

NIST Technical Note NIST TN 2256

# November 2022 NIST Premise Plumbing Research Workshop: Summary and Findings

Andrew Persily Marylia Duarte Batista William Healy Mark Kedzierski Lingnan Lin Natascha Milesi Ferretti Tania Ullah David Yashar Stephen M. Zimmerman

This publication is available free of charge from: https://doi.org/10.6028/NIST.TN.2256



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July 2023



U.S. Department of Commerce Gina M. Raimondo, Secretary

National Institute of Standards and Technology Laurie E. Locascio, NIST Director and Under Secretary of Commerce for Standards and Technology NIST TN 2256 July 2023

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### **Publication History**

Approved by the NIST Editorial Review Board on 2023-07-12

### How to Cite this NIST Technical Series Publication

Persily A, Batista MD, Healy W, Kedzierski M, Lin L, Milesi Ferretti N, Ullah T, Yashar D, Zimmerman SM (2023) November 2022 NIST Premise Plumbing Research Workshop: Summary and Findings. (National Institute of Standards and Technology, Gaithersburg, MD), NIST Technical Note (TN) NIST TN 2256. https://doi.org/10.6028/NIST.TN.2256

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## Abstract

Premise plumbing systems need to meet a range of performance goals including occupant health and comfort, energy and water efficiency, and reduced environmental impacts. Pressures to improve water efficiency and building water quality, combined with the use of new plumbing technologies and designs, have led to the recognition that significant knowledge gaps exist in plumbing system design, installation, operation, and maintenance. The research needed to address these gaps was summarized in a 2020 NIST report *Measurement Science Research Needs for Premise Plumbing Systems*. NIST also initiated an effort in 2020 to study several key research topics identified in that report including: the pressure versus flow relationships of plumbing fittings, the factors contributing to pathogen growth in residential hot water systems, the development of standard plumbing systems for comparing different design and operational approaches, and the improvement of existing premise plumbing system simulation software. To obtain feedback from industry and others in the premise plumbing community, NIST held a oneday workshop in November 2022 to discuss these research efforts, strengthen ongoing dialogues among the plumbing community, and develop a shared understanding of the research needs.

## Keywords

Measurement science; premise plumbing; research needs; water; workshop.

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# 1. Introduction

Premise plumbing systems constitute an essential component of the built environment by providing access to clean, potable water and a safe, reliable means of removing wastewater from homes, businesses, and other institutions. Plumbing systems evolved throughout the 20<sup>th</sup> century in response to concerns about cost, water availability, environmental impacts, and safety. The National Bureau of Standards (NBS), the predecessor to the National Institute of Standards and Technology (NIST), performed research that supported and informed these advancements throughout most of the 20<sup>th</sup> century.

A series of policy actions including the Safe Drinking Water Act of 1974, the Energy Security Act of 1980, and the Energy Policy Act of 1992 sought to improve water quality, water use efficiency, and energy efficiency. These policies led to notable achievements including the reduction of lead in plumbing products and the introduction of high-efficiency fixtures. These and other realities have led to a situation in which plumbing systems are being designed, installed, and operated in vastly different ways from what is supported by the technical data and understanding embodied in current codes, standards, and practice (Persily et al. 2020). For example, a typical single-family, detached home today uses 22 % less water for indoor purposes than it did two decades ago (DeOreo, Mayer et al. 2016). Consequently, the flow rates within the piping networks and the corresponding residence times are significantly different than those assumed under current design methods. This situation has in turn led to questions regarding the assumptions surrounding the effectiveness of water treatment practices and concerns regarding the potential for decreased water quality.

In response to these realities and in recognition of the need for research needed to provide new data and technical understanding of plumbing system performance, NIST, the U.S. Environmental Protection Agency (EPA), and the Water Research Foundation (WRF) jointly hosted a workshop in August 2018. The objective of this workshop was to identify and discuss research needs to support the design and operation of new premise plumbing systems and the management of existing systems given the realities of lower water consumption and the needs for increased water and energy efficiency and for improved water quality. This event was attended by 46 representatives from industry, academia, government, utilities, and standards and codes organizations. The workshop proceedings were published in Pickering, Onorevole et al. (2018).

Subsequent to the 2018 workshop, NIST solicited additional input through a request for information (RFI) that was published in the <u>Federal Register in October 2018</u>. This RFI generated 26 responses from a broad array of interested parties, including over 140 pages of text on the most important issues to design and operate safe, healthy, reliable, and efficient plumbing systems and the research needed to address these issues. Additional discussions with other organizations provided another important source of information. For example, the International Association of Plumbing and Mechanical Officials (IAPMO) and the International Code Council (ICC) are the two major model code development organizations within the premise plumbing community, and discussions with both provided important information to NIST. Follow up discussions with the WRF, EPA, numerous advocacy groups, and academic researchers were also a key resource.

NIST used the information obtained through these mechanisms to identify measurement science research needs that are critical to the design of new premise plumbing systems and the operation and retrofit of existing systems to achieve the goals of water and energy efficiency and water quality in an integrated manner (Persily et al. 2020). The 59 research needs published in that 2020 report were categorized into 1) Foundational Measurement Science and 2) Applied Research. The Foundational Measurement Science needs include topics such as metrics, test methods, and data that are critical to understanding and characterizing the physical, chemical, and biological performance of plumbing systems. Applied Research builds on the findings of the Foundational Measurement Science to develop guidance and design approaches to improve the efficiency of the water delivery systems while also improving water quality.

Shortly after that report was published, NIST initiated a research program to pursue a subset of the research needs in the 2020 report. A workshop was held on November 15, 2022 to present and discuss the NIST research efforts with industry and others in the premise plumbing community. In addition, this workshop was intended to continue ongoing dialogues within the plumbing community and develop a shared understanding of the research needs. This report contains the material presented during that workshop and summarizes the discussion that took place. Section 2 of this report reviews the workshop agenda and the topics discussed. Section 3 summarizes input obtained from the participants prior to the workshop in combination with the discussion that took place during the event. Section 4 contains a summary of the workshop findings and describes next steps to continue the dialog and maintain the interest expressed during the workshop. This report also contains two appendices: A - a list of attendees and their affiliations, and B - the presentation materials from the workshop speakers.

# 2. Workshop Agenda

The workshop agenda is shown in Table 1. Most of the morning was devoted to presentations on the NIST premise plumbing research efforts, including tours of two laboratories designed and instrumented over the previous 2 years. After the tours, Steven Buchberger of the University of Cincinnati described his work funded by NIST under a cooperative agreement. All other research projects were conducted by NIST staff and research associates based at the NIST Gaithersburg, MD campus. Following the NIST project presentations, there were discussions of related activities being pursued by other federal agencies or with EPA funding. During the afternoon, the attendees discussed industry trends and activities and research priorities.

### Table 1.Workshop Agenda.

### NIST Premise Plumbing Research Workshop 15 November 2022 National Institute of Standards and Technology Building 226, Room B205 Gaithersburg Maryland

Time	Agenda Item			
7:30	Registration starts at NIST visitors center.			
	Optional tour of Net-Zero Energy Residential Test Facility.			
Transition to Building	Transition to Building 226, Room B205 (NIST staff escort required from lobby of Building 226)			
8:30 to 9:00 a.m.	Welcomes and introductions			
9:00 to 9:40 a.m.	NIST premise plumbing research (Part 1)			
	Water heaters and pathogen growth			
	Water Heater Laboratory – Marylia Duarte Batista			
	Testing at NIST Net Zero Energy House – Tania Ullah			
	Pressure v. flow of plumbing fittings – Lingnan Lin			
BREAK				
9:55 to 10:45 a.m. Lab tours:				
	Pressure v. flow of plumbing fittings			
	Water heaters and pathogen growth (Water Heater Laboratory)			
10:45 to 11:25 a.m. NIST premise plumbing research (Part 2)				
	Non-residential Water Use – Steven Buchberger			
	Model Development – Mark Kedzierski			
	Standard Plumbing System Designs – Stephen Zimmerman			
11:25 a.m. to Noon	Premise plumbing research activities under other federal agencies			
	Jonah Schein, US EPA, Office of Water			
	Jeff Szabo, US EPA, Office of Research and Development			
	Michael Blanford, HUD			
	Patrick Gurian on EPA-Funded research program – Drexel University			
	Andrew Whelton on EPA-Funded research program – Purdue University			
LUNCH				
1:00 to 2:00 p.m.	Discussion of plumbing industry trends and activities			
	Andrew Whelton on disaster impacts on plumbing – Purdue University			
	Christoph Lohr on industry trends - IAPMO			
2:00 to 3:00 p.m.	Discussion of research priorities			
3:00 to 4:00 p.m.	Wrap-up and Follow-up			

The six NIST presentations are summarized as follows, with the slides from each in Appendix B of this report.

Water Heaters and Pathogen Growth: Water Heater Laboratory

A new laboratory facility was built at NIST to study the response of opportunistic premise plumbing pathogens (OPPP) to water use patterns and temperature settings in electric storage water heaters. OPPP are waterborne microorganisms in potable water that can persist and grow in building plumbing, increasing the likelihood of infections in immunocompromised and elderly individuals. The experimental design consists of three steps: tank cleaning, in which tanks are disinfected and heavily flushed; an acclimation phase, in which the heaters operate at NIST TN 2256 July 2023

low temperature and low usage to allow microbial growth; and an experimental phase, in which each tank temperature is raised to a different setting [49 °C (120 °F) and 60 °C (140 °F)] and a planned water use pattern is implemented. Water samples are collected for analysis of bench-scale physical/chemical water quality parameters, molecular analysis of OPPP through ddPCR, and culturing of heterotrophic microorganisms. Future expansion of the test setup will include testing of different types of water heaters and components, such as pipes, fixtures, and thermostatic mixing valves.

### Water Heaters and Pathogen Growth: Testing at the NZERTF

This project is investigating the effects of water heater setpoint temperatures and water use patterns on the occurrence and concentrations of OPPP in an automated test home on the NIST campus. This residence is equipped with a heat pump water heater and a PEX-manifold plumbing system to provide hot and cold water for a 4-person building occupancy. Chemical and physical water quality parameters and concentrations of OPPP such as *L. pneumophila*, *P. aeruginosa*, *M. avium*, and *N. fowleri* were measured at the building water supply line, the cold and hot water plumbing systems, and the fixtures. Preliminary results show that *L. pneumophila*, the bacterium that causes Legionnaires' disease, had the highest number of detects (25 % of n = 60 samples), though the frequency of detection of any pathogen was small. Results of this study will aid researchers and policy makers in identifying strategies to reduce OPPP growth in buildings and their associated health impacts.

