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## The Brake Pedal Force Capability of Adult Females

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# The Brake Pedal Force Capability of Adult Females 

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#### Abstract

NBS Technical Notes are designed to supplement the Bureau's regular publications program. They provide a means for making available scientific data that are of transient or limited interest. Technical Notes may be listed or referred to in the open literature.


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## ABSTRACT

A survey of the brake pedal force capability of 105 women employees at the National Bureau of Standards, Washington, D. C., was performed utilizing two stationary passenger automobiles as test vehicles. Results showed that over $50 \%$ of the test subjects could not achieve an average sustained brake pedal force of 200 1b, a value which is considered an acceptable braking system input force under certain conditions of the current Federal Motor Vehicle Safety Standard (FMVSS No. 105) for passenger vehicle braking system performance.

Key words: Automotive braking systems; brakes; brake pedal forces; Federal Motor Vehicle Safety Standards; pedal effort; women, strength of

## 1. INTRODUCTION

Federal Motor Vehicle Safety Standard No. 105 [1] and SAE Recommended Practice J937a, Service Brake System Performance Requirements Passenger Car [2], allow brake pedal forces up to 200 lb under certain conditions. Since women in general are physically weaker than men, their pedal force capabilities are an important factor in establishing a maximum acceptable level for brake system input forces. There has been considerable discussion recently in government and industry as to

[^0]

| Reference polw | distance frum indefl.leted SEAT BACK, INE:HIS |  |
| :---: | :---: | :---: |
|  | seat locatios |  |
|  | pusition 1 | pasirios 7 |
| A - Center of undeflected brake pedal | 32 | 37 |
| - Center of brake pedal with 100 lb force | 35 | 40 |
| - Center of brake pedal with 100 lb force and hydraulic failure simulated | 38 | 43 |
| B - Flocr behind hrake peilal | 41 | 46 |
| C - Acceleracor pedal | 37 | 41 |

DIMENSIONS FOR VEHICLE " 4 "


| RFFERHNCE POINT | DISTANCE FROM UNDEFLECTED SEAT BACK, LNCHES |  |
| :---: | :---: | :---: |
|  | SEAT LOCATION |  |
|  | POSITION 1 | POSITION 11 |
| 1-Center of undeflected brake pedal | 33 | 38 |
| - lienter uf brake pedal with 100 lo forie | 36 | 41 |
| B - Flowr behind brake pedisi | 41 | 46 |
| C- तो.eleratur pedal | 36 | 41 |
| D - Flowe betrind acrelerator pedal | 39 | $4{ }_{4}$ |

DIMENSIONS FOR VEHICLE " 8 "

## FIG I-DIMENSIONS OF TEST VEHICLES

whether the 200 lb force allowed is realistic when consideration is given to actual brake usage conditions and the pedal force capabilities of the weaker portion of the driving population.

The object of this test program was to obtain data on the brake pedal force capabilities of females of driving age. All testing was done in stationary vehicles. It is recognized that testing in a moving vehicle with simulated emergency or panic situations may have in some cases produced higher pedal efforts. However, people react differently under emergency conditions and some pedal efforts may have been lower. It is believed that the results obtained in this test program are a reasonable basis for establishing maximum pedal effort requirements.

## 2. PROCEDURE

### 2.1 Apparatus and Instrumentation

Two late model cars were used for the tests. Both vehicles were equipped with standard (non-power) brakes. The driver seat in vehicle A was of the conventional adjustable bench type and the seat in vehicle B was a bucket type with fore and aft adjustment. Both contained lap type seat belts. Sketches of the brake pedal to seat relationship for the two vehicles are shown in figure 1.

Both vehicles were equipped with split hydraulic braking systems. The split system consists of two separate hydraulic circuits operated by tandem pistons in a common master cylinder. One circuit actuates the front brakes and the other actuates the rear brakes. In the event of a leak or rupture in one circuit, the other circuit remains operational. However, because of the construction of the master cylinder, brake pedal travel is increased when fluid loss occurs. A hydraulic system failure therefore is accompanied by an increase in the distance between the seat and brake pedal with the brake in the applied position. To evaluate the effect of increased pedal travel on maximum pedal force capabilities a failure simulated system was installed in vehicle A. The system, diagrammed in figure 2 , consists of a solenoid operated


FIG 2-SCHEMATIC OF BRAKE HYDRAULIC SYSTEM IN VEHICLE "A" SHOWING INSTRUMENTATION AND FAILURE SIMULATION SYSTEM
valve which when energized returns displaced fluid in the front hydraulic circuit to the master cylinder reservoir. The simulated failure caused an increase of about 3 inches in pedal travel at a pedal force of 100 pounds.

