\text{IrRe}(\text{hcp})$ has been used by Allsop and coworkers [101] in their study of the $^{58}\text{MnZn}(\text{hcp})$ system.

The last thermometer that we will discuss is not a $\gamma$-RA thermometer, but one which makes use of the transmission of unpolarized neutrons through a polarized cobalt-59 single crystal. This thermometer, which has been proposed by Fasoli and coworkers [103], uses the nuclear deformation effect, $\Delta_{\text{def}}$, to measure the temperature of the cobalt spin system.

The nuclear deformation effect is defined by

$$\Delta_{\text{def}} = \sigma_{\text{oriented}} - \sigma_{\text{unoriented}}$$

where $\sigma_{\text{oriented}}$ is the total neutron cross section when the nuclei are oriented, and $\sigma_{\text{unoriented}}$ is the unoriented total neutron cross section. This effect, which depends upon the mass shape of the nucleus, was first measured by Marshak and coworkers [22] using a polarized $^{165}\text{Ho}$ target. As for all NO thermometers, the temperature dependence of this effect is contained in the $B_{\lambda}(I,T)$ for the nuclear spin system under consideration. Because of the symmetry of the mass shape of the nucleus, only the even $\lambda$-values are needed, with the cutoff in $\lambda$-values being essentially determined by the shape of the nucleus (i.e., quadrupole, octopole, etc.). Since both $^{59}\text{Co}$ and $^{165}\text{Ho}$ are almost pure quadrupole-shaped nuclei, the effect is mainly dependent on $B_2(I,T)$; see figure 8 of [22]. In addition, $\Delta_{\text{def}}$ also depends upon the neutron energy, and oscillates both positive and negative for some nuclei; see figure 6 of [22]. In the case of $^{59}\text{Co}$, $\Delta_{\text{def}}$ is a maximum at a neutron energy of $\sim 2$ MeV [104,105]. Fasoli and coworkers [103] have proposed that a measurement of $\Delta_{\text{def}}$ for $^{59}\text{Co}$ using 2 MeV neutrons could be used for thermometry. They point out that such a thermometer could be useful for experiments where high $\gamma$-ray backgrounds are encountered (thus making it difficult to use $\gamma$-RA thermometers). Information concerning heat input, statistical accuracy, and apparatus needed for this thermometer can be found in their paper.

6. Conclusions

We have discussed NO thermometry, in particular $\gamma$-RA thermometry, in considerable detail. Sufficient information has been given on both the theoretical and practical aspects of $\gamma$-RA thermometry to enable the experimenter to use this technique with ease and confidence. The latter stems partially from the knowledge that, in principle, the temperatures derived from NO thermometers are absolute. Depending upon the measurements to be done, the experimenter can choose from among the 10 or so $\gamma$-RA thermometers reviewed the one which meets his specific needs (i.e., temperature range, magnetic field or no field, heating that can be tolerated, and $\gamma$-ray detectors and equipment available). For particularly complex thermometric investigations one might want to employ two or even three (e.g., $^{57}\text{CoNi}$, $^{54}\text{MnFe}$ and $^{50}\text{CoNi}$) thermometers simultaneously. The ultimate precision of his thermometry will, to a great extent, depend upon his own effort. He will find that absolute temperature measurements with an imprecision of 1-2% will be fairly easy to make, whereas those of 0.1-0.5% are quite difficult. He will also find that the latter are impossible to achieve without first obtaining constant-temperature operation of his refrigerator. For $^4\text{He}$-$^4\text{He}$ dilution refrigerators, constant-temperature operation is quite easy and inexpensive to achieve. For demagnetization refrigerators (both electronic and nuclear), constant-temperature operation is more difficult to achieve.

Turning now to the $\gamma$-RA thermometers themselves, we have seen that they are fairly easy to make and are usually quite compatible (i.e., being small, metallic and easily attached) with the experimenters' needs. However, their temperature range is rather limited in that most of them are only useful from $\sim 1$ to $\sim 100$ mK. Although the $^{166}\text{HoHo}(\text{hcp})$ thermometer looks promising for higher temperatures ($\sim 100$ mK...
to ~1 K), more work is necessary before it can be used with confidence. In addition, other rare earths should be investigated for the region above ~100 mK. For temperatures below ~1 mK, neglecting brute force \( \gamma \)-RA thermometers, the quadrupole orientation thermometer looks very promising; however, more work is also necessary before it too can be used with confidence.

Finally, what can we expect in the future from \( \gamma \)-RA thermometry? Besides the obvious extensions mentioned above, we can expect that they will be used more frequently by the low temperature community—both as general purpose thermometers and to calibrate secondary thermometers (e.g., Pt NMR and nuclear susceptibility thermometers), the latter use being particularly important when accurate and fast thermometry must be done. We will also see two or more \( \gamma \)-RA thermometers being used simultaneously more often (e.g., to cover a wider temperature range and to measure temperature gradients). And last, they will be used more often in precise comparison experiments with other primary thermometers.

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7. References

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