### Pressure v. Flow of Plumbing Fittings

Pressure loss characterization of plumbing fittings has been identified as a fundamental measurement science gap. However, there is no standardized method of test to develop pressure-flow curves in fittings, and existing data are not sufficiently accurate to support the increasingly demanding design processes to improve water and energy efficiency. The lack of a scientific, standardized method to quantify pressure losses through plumbing components also confounds efforts to address oversized water supply systems, which can support the growth of OPPP and lead to delayed hot water delivery. NIST reviewed available data and published a summary of that review (Lin et al. 2022). NIST also designed and constructed a new laboratory facility to establish a standardized and precise means of establishing pressure-flow relationships of plumbing fittings. This laboratory includes state-of-the-art instrumentation to accurately measure water flow and pressure drop for a range of fittings using approaches identified in collaboration with NIST's Fluid Metrology Group in the Physical Measurement Laboratory. Data will be acquired in this laboratory for a range of fittings and components, and a draft method of test will be submitted to an appropriate standards development organization for further development and consideration as an industry consensus standard.

### Model Development

Models of premise plumbing temperatures and mycobacteria dynamics have been improved in two separate efforts. First, EPANET, which was developed for outdoor water distribution systems, could be improved by including heat transfer and corresponding local temperature prediction. To support these improvements, NIST paid a royalty-fee to the TRNSYS developer to allow inclusion of its Type604 pipe heat transfer model into EPANET. Inclusion of the TRNSYS model in EPANET is being pursued by the EPA's Water Infrastructure Division, which oversees the distribution of EPANET. The second effort has produced a promising model NIST TN 2256 July 2023

for nontuberculous mycobacteria (NTM) dynamics in plumbing systems, which was developed by modifying an existing NIST model derived to predict the thickness of the contaminant excess layer on piping surfaces. The original model was developed using in-situ measurements obtained from a fluorescence-based measurement technique and accounts for turbulent convection and diffusion of contaminant from the surface. The original model was modified by converting the contaminant thickness to a rate of reduction in the contaminant excess layer as the pipe is flushed. The modified model captures the rate of NTM colonization in a pipe during a prescribed stagnation period as a function of diameter, velocity, disinfectant residual, and other parameters.

### Standard Plumbing System Designs

Standardized reference buildings have been developed for evaluating energy and indoor air quality performance of residential and commercial buildings by the U.S. Department of Energy and NIST, which have been very useful for conducting a wide range of research studies and for developing revisions to existing standards (Persily et al., 2006; Ng et al. 2019). Under this project, NIST developed premise plumbing system designs for a subset of these reference buildings under a contract with an architectural and engineering firm. These designs include two single-family detached homes, a four-story multi-family residential building, a medium sized office building, a stand-alone retail building, a primary school, and a full-service restaurant. These plumbing system designs and the associated documentation will be made available to the public on NIST's website to support consistent analyses of plumbing system performance and the impacts of different technologies, design approaches, and operating strategies.

### Non-Residential Water Use

This effort involved three sub-tasks performed by the University of Cincinnati (UC) under a cooperative agreement funded by NIST:

**Task 1** - Develop a wireless sensor network to monitor use of individual fixtures in buildings. Extending the Water Demand Calculator (Buchberger et al. 2017) to non-residential buildings requires realistic estimates of the probability of use of individual water fixtures (i.e., "p-values"). To acquire these p-values, an innovative wireless sensor network with distributed modules, routers and a gateway was developed. The non-intrusive sensor network was designed to record all instances when water was flowing at a particular fixture. Field testing was conducted at two buildings on the UC campus, demonstrating the technical feasibility of this novel data collection scheme for estimating fixture p-values.

**Task 2** - Identify non-residential building stock, determine sample size, and estimate fixture pvalues. Based on surveys from several federal agencies, five types of non-residential buildings were recommended for peak flow monitoring: education, healthcare, lodging, office, and food sales/service (DOE 2018, EPA 2017). The number of building fixtures to be sampled to achieve statistically significant results was identified using sampling theory. A procedure was then proposed for archiving field observations from the wireless sensor network. Methods were explored to analyze these data and extract representative estimates of the fixture p-values. Finally, Monte Carlo techniques were used to simulate fixture use and confirm that estimated fixture p-values converged to a steady-state result.

**Task 3** – Corroborate predictions of the Water Demand Calculator (WDC). The Water Demand Calculator predicts the 99<sup>th</sup> percentile of the peak flow during the busy hour of water use in residential buildings fitted with water-conserving fixtures. Indoor water use at 20 newly

constructed residential buildings totaling 1267 apartments in California (12 sites), New York (6 sites) and Washington (2 sites) was monitored for an extended period. Results showed that predictions of peak water use from conventional methods (e.g., Uniform Plumbing Code-Hunter's Curve) were, on average, 12 times higher than instantaneous peaks measured in the field. In contrast, WDC predictions of the peak water use were only three times higher, on average, than the peak water demands observed at the residential sites. This field verification exercise showed that, compared to the conventional Uniform Plumbing Code approach, the WDC provided more accurate estimates of the actual peak water demand, while still affording a comfortable margin of safety.

The presentations under the agenda item "Premise plumbing research activities under other federal agencies" are provided in Appendix B of this report.

## 3. Pre-Workshop Input and Workshop Discussion

This section of the report summarizes the input submitted to NIST before the workshop as well as the discussion that took place during the workshop. This material is organized around the 59 research needs published in the 2020 NIST report with additional needs that were discussed noted as such. After the presentations of NIST research efforts and research efforts under other federal agencies, there was a broader discussion of industry trends and activities, which are captured in Section 3.2 Other Trends, Activities and Needs.

## 3.1. Input and Discussion on Research Needs

Prior to the workshop, NIST contacted the attendees with questions for them to consider in preparation for the discussion, and some individuals sent their thoughts to NIST in advance. The specific questions were:

- Which of the research needs in the 2020 NIST research needs report do you think are most pressing?
- Are there new research topics that need to be addressed since that report was published?
- What do you see as the major trends in the premise plumbing field that need to be addressed through research or guidance development?

This section merges the pre-workshop input with the discussion that took place during the meeting itself. That material is organized using the research needs and their numbering in the 2020 report, starting with Foundational Measurement Science (identified by F) and followed by Applied Research (identified with an A). Research needs that were identified as "most pressing" are in **bold font**, along with any comments provided, noted with an \*, \*\*, + or ++ symbol. However, the fact that specific research needs were not identified as pressing by the attendees does not necessarily mean they are not important. After each table of research needs, additional input, discussion, and potential research topics are noted in **bold italics**. These comments and suggestions for additional research topics were generated by the workshop participants and do not reflect NIST positions or the results of NIST research efforts.

### Areas #F1 and #F2: No response on either.

AREA #F1: TERMINOLOGY				
Standardized definitions of key terms				
Taxonomy of plumbing system design and layout				
AREA #F2: METRICS				
Metrics for long-term durability and resilience				
Chemical and biological attributes of influent water				
Chemical and biological attributes of wastewater				
Water quality targets specific to facility type				
Metadata development				

### AREA #F3: DATA:

Data on water demand	patterns for	various buil	ding types*
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Water use data to update Hunter's Curves

Water quality data at point of entry and point of use

**Occupant behavior and preferences\*\*** 

Data on biofilm and scale development

Data on water conditions to support design and operation for OPPP control

Data quantifying system impacts on dissipation of chlorine and other disinfectants

Data on the effects of residence times on scaling and water quality

System design information following disease outbreaks

\*Need to update and validate methods to predict demand

- \*Also need to understand plumbing system performance under various conditions of use (pressure changes, lower flows, etc.).
- \*Field surveys to acquire representative, high-accuracy, high-resolution data in a variety of commercial, residential, and institutional buildings as well as multi-building campuses, including multi-family, mixed-use, hospitals, schools, daycare, and assisted living.
- \*Need to consider income ranges to help target research efforts and implementation actions. See the Census Bureau's American Housing Survey's (AHS) data on household income, which is crossed with other important factors, including units in structure and year built.
- \*\*Consideration of occupant behavior and water usage must address building occupancy changes in response to the pandemic, many of which will remain in place for the long term.

## Impact of pressure drop on biofilms.

### AREA #F4: FLOW AND TRANSPORT FUNDAMENTALS:

Hydrodynamic flow regimes and transport			
Pressure losses as a function of materials and fitting geometry			
Chemical processes in plumbing systems			
Biological processes in plumbing systems			
Plumbing material leaching			
Material and chemical impacts on biofilms, pathogens, and scaling			
Impacts of residence time on water quality*			
Impacts of water source on water quality			
Impacts of reduced flow rates on drainage systems			
Improved venting requirements based on modern system demands			

\*Water age as a metric, including impacts of system sizing and piping layout, e.g., dead ends.

Understanding how transitioning to plastic materials may or may not impact short- and longterm water quality.

Impacts of smaller pipe sizes on pipe longevity and noise.

### AREA #F5: METHODS AND MEASUREMENT:

Methods to collect end use data		
Test methods for water quality in supply and distribution systems		
Performance of fittings and pipes*		
Protocol to describe plumbing design of existing buildings		
Improved and less expensive meters		

\*Pressure losses as a function of materials and fitting geometry are critical for modern materials and fittings, particularly given the need to right-size the piping

### **AREA #F6: MODEL DEVELOPMENT:**

Simulation tools of water flow, supply, and drainage

Reference buildings and plumbing systems

Data to validate plumbing models

Expansion of plumbing models to include thermal analysis

Expansion of chemical and biological models

Models to estimate reduced drainage loads\*

\*If the WDC predicts smaller supply demands and the need for smaller pipe, then something very similar should be true on the drainage side.

- Improved ability to model water distribution systems, including updating Hunter's method into a computer program that can be used in building design.
- A robust public-domain user-friendly computer program to simulate the detailed and stochastic operation of premise plumbing systems with output linked to BIM platforms that can be used to fine-tune the hydraulic design of new buildings. Such a program could also generate information on water residence times, maintenance (flushing) plans and identify locations in premise plumbing systems that may be susceptible to water quality problems.

## AREA #A1: SYSTEM DESIGN

New plumbing system designs and technologies		
Validation of alternative sizing models and methodology for integration with		
plumbing codes*		
Potential side-effects of water and energy-efficient systems		
Hot water plumbing design**		
Multipurpose residential piping and sprinkler systems		
Comparison of trunk-branch and series distribution systems		
Impacts of alternative water use+		
Impacts of design, reuse, reduced flows, materials, and water quality on		
wastewater systems++		

Codes are on 3-year cycles, followed by additional time for local adoptions; we need to get ahead of this schedule through research and education.

- \*\* Not all designs are equal. For example, recirculation system designs may be single- or multizone, one heater may be used for hot water needs or there may be distributed and clustered heaters. Must consider water delivery, not just water heating.
- + Specifically, technical assessment of alternative water systems is needed to address rainwater harvesting and on-site reuse.
- ++Water age and pipe right sizing, as well as drainage and venting design.

Reducing plumbing system "footprint" can lead to lower water volume, which could improve water quality, and will reduce material costs.

Methods to predict peak water demands to properly design systems in new buildings. Bringing the Water Demand Calculator into non-residential construction.