Effective pedal forces were obtained by measuring fluid pressure in the brake systems. The instrumentation is shown schematically in figure 2. This system consisted of a pressure transducer for each vehicle, a dc power supply and a 2 -channel recorder. The transducer provided an electrical output proportional to pressure which was recorded versus time on the recorder. With the non-power brakes there was a linear relationship between pedal force and line pressure and the system could be calibrated to read directly in pedal force. This was achieved by using a pedal force transducer attached to the brake pedal to indicate force applied. A known force was applied normal to the brake pedal pad and the recorder gain control was adjusted to produce the desired span on the pedal force axis.

Position of the driver's seat during the test was considered to be a possibly important factor for use in analyzing results. A simple pointer and scale device was installed in each vehicle to indicate seat position. The seat in vehicle A was adjustable to seven equally spaced positions over a distance of 4.5 inches. The seat in vehicle B was adjustable to eleven equally spaced positions over a distance of 5 inches.

### 2.2 Test Subjects

Test subjects were obtained on a volunteer basis and consisted of female persons, the great majority of whom were employed at the National Bureau of Standards. They ranged in height from 59 to 69 inches, in weight from 102 to 206 pounds and in age from 18 to 62 years. The test group was of working age and thus no older persons were included.

Each subject was informed before entering the vehicle that the purpose of the test was to determine how hard she could push on the brake pedal. Each subject, except number 5, was first tested in vehicle A and then vehicle B. Four brake applications were made in vehicle A; two with the system intact and two with a simulated failure. Two brake applications were made in vehicle B. It was thought that as short a time as practicable should be used for each application since test subject fatigue could affect the results of the later applications. All applications were maintained for approximately five seconds. This interval was chosen because it is representative of the approximate time required to bring a vehicle to a complete stop from 60 mph in a panic situation. Pedal force versus time was recorded on a chart recorder for all applications.

The tests were conducted as follows:
(a) Brake Application Number 1 - The subject was asked to sit in vehicle $A$, adjust the seat to a comfortable driving position and fasten the seat belt. The tester noted the seat position on an information card. The seat was not moved by the individual test subject after the initial adjustment. The subject was asked to push as hard as possible on the brake pedal until told to release it. After a five second interval she was told to release the pedal in this and all subsequent applications.
(b) Brake Application Number 2 - The subject was asked to push again and encouraged to try to push harder until told to release.
(c) Brake Application Number 3 - The subject was told that pedal travel was going to be increased (at this point the solenoid valve was opened, simulating a system failure) and to push again as hard as possible until told to release.
(d) Brake Application Number 4 - The subject was asked to push again (with the simulated failure existing) and encouraged to try to push harder.
(e) Brake Application Number 5 - The subject was asked to leave vehicle $A$ and sit in vehicle $B$. The instructions to adjust the seat to a comfortable driving position and fasten the seat belt were repeated and seat position was noted. The subject was asked to push as hard as possible on the brake pedal until told to release.
(f) Brake Application Number 6 - The subject was asked to push again and encouraged to try to push harder until told to release.

The subject was informed that the test was complete and requested to fill out an information card giving height, weight, age and occupation. The subject dropped the card into a box and was not requested to give her name or show the card to testing personnel. This was an attempt to eliminate any hesitation on the part of the subject to provide this information. Information cards were related to recorder charts by assigning a test number to each subject. A sample information card is shown in figure 3.

## 3. RESULTS OF TEST

A sample recorder trace for a single brake pedal application is shown in figure 4. This sample is marked to clarify its meaning. For each subject there are six traces of this type since six pedal applications were made. For each trace two pieces of data were tabulated for analysis; the maximum pedal force reached during the application and the average pedal force sustained for a five second interval. The average sustained pedal force was obtained by a simple graphical integration approximation. This consisted of positioning a straight line with a length representing 5 seconds parallel to the time axis and intersecting the pedal force trace so that the area between the line and trace above the line is estimated to equal the area between the line and the trace below the line. The point of intersection of the line and trace represents the average pedal force sustained for five seconds. Results of applications 2,4 and 6 are summarized in table 1 below.


FIG 3-SAMPLE SUBJECT INFORMATION CARD


FIG 4-SAMPLE RECORDER TRACE FOR A SINGLE BRAKE PEDAL APPLICATION

TABLE 1. AVERAGE SUSTAINED PEDAL FORCE FOR 5 SECONDS FOR SELECTED PERCENTILES

| Percentile | Brake application number |  |  |
| :---: | :---: | :---: | :---: |
|  | 2 <br> Vehicle A normal pedal | Vehicle A low pedal | 6 <br> Vehicle B normal peda1 |
|  | Pedal force, pounds |  |  |
| 95 | 260 | 200 | 275 |
| 90 | 240 | 180 | 250 |
| 80 | 220 | 160 | 235 |
| 50 | 175 | 130 | 190 |
| 20 | 135 | 100 | 165 |
| 10 | 120 | 80 | 135 |
| 5 | 90 | 65 | 125 |

Data from the subject information cards is shown in table 2. Maximum and average pedal force data for each of the six pedal applications are shown in table 3 .

## 4. DISCUSSION OF RESULTS

### 4.1 Test Subject Sample

Frequency distributions (histograms) of height, weight and age of test subjects are shown in figure 5. Comparison of this data to information in Reference 1 of a random sampling of 58,343 women 18-79 years of age indicates that the present sample of test subjects contained no serious distortions.

### 4.2 Motivational Considerations

There are many factors which might affect the pedal force capabilities of drivers in the stationary test situation as well as while driving when an emergency occurs. Some factors difficult to assess in a test series are motivation and cooperation of the test subjects and



FIG 5-TEST SUBJECT INFORMATION HISTOGRAMS

| Subject number | $\begin{gathered} \text { Height, } \\ \text { in } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Weight, } \\ \text { lb } \end{gathered}$ | Age | Occupation | $\qquad$ position, Vehicle A | $\begin{gathered} \text { Seat } \\ \text { position, } \\ \text { Vehicle B } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $1^{\text {a }}$ | 61 | 110 | 18 | Secretary | 1 | 1 |
| 2 | 59 | 125 | 35 | Cafeteria | 2 | 1 |
| 3 | 65 | 112 | 19 | Typist | 2 | 2 |
| 4 | 63 | 130 | 18 | Typist | 2 | 1 |
| 5 | 64 | 110 | 21 | Typist | 1 | 1 |
| 6 | 67 | 175 | 30 | Cafeteria | 3 | 3 |
| 7 | 67 | 139 | 43 | Admin. Aid | 5 | 6 |
| 8 | 64 | 135 | 23 | Secretary | 3 | 1 |
| 9 | 65 | 121 | 18 | Typist | 5 | 6 |
| 10 | 61 | 128 | 48 | Clerk | 2 | 1 |
| 11 | 64 | 158 | 48 | Cafeteria | 3 | 5 |
| 12 | 66 | 115 | 20 | Typist | 3 | 3 |
| 13 | 62 | 135 | 25 | Typist | 1 | 1 |
| 14 | 67 | 185 | 53 | Clerk | 4 | 5 |
| 15 | 63 | 115 | 59 | Cafeteria | 2 | 5 |
| 16 | 68 | 150 | 20 | Secretary | 4 | 5 |
| 17 | 62 | 140 | 28 | Typist | 4 | 2 |
| 18 | 62 | 115 | 33 | Clerk | 2 | 1 |
| 19 | 60.5 | 102 | 46 | Typist | 2 | 1 |
| 20 | 64 | 110 | 18 | (Not given) | 2 | 1 |
| 21 | 62.5 | 125 | 39 | Clerk | 2 | 1 |
| 22 | 67 | 160 | 58 | Clerk | 5 | 8 |
| 23 | 64 | 115 | 26 | Comp. Prog. | 3 | 2 |
| 24 | 67 | 163 | 46 | Housewife | 3 | 4 |
| 25 | 60.5 | 110 | 38 | Lib. Tech. | 1 | 1 |
| 26 | 67 | 157 | 43 | Clerk | 5 | 7 |
| 27 | 63 | 118 | 19 | Clerk | 1 | 1 |
| 28 | 61 | 120 | 24 | Supervisor | 1 | 1 |
| 29 | 62 | 130 | 47 | Clerk | 1 | 1 |
| 30 | 64 | 125 | 22 | Clerk | 3 | 2 |
| 31 | 64 | 169 | 47 | (Not given) | 3 | 2 |
| 32 | 65 | 150 | 34 | Clerk | 1 | 3 |
| 33 | 62 | 140 | 49 | Analyst | 1 | 1 |
| 34 | 66 | 140 | 38 | Clerk | 4 | 6 |
| 35 | 64 | 116 | 23 | Secretary | 2 | 3 |