### AREA #A2: INSTALLATION, OPERATION AND MAINTENANCE

Impact of current plumbing codes and standards

Best practice guidelines for installation

**Recirculation lines and temperature maintenance** 

Water management protocols for existing buildings

Water management strategies to control *Legionella* and other pathogens

Best practices for maintenance of emergency fixtures

Best practices for scheduled shutdowns and resiliency to unplanned disturbances

Metering for low-flow systems

Eliminating domestic galvanized iron pipe

Microbial water quality indicators for non-legionella premise plumbing pathogens.

Mycobacteria are not as well understood as Legionella.

Impacts of disinfection strategies on biological growth and plumbing materials.

- The use of building intelligence to reduce water age and repurpose water for other on-site applications, such as irrigation and laundry.
- Impact of wording in the Safe Drinking Water Act of 1974 that considers a building owner who treats potable water in their building to control Legionella to be a public water system.
- Scalding management for safety, public health, and energy; knowledge exists but improved guidance needed.
- The typical plumbing system has two key control variables temperature and flushing. We understand temperature well, but not the impact of flushing frequency, volume, and rates.
- State Codes are being pushed by commercial entities to include water management plans, testing and certification before research is finished.

## **AREA #A3: TRAINING AND GUIDANCE**

Guidance for homeowners, facility managers and other practitioners\*

Training for designers on water efficiency

Training and certification for design, operation, and maintenance

Training for building water system assessments\*

Maintenance and monitoring guidance for control of Legionella and other OPPPs

\*Training should also include assessments of water-based fire suppression systems for overall performance with specific attention to water quality issues including risks of OPPP growth.

# 3.2. Other Trends, Activities and Needs

Several other topics were discussed during the workshop under the agenda item on industry trends and activities, and that discussion is captured below. These comments were made by the workshop participants and do not reflect NIST positions or the results of NIST research efforts.

Sustainability (which includes water and energy efficiency, and decarbonization)

- Pipe layout, which impacts energy use and water age, is driven to a large degree by the architectural layout of a building. Better training is needed for architects to understand the importance of layout for minimizing piping lengths and system footprint.
- Holistic research and design are needed to support system optimization.
- Hot water sides of systems are increasing in size (i.e., storage volume) and temperature setting, which has energy implications.
- Better information is needed on the relationships between scalding risk, energy costs, and OPPP growth.
- Decentralized water treatment and reuse has potential that needs to be better understood.
- Solar PV and sanitary venting are competing for space on residential rooftops.
- Policy initiatives to decarbonize water heating are promoting the installation of heat pump water heaters instead of other water heating technologies. These systems are very different and require different design strategies and space considerations.
- These same initiatives are also addressing reduced water storage volumes in pipes, which can adversely impact plumbing safety.

Resilience and Other Infrastructure Issues

- Guidance needed to decontaminate plumbing systems, including remediation strategies for buildings of different size, e.g., single-family homes, larger commercial buildings, etc.
- Research to help provide uniform and scientifically sound guidance to deal with contamination by per- and polyfluorinated substances (PFAS).
- Better understanding of the impacts of nitrification, which may be widespread but not always harmful in terms of pH reduction.
- Evaluation of methods to reduce the number of non-flood water loss insurance claims.
- Wastewater treatment infrastructure needs to be improved.
- The need for water efficiency is expected to become more pressing because of population growth, climate change and infrastructure challenges. Resilience needs to be acknowledged as key to these realities.
- Infrastructure and guidance to plan for intermittent water supply.
- What to do when plumbing systems are contaminated, i.e., what chemicals are most persistent and how to decontaminate?
- Wildfire Issues: After fires, contaminated water can get into the treatment plants, and they are not equipped to treat it. Recommendations are not always based on science. For example, benzene has been found in water systems, which raises questions of how much time is needed to flush the system or does it need to be replaced?

Water Quality/Water Safety

• Low flow becomes efficient flow if the whole building is designed for low flow, not just the fixtures. Many other elements of premise plumbing systems are still grossly oversized.

- Water quality requirements are needed for indoor potable and non-potable use that are safe for the occupants and do not jeopardize the performance of a plumbing system and its components.
- Improved hydraulic designs are needed for efficiency and cost effectiveness, while managing the risk from OPPP.
- Flushing/increasing flow rates often is the chosen solution to water quality issues but without necessarily fully understanding the problem.

Innovation, Design, Affordability and Other Technical Needs

- The U.S. requires more vent piping than many other countries, even with the same performance goals.
- Drainage systems are also currently oversized.
- Simplified plumbing fixtures and systems are needed to reduce pressure losses, surface area available for potential biofilm growth, and stagnant water conditions that increase water age and the likelihood of OPPP growth.
- Reducing plumbing system "footprint" can lead to lower water volume, which could improve water quality and reduce material costs.
- The design of modern devices can create areas at risk of increased microbial activity. Also, it can be difficult to take some components apart without breaking pipe. We need fixtures that can be repaired easily.
- Right-sizing supply piping saves money and reduces the volume of plumbing systems. And while the use of the WDC is growing slowly, it is expected to ramp up rapidly. We need data to extend its use to other occupancies, and we need to teach the industry that it is safe to use and how to know whether it is being done correctly.
- While there is a lot of focus on new construction, there are millions of buildings that were built before 1992; how do we cost-effectively manage water quality risks and deliver the expected service in these buildings?
- The modeling of plumbing systems for building design needs to be improved. Digitization of plumbing design, along with the entire design process, would be helpful in meeting this need.
- Continuous commissioning is needed for premise plumbing, but best practices are needed to support these processes.
- Building insurance/warranties could include mechanisms to pay for commissioning.

Specific technologies

- Vacuum water closet technology, urine separating water closets, and onsite wastewater composting technology are receiving attention in the international plumbing community as the need for net zero water and nutrient recovery increases.
- Questions exist regarding the impact of wastewater separation (from different streams within building, e.g., so called greywater) on horizontal drain line transport. It was noted that some international approaches, such as those used in Germany, the Netherlands and China, may be able to provide some useful insight.
- The airflow around heat pump water heaters and the associated performance impacts needs to be better understood to improve installation guidance.
- The technical understanding of the effectiveness and impacts of thermostatic mixing valves needs to be improved. For example, some have raised concerns about "collateral heating" of cold water lines associated with mixing valves and the potential for water quality issues.

- Point-of-use water heaters and electric water heaters with tanks may benefit from new design features driven by new and anticipated research findings. These new features may lead to the need for design standards and certification processes that are evidence-based.
- Better guidance is needed on target hardness levels for water softeners.

## 4. Summary and Next Steps

As is evident in the above material, the workshop discussion covered a wide range of topics related to the ultimate goals of improving energy and water efficiency and water quality in premise plumbing systems. The discussion on research needs and other issues facing the industry and others involved in premise plumbing are summarized below.

Several key trends, both new and old, that are affecting premise plumbing system design and operation were identified and discussed including energy efficiency, reduced greenhouse gas emissions, decarbonization, infrastructure, resilience and natural disasters, and population growth and movement.

The key priorities for research and other activities that were highlighted include the following: <u>Data</u> on water usage patterns in buildings and microbial growth in plumbing systems. <u>Models</u> of building water use, as well as biological growth, thermal performance, flow and pressure, and water age in premise plumbing systems. Also, standard reference plumbing system designs.

<u>Water heating</u> energy performance; water temperature management to balance energy use, safety, and pathogen growth; and existing and new technologies.

<u>New technologies</u> that hold promise for improved performance, but which also lead to questions on implementation and actual performance.

<u>Science-based guidance and standards</u> for design, installation, maintenance, and system assessment; including guidance that specifically targets homeowners.

Tables 2 and 3 are drawn from the 2020 NIST Research Needs report (Persily et al. 2020), with topics that were identified as important during the workshop highlighted in **bold**. Additional research needs discussed during the workshop are added and highlighted in **bold italics**.

Area #F1: Terminology
Standardized definitions of key terms
Taxonomy of plumbing system design and layout
Area #F2: Metrics
Metrics for long-term durability and resilience
Chemical and biological attributes of influent water
Chemical and biological attributes of wastewater
Water quality targets specific to facility type
Metadata development
Area #F3: Data
Data on water demand patterns for various building types
Water use data to update Hunter's Curves
Water quality data at point of entry and point of use
Occupant behavior and preferences
Data on biofilm and scale development
Data on water conditions to support design and operation for OPPP control
Data quantifying system impacts on dissipation of chlorine and other disinfectants
Data on the effects of residence times on scaling and water quality
System design information following disease outbreaks
Impact of pressure drop on biofilms.
Area #F4: Flow and Transport Fundamentals
Hydrodynamic flow regimes and transport
Pressure losses as a function of materials and fitting geometry
Chemical processes in plumbing systems
Biological processes in plumbing systems
Plumbing material leaching
Material and chemical impacts on biofilms, pathogens, and scaling
Impacts of residence time on water quality
Impacts of water source on water quality
Impacts of reduced flow rates on drainage system
Improved venting requirements based on modern system demands
Understanding how transitioning to plastic materials may or may not impact short- and long-
term water quality.
Impacts of smaller pipe sizes on pipe longevity and noise.
Area #F5: Methods and Measurement
Methods to collect end use data
Test methods for water quality in supply and distribution systems
Performance of fittings and pipes
Protocol to describe plumbing design of existing buildings
Improved and less expensive meters
Area #F6: Model Development
Simulation tools of water flow, supply, and drainage
Reference buildings and plumbing systems

Data to validate plumbing models

Expansion of plumbing models to include thermal analysis

Expansion of chemical and biological models

Models to estimate reduced drainage loads

Improved ability to model water distribution systems, including updating Hunter's method into a computer program that can be used in the design process.

A robust public-domain user-friendly computer program to simulate the detailed and stochastic operation of premise plumbing systems with output linked to BIM platforms that can be used to fine-tune the hydraulic design of new buildings. Such a program could also generate information on water residence times, maintenance (flushing) plans and identify locations in premise plumbing systems that may be susceptible to water quality problems.

**Table 3.** Updated Applied Research Needs.

Area #A1: System Design New plumbing system designs and technologies Validation of alternative sizing models and methodology for integration with plumbing codes Potential side-effects of water and energy-efficient systems Hot water plumbing design Multipurpose residential piping and sprinkler systems Comparison of trunk-branch and series distribution systems Impacts of alternative water use Impacts of design, reuse, reduced flows, materials, and water quality on wastewater systems Methods to predict peak water demands to properly design (right-size) premise plumbing systems in new buildings. Bringing the Water Demand Calculator into non-residential construction Area #A2: Installation, Operation and Maintenance Impact of current plumbing codes and standards Best practice guidelines for installation **Recirculation lines and temperature maintenance** Water management protocols for existing buildings Water management strategies to control Legionella and other pathogens Best practices for maintenance of emergency fixtures Best practices for scheduled shutdowns and resiliency to unplanned disturbances Metering for low-flow systems Eliminating domestic galvanized iron pipe Microbial water quality indicators for non-legionella premise plumbing pathogens. The use of building intelligence to reduce water age and repurpose water for other on-site applications, such as irrigation and laundry. Area #A3: Training and Guidance Guidance for homeowners, facility managers and other practitioners

Training for designers on water efficiency

Training and certification for design, operation, and maintenance

Training for building water system assessments

Maintenance and monitoring guidance for control of Legionella and other OPPPs

NIST TN 2256 July 2023

Major themes that arose repeatedly during the workshop were the need to right-size plumbing systems, impacts of water source, the need to address system drainage and venting in addition to water supply, and approaches to deal with the many challenges in existing buildings as opposed to focusing exclusively on new building designs. The need for research to reflect real plumbing systems and to employ a holistic approach was another important theme during the discussion.

The workshop closed with a discussion of next steps and follow-on activities. The attendees were all committed to continuing the dialog at conferences and other venues, and to identifying and pursuing vehicles to advance the discussion and move the field forward.

## 5. References

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Pickering, R., Onorevole, K., Greenwood, R., and Shadid, S. (2018). Measurement Science Roadmap Workshop for Water Use Efficiency and Water Quality in Premise Plumbing Systems: August 1-2, 2018. NIST GCR 19-020, National Institute of Standards and Technology.

### Appendix A. List of Workshop Attendees

Julius Ballanco, Self Michael Blanford, HUD Steven Buchberger, University of Cincinnati Richard W. Church, CM Services Dan Cole, IAPMO Michael Cudahy, PPFA Peter De Marco, IAPMO James E. Dipping, ESD Marcus Elmer, Copper Development Association Mark Fasel, ICC Patrick Gurian, Drexel University David A. Hewitt, HUD Timothy M. Keane, Legionella Risk Management Gary Klein, Self Cliff Kornegay, HUD Jasen Kunz, CDC John Lansing, PAE Christoph Lohr, IAPMO Mia Catharine Mattioli, CDC Toritseju (Toju) Omaghomi, University of Cincinnati Jonah Schein, US EPA Matt Sigler, ICC Kerry Stackpole, PMI Jeffrey Szabo, US EPA Kyle Thompson, PMI Andrew Whelton, Purdue University

### **NIST Staff**

Marylia Duarte Batista Joannie Chin William Healy Mark Kedzierski Lingnan Lin Lisa Ng Natascha Milesi Ferretti Denise Nyangwechi Andrew Persily Tania Ullah David Yashar Stephen Zimmerman

# Appendix B. Workshop Presentations

## **NIST** presentations

NIST Agenda and Discussion

Design and operation of a NIST laboratory facility to study opportunistic premise plumbing pathogen (OPPP) occurrence in hot water systems; Marylia Duarte Batista Impacts of Water Demand and Water Heater Delivery Temperatures on Opportunistic Premise Plumbing Pathogens in a Single-Family Residence, Tania Ullah Measuring Pressure Losses in Modern Plumbing Fittings, Lingnan Lin Non-Residential Water Use, Steven Buchberger and Toju Omaghomi (University of Cincinnati) Comparing Measured Peak Flow Rates to WDC Estimates, Gary Klein Enhanced Plumbing System Simulation Tools, Mark Kedzierski Standardized Plumbing System Models, Stephen Zimmerman **Non-NIST** presentations U.S. EPA WaterSense Update, Jonah Schein U.S. EPA Premise Plumbing Research, Jeff Szabo Water Quality in Buildings (Results of EPA sponsored study), Patrick Gurian Right Sizing Tomorrow's Water Systems for Efficiency, Sustainability, & Public Health (Results of EPA sponsored study), Andrew Whelton Disaster Impacts on Plumbing, Andrew Whelton 21st Century Water Needs, Christoph Lohr

# NIST Premise Plumbing Workshop 15 November 2022



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# Workshop Agenda

Time	Agenda Item
8:30 to 9:00 a.m.	Welcomes and introductions
9:00 to 9:40 a.m.	NIST premise plumbing research (Part 1)
	Water heaters and pathogen growth
	Testing at NIST Net Zero Energy Residential Test Facility – Tania Ullah
	Basement water Heater Lab – Marylla Duarte Batista
	Pressure V. now of plumbing numps – Linghan Lin
BREAK	
9:55 to 10:45 a.m.	Lab tours:
	Pressure v. flow of plumbing fittings
	Water heaters and pathogen growth (basement lab)
10:45 to 11:25 a.m.	NIST premise plumbing research (Part 2)
	Non-residential Water Use – Steven Buchberger
	Model Development – Mark Kedzlerski Standard Blumbing Successings – Stanhan Zimmermen
11:25 a.m. to Noon	Premise plumbing research activities under other federal agencies
	Jonan Schein, US EPA, Once of Water
	Jell Szabo, US EPA, Onice of Research and Development Michael Blanford, HUD
	Patrick Gurian on EPA-Funded research – Drexel University
	Andrew Whelton on EPA-Funded research – Purdue University
LUNCH	
1:00 to 2:00 p m	Discussion of alumbing inductor trands and activities
2:00 to 2:00 p.m.	Discussion of plumbing indusity trends and additities
3:00 to 4:00 p m	Wrap up and Follow Lip
3.00 to 4.00 p.m.	wiap-up and Follow-op

# Background on NIST Premise Plumbing Research Efforts

Long history of plumbing research at NBS/NIST

Outside interest in NIST re-engaging Discussions with stakeholders since 2015 Bring back the plumbing tower!!! Legislation calling for NIST involvement

NIST Premise Plumbing Roadmap Workshop Aug 2018, NISTGCR 19-020





# More recently

**One-time NIST funding:** Summer of 2020 through September 2022

New premise plumbing research efforts Pressure-flow relationships of plumbing fittings Water heater temperatures and opportunistic pathogens Non-residential building water usage survey Enhanced plumbing system simulation tools Standardized plumbing system models





# **Research Priorities from 2020 NIST report**

https://nvlpubs.nist.gov/nistpubs/TechnicalNotes/NIST.TN.2088.pdf

#### FUNDAMENTAL

Area #F1: Terminology and Area #F2: Metrics

#### Area #F3: Data

Occupant behavior and water usage patterns for different building types Data on biofilm and scale development Plumbing system design info following disease outbreaks

### Area #F4: Flow and Transport Fundamentals

Biological processes in plumbing systems Data to support updated vent sizing requirements in drainage systems, based on modern system demands Data on the impact of water sources on water quality in plumbing systems Impacts of reduced flow rates on drainage systems

### Area #F5: Methods and Measurement

Performance of fittings and pipes

#### Area #F6: Model Development

New probabilistic models to estimate drainage loads Reference buildings and plumbing systems Expansion of plumbing models to include thermal analysis Expansion of chemical and biological models

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# Research Priorities from 2020 NIST report https://nvlpubs.nist.gov/nistpubs/TechnicalNotes/NIST.TN.2088.pdf

### APPLIED

#### Area #A1: System Design

Validation of alternative sizing models and methodology for integration with plumbing codes Hot Water Plumbing Design Potential Side Effects of Water and Energy Efficient Systems Technical assessment of alternative water systems, e.g., rainwater harvesting and on-site reuse Water age and pipe right sizing. Drainage and venting design with lower flow fixtures.

### Area #A2: Installation, Operation and Maintenance

Best practices in general Recirculation lines and temperature maintenance, installation and operation

#### Area #A3: Training and Guidance

Guidance for homeowners, facility managers and other practitioners Training, Education and Guidance for Homeowners, Facility managers and the Public on water efficiency with respect to the plumbing system.

# **Overarching Research Themes**

### OPPP

Risk management of *legionella* and mycobacteria; water quality indicators for non-legionella pathogens Scalding management for safety, public health and energy

## **Modeling and Design**

Ability to model the water distribution systems

Updating and revising Hunter's method into a computer program that can be used in a building design Bringing the Water Demand Calculator into non-residential construction Public-domain computer program to simulate operation of premise plumbing systems linked to BIM platform

## **Resilience Issues**

Infrastructure decontamination; remediation strategies for different size buildings Better understanding of the impacts of nitrification Evaluation of methods to reduce the number of water loss insurance claims.

### **Specific Technologies**

Vacuum water closet technology, urine separating water closets, onsite wastewater composting Heat pump water heaters; point-of-use water heaters; electric water heaters with tanks: better data, improved designs, standards and certification

Thermostatic mixing valves: need a better evidence base; alternative designs may be better Water softeners, better guidance on target hardness levels



# Wrap-up and Follow-Up

# **1 GREAT DISCUSSION! THANKS TO ALL!**

# **2 PRIORITIES**

DATA – usage, microbial growth, ... MODELS – biological, thermal, flow/pressure, water age, ... RESEARCH YES! – but also science-based guidance, tools, codes and O&M REALITIES, NEW & OLD – Energy/GHG emissions, Infrastructure, Resilience, Decarb NEW TECHNOLOGIES - Both promise and questions WATER HEATING!!!

## 3 MISC

Right sizing; Terminology, e.g., "low flow"; More focus on appliances; Drainage & sanitary; Silos in research and practice; Existing buildings

## **4 NEXT STEPS**

Summarize pre-workshop input and workshop discussion Share presentations: NIST and non-NIST Pursue vehicles for ongoing input and discussion









# **Measurement science**

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- Bench-scale measurements:
  - Physical/chemical: chlorine residual, pH, turbidity, conductivity, hardness
  - Microbial: heterotrophic plate counts (HPCs)

### On-line tests:

- same as bench tests, total organic carbon (TOC), UV254, color.
- Molecular measurement:
  - droplet digital PCR ddPCR: Legionella pneumophila, Pseudomonas aeruginosa, Mycobacterium avium, Naegleria fowleri, and genus Legionella and Mycobacteria.
- Temperature measurement:
  - six tank heights (thermocouples), tank inlets and outlets (RTDs).









# Next steps

# NIST

# Phase 1:

• Simulate three other water use profiles

Draw pa	attern	Volume removed per day [L (gal)]	Stagnation time (hours)	Draws per day	Volume per draw [L (gal)]	
1		75.7 (20)	6	4	18.9 (5)	Completed
2		75.7 (20)	24	1	75.7 (20)	
3		151.4 (40)	6	4	37.9 (10)	
4		151.4 (40)	24	1	151.4 (40)	

Implement on-line water quality monitoring



# Introduction

Lead: Alshae' Logan-Jackson, PhD (NRC Post-doc)

### **Objective:**

- Examine water quality parameters and OPPPs for an entire residential premise plumbing system, from the water main to tap.
- Understand the effects of **water heater temperature** and **water use patterns** on the occurrence and concentration of OPPPs throughout hot- and cold-water systems in order to identify strategies to reduce their growth and associated public health impacts.

### **Residential Test Home:**

- Automated scheduling of water use patterns
- · PEX manifold hot- and cold-water plumbing systems



NIST



# **Experimental Design**

# 

Profiles: Tank temperatures and water demand over three-week periods (acclimation before sampling)



**Usage:** 1-person (LOW) vs. 4-person family occupancy (HIGH) **WH delivery temperatures:** 54 °C vs. 66 °C

- Total of 260 samples were collected from cold- and hot-water pipe
- All points throughout the multi-level plumbing system are sampled
  - Basement: water main, bottom and top of water heater, cold and hot water manifolds
    - First level: kitchen sink
    - Second level: bathroom sink, shower, tubs
- Physical/Chemical Parameters
  - Temperature, chlorine, pH, conductivity, and turbidity



# Preliminary Results

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<mark>Profile 1</mark> Low usage + Low temperature	OPPPs	Profile One N=60 (%)	Profile Two N=70 (%)	Profile Three N=70 (%)	Profile Four N=60 (%)	Total/Species N=260 (%)
Profile 2 High usage + Low	L. pneumophila	9 (15)	4 (5)	5 (7)	3 (5)	21 (8)
Profile 3 High usage + High temperature	P. aeruginosa	6 (10)	3 (8)	ND (0)	ND (0)	9 (3)
	M. avium	ND (0)	2 (2)	2 (2)	1 (1)	5 (1)
<u>Profile 4</u> Low usage + High temperature	N. fowleri	ND (0)	ND (0)	ND (0)	ND (0)	ND (0)
	Total/Profile	15 (25)	9 (12)	7 (10)	4* (6)	35


# **Preliminary Observations**

- Legionella pneumophila had the highest detection frequency, but overall low detections across all species
- Increasing the delivery temperature to 66 °C (150 °F) decreased *Pseudomonas aeruginosa*
- Higher water usage may be sufficient to decrease the amplification of OPPPs
- Acclimation period of >2 weeks required to reach steady state
- Lower than expected detections may be attributed to various factors (water heater temperatures, sample volume collected, DNA extraction methods)

# Future Plans for OPPP Research Consoling FY23 efforts Net Zero house seasonal study to determine effects of temperature and water quality parameters of mains water on OPPPs detected (*ongoing*). Sample volume (1 L vs. 10 L) for optimum OPPPs detection from water heaters Souty and the impact of commercially available point-of-use and whole home filtration devices on premise plumbing microbial activity. DNA sequencing methods Water heater lab expansion (other fuel types, fixtures, thermostatic mixing valves)



Pressure Loss in Plumbing Systems - necessary to system design



Straight pipes:  $\Delta P_{\text{loss}} = f \frac{L}{D} \frac{\rho V^2}{2}$  (Darcy Equation)

f - friction factor, determined by Moody chart or correlations

Fittings:

s:  $\Delta P_{\text{loss}} = \frac{K \rho V^2}{2}$ 

K - loss coefficient, a function of D, Re, roughness, geometry

#### varies with manufacturer

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#### Problems:

- No standard test method for pressure loss in fittings
- Measured data not widely available for specific fittings and configurations,
- Often estimated from literature values that may not be accurate

# What about literature data?

# 

- Reviewed literature since 1920, including handbooks and research papers
- A large portion of data are pre-1950, based on iron/steel fittings
- Very limited data for copper, PEX, and CPVC fittings, especially with  $D \le 1$  in.
- Large variation across data for the same type of fitting



3

# **Project Objectives**

To develop the **measurement science** needed to establish **standardized** and **precise** <u>means of characterizing pressure loss of</u> <u>modern plumbing fittings</u>

Specifically ...

- · Establish a new lab facility to measure pressure loss in fittings
- · Provide benchmark data for common fittings
- Develop a test method to be submitted to an appropriate standards organization for consideration as an industry consensus

# How Pressure Losses Occur

Pressure Loss: irreversible loss of mechanical energy (≠ Pressure Drop)

Root cause: Viscosity & Turbulence

#### Straight pipes:

Friction between fluid and pipe wall



#### Fittings:

Friction; Flow separation: Secondarv flow









# <section-header><section-header><section-header><section-header><image><complex-block><image>

# **Next Plans**

- Quantify the uncertainty of our measurements
- Validate the test rig by measuring the pressure loss in straight copper pipes and comparing with existing data from the literature
- Measure pressure loss in elbows of various materials (e.g., copper, PVC, PEX, and other plastics) from different manufacturers
- Document lessons learned from the development and use of the NIST PvQ test rig
- Seek out collaboration with industry & academia
- Draft test method for consideration by a standards development organization

NIST

# Acknowledgment

### 

SERI Project Team Members: Andy Persily Natascha Milesi Ferretti Lingnan Lin Marylia Duarte Batista Bill Healy Dave Yashar Tania Ullah Alshae' Logan

#### NIST Staff:

Glen Glaeser (Electrical Technician) Luis Luyo (Mechanical Technician) Tyler Gervasio (Mechanical Technician) John Wright (Flow Calibration Lab, PML) Steven Bushby Mark Kedzierski Harrison Skye Jeffrey Smith (NIST Pipe Shop)

Collaborators (University of Cincinnati): Steve Buchberger Toju Omaghomi Gary Klein

#### Other:

Steve Barfuss (Utah State University)

# Thank you! Questions?







FIXTURE GROUPS       FIXTURE       N       P       Q       MAXMUM RECOMMENDED BTILER LOW NATE (GPM)       COMPUTED RESULTS (GPM)       COMPUTED RESULTS (GPM)         1       Bathroom [stures]       1       Bathroom (G)       100       5.5		PROJECT NAM lick for Drop-down Men	E: WDC - INPUT PA u → Single-Family Reside	Water Dem GE nce	and Calculat	or (WDC v	2.1)	Monday, May 16, 2022 3:47 PM
1       8 abrube (no Shower)       0       1.00       5.5       5.5         2       8 abrube (no Shower)       0       1.00       2.0       2.0         3       Combination Bath/Shower       0       1.50       2.0       2.0         4       Fauet, Lawatory       0       2.00       1.5       1.5         4       Fauet, Lawatory       0       4.50       2.0       3.0         6       Water Closet, 1.26 GPG Granty Tank       0       4.50       2.0       3.0         6       Water Closet, 1.26 GPG Granty Tank       0       4.50       2.0       3.0         7       Dishwasher       0       4.50       2.0       2.0       3.0         8       Fauet, Kibehn Sink       0       2.00       1.3       1.3       3.0         1aundry Room Fiatures       0       1.6 docts Washer       0       2.00       1.5       1.5         15       1.2       Fauet, Lawndry       0       2.00       1.5       1.5       1.5         16       1.6 docts Washer       0       0.000       0.00       6.0       1.5       1.5       1.5       1.5       1.5       1.5       1.5       1.5       1.5 <th>[</th> <th>FIXTURE GROUPS</th> <th>FIXTURE</th> <th>n</th> <th>p</th> <th>q</th> <th>MAXIMUM RECOMMENDED FIXTURE FLOW RATE (GPM)</th> <th>COMPUTED RESULTS FOR PEAK PERIOD CONDITIONS</th>	[	FIXTURE GROUPS	FIXTURE	n	p	q	MAXIMUM RECOMMENDED FIXTURE FLOW RATE (GPM)	COMPUTED RESULTS FOR PEAK PERIOD CONDITIONS
s       Shower, per head (no Bathhub)       0       4.50       2.0       2.0         6       Vater Clockt, 1.28 GPF Gravity Tank       0       1.00       3.0       3.0         kitchen Fixtures       7       Dishwasher       0       0.50       1.3       1.3         Laundry Room Fixtures       8       Faucet, Kitchen Sink       0       2.00       2.2       2.2         Laundry Room Fixtures       10       faucet, Lard GVF       0       5.50       3.5       3.5         10       Faucet, Kitchen Sink       0       2.00       1.5       1.5       1.5         10       Faucet, Lard GVF       0       0.00       0.00       6.0       5.00       6.0         0ther Fixtures       11       Faucet, Lard Sink       0       0.00       0.0       6.0         12       Insture 2       0       0.000       0.0       6.0         13       Faxture 3       0       0.000       0.0       6.0         14       Faxture 3       0       0.000       0.0       6.0         15       Epset       UPM       LPS       RUN       É       CLICK BUTTON É		Bathroom Fixtures	Bathtub (no Shower)     Bidet     Combination Bath/Shower     Faucet, Lavatory	0 0 0	1.00 1.00 5.50 2.00	5.5 2.0 5.5 1.5	5.5 2.0 5.5 1.5	Total No. of Fixtures in Calculation
Laundry Room Fistures     0     200     23     35       10     Paucet, Laundry     0     2.00     2.0       Bar/Prep Fistures     11     Paucet, Bar Sink     0     2.00     1.0       0 ther Fistures     11     Faure 1     0     0.00     6.0       0 ther Fistures     13     Future 2     0     0.00     6.0       0 ther Fistures     14     Fisture 3     0     0.00     6.0       14     Fisture 3     0     0.00     6.0       0     0.00     0.0     6.0       14     Fisture 3     0     0.00     6.0       0     0.00     0.0     6.0       14     Fisture 3     0     0.00     6.0       0     0.00     0.0     6.0       15     Fisture 3     0     0.00     6.0		Kitchen Fixtures	5 Shower, per head (no Bathtub) 6 Water Closet, 1.28 GPF Gravity Tank 7 Dishwasher 8 Faucet, Kitchen Sink 7 Dishwasher	0	4.50 1.00 0.50 2.00	2.0 3.0 1.3 2.2	2.0 3.0 1.3 2.2	99 <sup>th</sup> Percentile Demand Flow Hunter Number
Other Fixtures         13         Fixture 2         0         0.00         0.0         6.0           14         Fixture 3         0         0.00         0.0         6.0           DOWNLOAD RESULT         RESET WDC         V Select Units for Water Demand         V         RUN WDC         CLICK BUITION C		Laundry Room Fixtures Bar/Prep Fixtures	9 Clothes Washer 10 Faucet, Laundry 11 Faucet, Bar Sink 12 Fixture 1	0	2.00 2.00 0.00	2.0 1.5 0.0	2.0 1.5 6.0	Stagnation Probability
	l	Other Fixtures	13 Fixture 2 14 Fixture 3 Units fixed and a second secon	0 0 or Water Demand	0.00	0.0	6.0	
	next	RESULT	WDC GPM	LPM	25	WDC		14











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M	Microchip MCU and Sensors Used in Solution								
	Category	Chip Model	Features	Images					
	мси	Silicon Labs EFR32MG21A010F1024IM32-BR	<ul> <li>ARM Cortex-M33 core CPU</li> <li>1024 KB flash, Zigbee</li> <li>3.21 x 3.21 x 0.85 mm<sup>3</sup></li> </ul>						
		PUI Audio PMM-3738-VM1010-R	<ul> <li>Analog</li> <li>Wake-up functionality</li> <li>3.76 x 2.95 x 1.3 mm<sup>3</sup></li> </ul>	<b>\$</b>					
	Microphone	Knowles SPH0645LM4H-1	<ul> <li>Digital</li> <li>3.5 x 2.65 x 0.98 mm<sup>3</sup></li> </ul>	۵					
		SPK2611HM7H-1-6	<ul> <li>Digital</li> <li>Keyword recognition</li> <li>4.00 x 3.00 x 1.30 mm<sup>3</sup></li> </ul>	<u>چ</u>					
	Temperature sensor	MAX30208CLB+	<ul> <li>Digital</li> <li>2 X 2 X 0.75 mm<sup>3</sup></li> <li>Resolution 0.005°C</li> </ul>						
-	Microcontr	oller unit (MCU)	<ul> <li>Miniatu</li> <li>Low noi</li> <li>Low por</li> <li>Low dis</li> <li>High se</li> <li>High se</li> </ul>	re. ise. wer consumptior tortion. nsitivity. gnal-noise ratio.	۱.				
<u>M Lab</u>		1(	)		C				

































# Comparing Measured Peak Flow Rates to WDC Estimates

Gary Klein Gary Klein and Associates, Inc. gary@garykleinassociates.com 916-549-7080

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#### 1

#### Special thanks to:

Steffi Becking and Elise Wall, 2050 Partners, Inc. Amy Dryden and Jack Aitchison, Association for Energy Affordability Kelly Cunningham, Codes and Standards Program Pacific Gas and Electric Company (PG&E) California Public Utilities Commission







			Monitoring Data				UPC Appendix M		l	JPC Appendix	A
	City	Monitored Apartments	Monitoring Period (day)	Logging Interval (sec)	at Zero Flow	Peak (gpm)	Design (gpm)	Relative to Study Peak	WSFU	Design (gpm)	Relative to Study Peak
Α	Davis, CA	8	304	15	87%	2.1	6	2.6x	27	19	8.8x
в	Oakland, CA	8	10	1	-	3.6	13	3.7x	42	25	6.9x
С	Atascadero, CA	10	257	60	-	5.7	17	3.0x	90	41	7.2x
D	Atascadero, CA	12	257	60	-	5.2	17	3.3x	95	42	8.1x
Е	Davis, CA	32	304	15	56%	4.0	8	2.0x	108	46	11.5x
F	Oakland, CA	24	14	1	48%	9.8	18	1.8x	123	49	5.0x
G	New Hartford, NY	35	26	60	69%	3.3	10	2.9x	127	50	15.2x
н	San Francisco, CA	15	9	1	-	5.7	19	3.4x	169	59	10.4x
L	Seattle, WA	60	823	60	-	4.5	12	2.6x	215	68	15.1x
J	Rotterdam, NY	24	18	60	38%	3.3	19	5.8x	225	70	21.2x
κ	Gloversville, NY	40	12	60	-	5.6	20	3.5x	246	74	13.2x
L	Rome, NY	83	15	60	37%	4.8	13	2.8x	295	84	17.5x
М	San Francisco, CA	120	12	1	-	9.6	32	3.3x	603	143	14.9x
N	San Francisco, CA	134	12	1	38%	13	33	2.6x	665	155	12.1x
0	Albany, NY	209	21	60	-	7.1	22	3.1x	735	168	23.6x
Р	Seattle, WA	384	609	60	8%	19	85	4.6x	3802	500	26.7x
Q	Sunnyvale, CA	24	272	60	-	5.4	19	3.7x	189	63	12.1x
R	Rotterdam, NY	24	22	1	-	3.1	19	6.2x	225	70	22.6x
S	Woodland, CA	9	128	60	84%	4	16	4.1x	73	37	9.3x
т	San Jose, CA	12	59	60	72%	4	18	4.4x	106	45	11.3x
							Median	3.3x			12.1x



**Background:** Existing premise plumbing simulation tools, such as EPANET, which was developed for outdoor water distribution systems, are lacking in two key areas:

- Heat transfer is not well integrated
- Mycobacteria dynamics not understood and poorly modeled (dispersion only in flow direction)
- **Technical Approach:**
- Facilitate the incorporation of a TRNSYS Type604
   pipe heat transfer model into EPANET
- Develop a reliable model for mycobacteria dynamics in plumbing



Mark Kedzierski



# Nontuberculous Mycobacteria Density (NTM)

# NIST

NIST

#### Background:

- One the four most important OPPPs
- Associated with pulmonary illnesses
   and inflammatory bowel disease
- Increasing concentration as water moves from treatment plant to points of use.

#### **Need for Improved Models**

Quantify growth (or inhibition) of mycobacteria for better estimation of the risks association with mycobacteria in hot and cold-water plumbing

#### Complicated 2-D Problem



Discharge parameters correlated with or predictive of growth Pipe temperature Pipe disinfectant residual Pipe pH Pipe HPC

**Pipe design and operation factors that plays a role in growth Pipe diameter** Use frequency/stagnation time

Feed parameters that determine or predict growth Feed temperature Feed disinfectant residual Feed pH Feed HPC

#### Nontuberculous Mycobacteria Density (NTM) Measurements

#### Full factorial experimental design

with duplicate pipes for each set of factors.

- pipe material (PEX, PVC and copper),
- pipe diameter (small [half inch] and large [three quarter inch])
- use (low once weekly and high each twelve hours) and
- secondary disinfectant

Measurements from:

Tim Bartrand, Executive Director ESPRI - The Environmental Science Policy and Research Institute tbartrand@esprinstitute.org



Pipe racks operated for 9 months.



Pipe samples were fed and incubated to produce Mycobacteria Colonies to be counted, i.e., the NTM

## Nontuberculous Mycobacteria Density (NTM) Model NIST

**Background:** based on a NIST model that was derived to predict the thickness of the contaminant excess layer on water plumbing surfaces. The original model was developed using in-situ measurements that were obtained from a fluorescence-based measurement technique.

$$NTM = \frac{4C}{D_{\rm i}} \left( 27D_{\rm i} \left( \frac{D_{\rm s}}{D_{\rm si}} \right)^{0.8} + \frac{2\nu_{\rm d}D_{\rm dw}}{K_{\rm J}u_{*}^{2}\beta_{\rm T}} \right) \left( 1 - e^{\frac{-K_{\rm J}u_{*}^{2}}{2\nu_{\rm d}}t_{\rm s}} \right)$$

Where C is 1 MPN/ml. NTM was obtained by averaging the repeat measurements.

NTM = NTM Density (MPN/mL)  $D_i = \text{internal tube diameter, m}$   $t_s = \text{use duration, s}$   $D_s = \text{disinfectant residual concentration mg/L}$   $D_{si} = \text{disinfectant residual concentration in feed mg/L}$   $K_J = \text{entrainment constant}$   $D_{wd} = \text{diffusion coefficient}$   $B_T = \text{transition depth}$ u = friction velocity The model is governed by turbulent convection and diffusion of contaminant from the surface.

The modified model captures the rate of NTM colonization in a pipe during a prescribed stagnation period (*t*<sub>s</sub>). The original model was modified by converting the contaminant thickness on the pipe to a rate of the reduction in the contaminant excess layer as the pipe is flushed.

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NATIONAL INSTITUTE OF STANDARDS AND TECHNOLOGY U.S. DEPARTMENT OF COMMERCE

ACKGROUND				ſ	VIST
ackground:					
Assessing plumbing ir	nnovations would be	enefit from s	standard	use cas	es
Standard reference I Indoor Air Quality an	building models are alyses	key tools in	building	energy	and
	NIST Technical Note 2072 Airflow and Indoor Air Quality Models of DOE Prototype Commercial Buildings	Standalone retail	Strip mall ise apartment Large In Outpatient clinic Outpatient clinic Medium office	Primary school otel Sit-down restaurant	Secondary school

# OBJECTIVE

# 

#### **Objective:**

To define, develop, and document plumbing systems associated with a subset of prototype buildings for researchers to support consistent analyses of plumbing system performance in residential, commercial and institutional buildings, including studies of the impacts of different/emerging technologies, design approaches and operating strategies.

# **TECHNICAL APPROACH**

#### **Technical Approach:**

- NIST contract with local A&E firm
- Designed plumbing systems to 2018 International Plumbing Code
- Produced Revit files for all models
- 3 residential & 4 commercial buildings





# <section-header>What's Next?Image: Constraint of the second se





**L** 

# **Point-of-Use RO Systems**

Can reduce contaminants such as:

- Total dissolved solids (TDS)
- · Heavy metals (e.g., lead, arsenic, chromium)
- Nitrite/nitrate
- Volatile organic compounds (VOCs)
- PFAS/PFOA

#### **Potential Savings**

· Estimates around 3,200 gallons per year compared to typical systems

#### Next Steps

- Notification of Intent (NOI) released in 2022, draft anticipated in 2023
- · Expected to incorporate ASSE 1086 and NSF/ANSI 58



# WaterSense Labeled Homes Study

- WaterSense piloted V2 in summer of 2020 in Las Vegas area (following the sunset of SNWA WaterSmart Homes)
  - · 568 homes were certified through the pilot project
- Metered water usage was collected from the retail utilities and paired with information gathered during the inspection/certification process
- Median use was 44 kgal/year (based on 160 WaterSense labeled homes) compared to 97 kgal/year in typical new construction in the area
  - At this rate roughly 7.5 homes/year can be supplied with an acre-foot of water compared to 3-4 homes/year typically seen in the West
- Full report available online



Assessing Water Use in WaterSense-Labeled Homes and Quantifying the Savings

# **Comparing Data From Other Sources**



\*USGS provides estimates in gallons/person/day (gpcd). Value is based on the USGS estimate of 123 gpcd and the Census estimate of 2.76 people/household in Clark County, NV

# **Filling Data Gaps**



ENERGY STAR® PortfolioManager®

ENERGY STAR & WaterSense work together to reach commercial and multifamily audiences through Portfolio Manager

 Including the EPA Water Score for multifamily properties

What can Portfolio Manager tell us about water use in the U.S.?

- 284,000 properties benchmark in Portfolio Manager (water and/or energy)
- 137,000 properties benchmark water
- · Algorithm returns 43,823 properties with a greater than 75% confidence for water use data
- Individual properties types were then evaluated for distribution across age, size, climate, and operators

# How Much Water do Buildings Use?

	WUI (gal/ft²)						
Property Type	5th	25th	50th	75th	95th		
College/University	2.48	6.20	13.4	28.3	66.9		
K-12 School	3.02	6.69	10.5	18.0	40.6		
Hospital (General Medical & Surgical)	14.3	38.3	55.7	77.4	151		
Hotel	23.9	40.1	52.0	69.3	120.2		
Multifamily	17.5	34.6	53.0	83.1	145		
Office	2.04	6.47	13.4	23.4	73.4		
Medical Office	5.18	11.4	21.2	39.8	95.2		
Fire Station	4.20	13.4	26.6	51.5	158		
Retail Store	1.49	3.03	7.09	21.6	55.5		
Warehouse/Storage Facility	1.24	2.02	3.93	7.65	17.4		

\*The labeled homes in the previous study had an average use intensity of 25.2 gal/ft<sup>2</sup>



- Wildfire Research (Levi Haupert and Matthew Magnuson)
  - Study uptake and release of wildfire-associated contaminants (including benzene) from plastic drinking water pipes.
  - Investigate sampling and remediation strategies for drinking water infrastructure affected by wildfires.
  - Working closely with Regions in the west (8, 9, 10) and states like California on scoping the research.
  - Work is primarily bench scale using new and fire damaged pipes.
  - Started with benzene and is now moving on to a mixture of VOCs.

#### **≎EPA**

## **EPA Premise Plumbing Research**

- Homeland Security Full Scale Premise Plumbing Research (Helen Buse and Jeff Szabo)
  - Monitoring of chemical and microbiological water quality parameters while the newly constructed PPS reaches a steady water usage and operational state
  - Evaluation of various disinfectants (e.g., HOCl, NH2Cl, etc.), operational practices(e.g., frequent flushing, increased HWH temperatures), and decontamination technologies (e.g., POE, POU tech) to remediate chemical and microbiological contaminants in both the bulk and biofilm phases
  - · Aerosolization of contaminants from showers and toilets



- Water Infrastructure Division Research (Jon Burkhardt)
  - Started to support research into Lead exposure in premise plumbing systems
  - Developing open-source Python tool (PPMtools) as a modeling framework for this work
  - Single family home experimental rig built
    - Instrumented with pressure, flow and conductivity sensors
  - Utilizing EPA hydraulic modeling tools: EPANET, EPANET-MSX, WNTR
  - · Identified data needs and limitations associated with modeling
    - Lack of fixture level pressure data, dispersion modeling for relevant flow rates/pipe sizes, lack of understanding into inter-use stagnation
  - Future work focused on effects of flushing, dispersion modeling validation, lead exposure modeling, modeling capabilities for using EPANET-MSX in PPMtools



## Water Security Test Bed








# Full Scale Premise Plumbing – T&E Facility



Hot Water Heaters





# Inlet, Shower and Toilet Connections









Shower and Toilets





#### 

# Online Monitoring



Water Usage

Energy Usage

Pipe Temperature







# Water Quality in Buildings

Results of EPA sponsored study conducted by

Drexel, ESPRI, University of Colorado









# Laboratory research and risk assessment

- Nitrifiers and nontuberculous mycobacteria are pervasive in chloramine system
  - Even with flushing twice a day
- DALY framework for health impact of microbial and chemical contaminants
  - Disinfection byproducts risk > mycobacteria risk



ORIGINAL RESEARCH

WATER SCIENCE

#### Full factorial study of pipe characteristics, stagnation times, and water quality

Dienye L. Tolofari<sup>1</sup> | Sheldon V. Masters<sup>2</sup> | Tim Bartrand<sup>2</sup> | Kerry A. Hamilton<sup>3,4</sup> | Charles N. Haas<sup>4</sup> | Mira Olson<sup>1</sup> | R. Scott Summers<sup>5</sup> | Md Rasheduzzaman<sup>1</sup> | Audrey Young<sup>5</sup> | Rajveer Singh<sup>1</sup> | Patrick L. Gurian<sup>1</sup> |



Disability-Adjusted Life Year Frameworks for Comparing Health Impacts Associated with Mycobacterium avium, Trihalomethanes, and Haloacetic Acids in a Building Plumbing System Dienve L. Tolofari.\* Tim Bartrand, Charles N. Haas, Mira S. Olson, and Patrick L. Gurian

#### Learning from existing studies: Meta-analysis of temperature and *Legionella* occurrence in hotels

- Logistic regression fit to data from different studies of hotels
- Temperature above 65°C at the hot water tap is required to reduce the probability of detectable *Legionella* to <1%</li>
- If a tolerable concentration of *Legionella* was defined as ~1000 CFU/L (Hamilton et al., 2019), then substantially lower hot water temperatures such as 50°C might suffice



#### Research needs

-0-	water
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Article

MDPI

Managing Water Quality in Premise Plumbing: Subject Matter Experts' Perspectives and a Systematic Review of Guidance Documents

Rajveer Singh <sup>1,,,+</sup>0, Kerry A. Hamilton <sup>2,3,+</sup>0, Md Rasheduzzaman <sup>1,+</sup>0, Zhao Yang <sup>1,4,+</sup>, Saurajyoti Kar <sup>1</sup>0, Angelita Fasnacht <sup>1</sup>, Sheldon V. Masters <sup>5</sup>0 and Patrick L. Gurian <sup>1</sup>0

Complex and varied information needs

Gaps in knowledge

Differences in how to interpret available knowledge

Follow up Delphi study with more specific points of consensus/disagreement

Concern Areas		Significant Knowledge Gap Issues	Basis for Knowledg Gap Identification
Flushing (Operational)	1.	Determine optimum flushing frequency considering the tradeoff between residual replenishment and OPPPs nutrient feeding.	Disagreement amon SMEs and GDs
Residual levels (Operational)	2.	Determine optimum numerical values for residual concentrations under different conditions with consideration of OPPPs control and tradeoffs with DBP formation.	Disagreement amon SMEs and GDs
Thermostatic mixing valves (Design)	3.	Investigate TMVs as problematic elements for OPPPs growth and if just alternative designs or proper maintenance can resolve issues.	Disagreement amon SMEs
Chloramine vs. chlorine (Operational)	4.	Investigate tradeoffs between disinfectants and if chloramines are effective for mycobacteria control.	Disagreement amon SMEs and GDs
Temperature control strategy (Design and operational)	5.	Despite a consensus understanding of temperate effects on Legionella, there is a lack of consensus on the emphasis on temperature, hydraulics, and the onle of mixing valves for OPPPs control. Very roughly one might describe the approaches as: (1) use high temperature (80 "C heater setpoint) and (2) use more moderate temperature (80–55 "C heater setpoint) but requires short flow times and limited temperature drops in pipes.	Disagreement amor SMEs
Water heater type (Design)	6.	Compare water quality of on-demand tankless heaters with tanked heaters.	Consensus that gap exists among SME
Pipe materials (Design)	7. 8.	Investigate suitable pipe materials or anti-microbial coating for OPPPs growth. Investigate impacts of copper as pipe material with respect to Lzgwalf and other OPPPs, leaching properties, and compatibility with hot water.	Consensus that gap exists among SMEs
Control strategy (Operational)	9.	Does temperature control work for mycobacteria and other OPPPs too? How do microbial communities adapt/shift in composition in response to temperature changes?	Consensus that gap exists among SMEs
OPPPs Characterization	10. 11.	Legionella (and other OPPPs) growth characterization with respect to temperature, time, residuals, nutrients, and other conditions. Standardize OPPPs characterization techniques (staining, etc.) and identify factors associated with OPPPs	Consensus that gap exists among SMEs

Build plumbing systems are commonly operated in ways *known* to provide favorable growth conditions for opportunistic pathogens



Practitioners' Perspective on the Prevalent Water Quality Management Practices for *Legionella* Control in Large Buildings in the United States

Rajveer Singh <sup>1,\*</sup>, Deepika Chauhan <sup>2,†</sup>, Alanna Fogarty <sup>2,†</sup>, Md Rasheduzzaman <sup>1,3,†</sup> and Patrick L. Gurian <sup>1</sup>

How do we act on the *knowledge we already have*?

Building water systems are generally operated at temperatures that protect against scalding but are favorable for growth of opportunistic pathogens

Parameters	Interview Response °F (°C)		Buildings in Compliance Total (Low Vuln., High Vuln.)	Guidance Compliance Recommendation °F (°C)	References	
	N	35				
	Median	130 (54)			OSHA, 1996	
Water Heater Set Point Temp	Range	105-192 (41-89)	37% (33%, 43%)	≥ 140 (≥60)	CDC, 2003 WHO, 2007 EGWG, 2017	
	St. Dev.	21 (12)			NASEM, 2020	
	N	36			WHO 9011	
Point of Use Temperature	Median	110 (43)	47% (52%, 40%)	< 110 (<43)	IPC, 2015	
	Range	90-128 (32-53)	0.10/ (0.00/10.00/)	100 101 (50 51)	DVA. 2014	
	St. Dev.	11 (6)	94% (90%, 100%)	122-124 (50-51)	EGWG, 2017	
	N	24				
Desire letter I err	Median	110 (43)		$\geq 122 (\geq 50)$	WHO 2007	
Temperature	Range	90-179 (32-82)	25% (27%, 22%)		EGWG 2017	
_	St. Dev.	20 (11)				
Maximum	N	22				
Temperature loss in plumbing (Set Point – Recirculation Loop)	Median	13 (7)	26% (39%, 15%)	< 9 (<5)	ASPE, 2008	
	St. Dev.	12 (7)				
	0 - 30 sec	18 (49%)		10-30 secs	ASPE, 2003	
Hot Water	21. 22	0 (010()	500/ (500/ 500/)	122-131 (50-55) at POU within 60 Sec	EGWG, 2017	
Tap	31-60 sec	9 (24%)	1370 (1370, 1370)	$\geq$ 131 ( $\geq$ 55) at distal	NASEM, 2020	
- ap	> 60 sec	10 (27%)		point within 60 Sec		

7

#### Temperature Summary in Building Surveys

Plumbing Information and Performance Evaluation Tool (PIPE): Guidance is available but it's complicated

	Microbial Risk			Scald Risk	
Hot	Water		Point	7	
°C	۰F	Compliance with 8 Guidance Documents	°C	۴	Compliance with 4 Guidance Documents
< 43	< 110	(8/0) X X X X X X X (0/8)	< 43	< 110	<b>\$\$\$ \$ \$ \$</b> (4/4)
43 - 48	110 - 118	(8/0)	43 - 48	110 - 118	✓ ✓ X X (2/4)
49 - 50	119 - 122		49 - 50	119 - 122	✓ ✓ X X (2/4)
51 - 54	123 - 130	✓✓✓✓✓✓××(6/8)	51 - 54	123 - 130	XXXX(0/4)
55 - 59	131 – 139	<b>~~~</b> (8/8)	55 - 59	131 – 139	XXXX(0/4)
>= 60	>= 140	<b>√√√√√√</b> (8/8)	>= 60	>= 140	XXXX(0/4)
	Annotation			Annotation	

Website to help practitioners identify appropriate sources of guidance Many guidance documents – almost every topic is covered somewhere Tradeoff between microbial risk and scald risk leads to conflicting guidance Get the knowledge we already have to the people who need it



## Contact information

- Patrick Gurian, Civil, Arch., and Env. Engineering, Drexel Univ.
  - pgurian@drexel.edu
- ResearchGate
  - <u>https://www.researchgate.net/project/Building-Water-Quality</u>
- Plumbing Information and Performance Evaluation (PIPE) tool
  - <u>https://research.coe.drexel.edu/caee/pipe/</u>
  - Still getting some bugs out





## **Right Sizing Tomorrow's Water Systems for** Efficiency, Sustainability, & Public Health



SJSU SAN JOSÉ STATE

Andrew Whelton, Jade Mitchell, Joan Rose, Juneseok Lee, Pouyan Nejadhashemi, Erin Dreelin, Tiong Gim Aw, Final Report: Amisha Shah, Maryam Salehi M

PURDUE MICHIGAN STATE

Tulane University **MEMPHIS** MANHATTAN

Now available at

www.PlumbingSafety.org

**System Basics** 

**Routine Operations** 

Disinfectant residual may not be replenished

Heavy metals can leach (Cu, Mn, Ni, Pb, Zn..)

Organics can leach/form (VOCs, SVOCs, DBPs)

Scale can destabilize and suspend

Harmful organisms can grow (e.g., L. pneumophila, MAC, P. aeruginosa ...)

#### Accident and Post-Disasters

Pressure loss, backflow, chemical spill, hurricane, flooding, wildfire, intentional attack, and more



Building water system public health risks Exposure Routes of Concern: Ingestion, Dermal, Inhalation

Purdue

#### Right Sizing Tomorrow's Water Systems for Efficiency, Sustainability, & Public Health, 2017-2022

To better understand and predict water quality and health risks posed by declining water usage and low flows

- Improve the public's understanding of decreased flow and establish a range of theoretical premise plumbing flow demands from the scientific literature and expert elicitation with our strategic partners
- 2. <u>Elucidate the factors and their interactions that affect drinking water quality</u> through fate and transport simulation models for residential and commercial buildings
- Create a risk-based decision support tool to help guide decision makers through the identification of premise plumbing characteristics, operations and maintenance practices that minimize health risks to building inhabitants.

Andrew Whelton, Jade Mitchell, Joan Rose, Juneseok Lee, Pouyan Nejadhashemi, Erin Dreelin, Tiong Gim Aw, Amisha Shah, Maryam Salehi

FINAL REPORT: To posted at <u>www.PlumbingSafety.org</u> December 2022

PURDUE MICHIGAN STATE UNIVERSITY MANNATTAN UNIVERSITY UNIVERSITY

rsity MEMPHIS



OBJECTIVE 1. Improve the understanding of decreased flow and establish a range of theoretical plumbing flow demands from the scientific literature and expert elicitation with our partners (Ind., Gov.)

- The <u>www.PlumbingSafety.org</u> website had 10,000s page views. Educational YouTube videos as well as lists of resources, and FAQs were created.
- <u>70+ presentations</u> for multiple sectors (public health, water utility, manufacturer, building design) in the U.S., Canada, the U.K., and also an international water association webinar.
- Supported homeowners about water testing, materials, and also wildfires.
- Helped develop the AWWA COVID-19 building water system guidance.
- Established a range of theoretical plumbing flow demands in the peer-review literature.



OBJECTIVE 2. Elucidate the factors and their interactions that affect drinking water quality through fate and transport simulation models for residential and commercial buildings (25+ peer-reviewed publications)



OBJECTIVE 3. Create a risk-based decision support tool to help guide decisions through the identification of plumbing characteristics, operations and maintenance practices that minimize health risks to building inhabitants.						
Plumbing water quality tool  formate 1 * Securit 2 *  Control	At these genesis ar region by	nline a Qualit	ind FREE y Tools N <u>Usefu</u>	Building Water Iow Available <mark>Iness</mark>		
Constantiation Children Children Chil		Exami (pipe	ine plumbin e length, cold vs	g design impacts . hot, conservation)		
Seemale 1 # Seemale 2 # The 1: Hazard Manifestion See 2 Exposure Assessment See 2 Exposure Asses		Ev	aluate wate (fixture type	r use impacts e, seasons)		
Coord a Alazef for this scansin Coord. Click do Click Heg Click Heg Clic	ere 🗲	Cor (Legio	mpare expo nella spp., MAC NO3 <sup>-</sup> , 1	sure scenarios ;, HPC, Cl₂, Cu, Fe, Pb, 'THM)		
PURDUE UNIVERSITY MICHIGAN STATE	SJSU SAN JOSÉ STATE UNIVERSITY	MANHATTAN College	Tulane University	THE UNIVERSITY OF MEMPHIS.		

### Thank you. Final report now on PlumbingSafety.org

Andrew Whelton, Ph.D. awhelton@purdue.edu @TheWheltonGroup





# Safe drinking water and infrastructure are critical to the health, safety, and economic security



Floods, Hurricanes Tropical Storms, Tornadoes, Snow, Ice, And Wildfires

1,000s of communities each year are affected prompting drinking water safety risks

Wildland Urban Interface (WUI) Human development intermingles with vegetative and wildland fuels Fastest growing land use 46M+ residences in 70,000 communities

PURDUE

EnvironmentAmerica.org













Max. Benzene	Wildfire Event / Location	Pop. Affected	System Name	Year
221	Marshall Fire/ Colorado	20,319	City of Louisville	2021
5.1	Marshall Fire/ Colorado	300	East Boulder County Water District	2021
5.5	Echo Mountain Fire/ Oregon	120	Whispering Pines Mobile Home Park	2020
11.3	Echo Mountain Fire/ Oregon	362	Hiland WC - Echo Mountain	2020
1.1	Echo Mountain Fire/ Oregon	760	Panther Creek Water District	2020
76.4	Almeda Fire/ Oregon	6,850	City of Talent	2020
44.9	Lionshead Fire/ Oregon	205	Detroit Water System	2020
1.8	CZU Lightning Complex Fire/ California	1,650	Big Basin Water Company	2020
42	CZU Lightning Complex Fire/ California	21,145	San Lorenzo Water District	2020
>2,217	Camp Fire/ California	26,032	Paradise Irrigation District	2018
38.3	Camp Fire/ California	924	Del Oro Water Co Magalia	2018
8.1	Camp Fire/ California	1,106	Del Oro Water Co Lime Saddle	2018
530	Camp Fire/ California	11,324	Del Oro Water Co Paradise Pines	2018
40,000	Tubbs Fire/ California	175,000	City of Santa Rosa	2017

Location	Year	Cause	Contaminant	Plumbing system decon method	Population affected	Health impacts	Duration, days
Nibley City, UT45	15	Truck spill	Diesel fuel	Flushing	5000	nr	1
Glendive, MT46	15	Pipe rupture, spill	Crude oil	Flushing	6000	Yes	5
Longueuil, QC, CN	15	Tank rupture, spill	Diesel fuel	None	230 000	No	2
Washington, D.C.47	14	Unknown	Petroleum product	Flushing	Est. 370	nr	3
Toledo, OH48	14	Algal bloom	Microcystins <sup>c</sup>	Flushing	500 000	No	2
Charleston, WV <sup>1</sup>	14	Tank rupture,	Coal chemical	Flushing	300 000	Yes	9 <sup>b</sup>
Jackson, WI49	12	Pipe rupture, spill	Petroleum product	nr	50	nr	30
Safed, Israel38	10	DS backflow	Diesel fuel	Flushing; surfactant	3000	nr	3
Boise, ID <sup>50</sup>	05	Unknown	TCE	Flushing	117	nr	nr
Stratford, ON, CN51	05	DS backflow	2-Butoxyethanol	Flushing	32 000	Yes	Up to 7
Northeast Italy52	02	New pipe install	Cutting oil	Flushing	4 bldgs	nr	Months
Guelph, CN53	97	DS backflow	Petroleum product	nr	48 000	nr	3
Charlotte, NC <sup>36</sup>	97	DS backflow	Fire suppressant (AFFF) <sup>d</sup>	Flushing	29 bldgs	No	nr
Tucumcari, NM32,54	95	DS backflow	Toluene, phenol, etc.ª	Flushing	nr	Yes	nr
Uintah Highlands, UT <sup>32</sup>	91	DS backflow	TriMec; 2,4-D; dicamba	nr	2000 homes	Yes	nr
Hawthorne, NJ36	87	DS backflow	Heptachlor	Cl <sub>2</sub> flush; replacement	63	No	nr
Gridley, KS <sup>54</sup>	87	DS backflow	Lexon DF	nr	10 homes, 1 business	nr	nr
Hope Mills, NC36	86	DS backflow	Heptachlor, chlordane	Flushing	23 homes	No	3
Pittsburgh, PA54	81	DS backflow	Heptachlor, chlordane	Flushing; replacement	300 (23 bldgs)	No	27
Lindale, Georgia <sup>55</sup>	80	DS construction	Phenolic compounds	Super-chlorination	Hospital	Yes	nr
Montgomery Cnty, PA <sup>35</sup>	79	Tank rupture, spill	TCE	nr	500	Yes	nr

Casteloes et al. 2015. Decontaminating chemically contaminated residential premise plumbing systems by flushing. <u>https://doi.org/10.1039/C5EW00118H</u>.

#### A few (of many) examples...

#### Statement by Environmental Activist (2014, WV):

"...the amount of chemical likely destroyed your home water treatment system."

"...if you had an RO system, the chemical likely ate the membrane."

"...your[plumbing] pipe material will not be impacted."

#### Statement by Scientist (2014, WV):

"It's a hydrophobic molecule like oil. You can't just flush it out... a substance like that. It sticks to surfaces, and you have to use soap and water."

#### Statement by Homeowner (2015, MT):

"I ran it for about ten minutes and had to open up the door for five minutes to get the smell out," she said. "My God, did I end up getting a headache."



#### The Response: Answers

Decontaminating chemically contaminated residential premise plumbing systems by flushing. <u>https://doi.org/10.1039/C5EW00118H</u>

Casteloes et al. 2016. Crude oil contamination of plastic & copper drinking water pipes. https://doi.org/10.1016/j.jhazmat.2017.06.015

Huang et al. 2017. The interaction of surfactants with plastic & copper plumbing materials during decontamination. https://doi.org/10.1016/j.jhazmat.2016.11.067

Hawes et al. 2016. Predicting contaminated water removal from residential water heaters under various flushing scenarios. https://doi.org/10.5942/jawwa.2017.109.0085

Akalp et al. 2016. Tap water & indoor air contamination due to an unintentional chemical spill in source water. <u>https://10.14455/ISEC.res.2016.9</u>

Sain et al. 2015. Assessing human exposure & odor detection during showering with crude 4-MCHM contaminated drinking water. https://doi.org/10.1016/j.scitotenv.2015.08.050

And more...

September 21, 2022





















# Why Plumbing-Focused Organizations and Plumbing Specialization Matter for Innovation.

"In a knowledge-based economy (that is an economy which is directly based on production, distribution and use of knowledge and information) requires knowledge-based workers... and that knowledge work is effective if only it is highly specialized (e.g., what makes a brain surgeon effective is that he is highly specialized in brain surgery, but by the same token couldn't repair a damaged knee and would probably be helpless if confronted with a tropical parasite in the blood). This is true for all knowledge work. Generalists... are of limited use in a knowledge economy. In fact, they are productive only they themselves become specialists in managing knowledge and knowledge workers. The knowledge needed in any activity has become highly specialized. It is therefore increasingly expensive and difficult to maintain enough critical mass for every major task in an enterprise. <u>And because knowledge rapidly deteriorates unless it is used constantly, maintaining within an organization an activity that is used only intermittently guarantees incompetence."</u> *Peter Drucker,* On Management, 1974

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# Plumbing Research Needs: Brainstorming

- Sustainability (Water and energy efficiency)
- Public health (OPPP)
- Infrastructure
- Resilience
- Decarbonization, e.g.
  - More focus on energy efficiency and fuel type
  - More heat pump water heaters
- Climate change more focus on resilience