[^1](Continued)

TABLE 2 (Cont'd)

| Subject number | $\begin{gathered} \text { Height, } \\ \text { in } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Weight, } \\ 1 \mathrm{~b} \\ \hline \end{gathered}$ | Age | Occupation |  | $\begin{gathered} \text { Seat } \\ \text { position, } \\ \text { Vehicle B } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 36 | 64 | 150 | 54 | Typist | 4 | 7 |
| 37 | 62 | 135 | 56 | Accountant | 4 | 6 |
| 38 | 64 | 114 | 19 | Secretary | 2 | 1 |
| 39 | 61 | 114 | 30 | Secretary | 2 | 3 |
| 40 | 61 | 125 | 30 | Comp. Prog. | 1 | 1 |
| $41^{\text {a }}$ | 66 | 120 | 42 | Analyst | 6 | 8 |
| 42 | 67.5 | 140 | 54 | Analyst | 4 | 4 |
| 43 | 62.5 | 119 | 20 | Clerk | 1 | 1 |
| 44 | 64 | 124 | 21 | Clerk | 4 | 6 |
| 45 | 64 | 125 | 37 | Clerk | 2 | 1 |
| 46 | 60 | 110 | 40 | Chemist | 2 | 1 |
| 47 | 66 | 170 | 45 | Physicist | 5 | 9 |
| 48 | 66 | 138 | 49 | Adm. Asst. | 5 | 7 |
| 49 | 62 | 118 | 48 | Typist | 3 | 1 |
| 50 | 69 | 165 | 50 | (Not given) | 3 | 7 |
| 51 | 59 | 125 | 62 | Acct. Tech. | 3 | 7 |
| 52 | 63 | 115 | 32 | Supervisor | 1 | 1 |
| 53 | 64 | 109 | 21 | Clerk | 3 | 5 |
| 54 | 66 | 130 | 38 | Physicist | 5 | 7 |
| 55 | 61 | 128 | 49 | Math. Tech. | 1 | 1 |
| 56 | 62 | 137 | 20 | Bookkeeper | 2 | 1 |
| 57 | 67 | 126 | 20 | Secretary | 7 | 7 |
| 58 | 66 | 133 | 19 | Clerk | 2 | 4 |
| 59 | 64 | 142 | 31 | Supervisor | 3 | 4 |
| 60 | 61.75 | 125 | 20 | Typist | 1 | 1 |
| 61 | 61 | 135 | 25 | Clerk | 1 | 1 |
| 62 | 64 | 160 | 22 | Secretary | 3 | 4 |
| 63 | 62.5 | 117 | 42 | (Not given) | 1 | 1 |
| 64 | 63 | 115 | 20 | Secretary | 1 | 1 |
| 65 | 65 | 115 | 23 | Personnel | 3 | 2 |
| 66 | 67.5 | 146 | 20 | Clerk | 4 | 6 |
| 67 | 64 | 150 | 55 | Personnel | 4 | 2 |
| 68 | 64 | 140 | 53 | Procurement | 4 | 2 |
| 69 | 62 | 115 | 25 | Adm. Aid | 1 | 2 |
| 70 | 67 | 135 | 36 | Tech.Info.Spec. | 3 | 2 |

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TABLE 2 (Cont'd)

| Subject number | $\begin{gathered} \text { Height, } \\ \text { in } \\ \hline \end{gathered}$ | $\begin{gathered} \text { Weight, } \\ \text { 1b } \\ \hline \end{gathered}$ | Age | Occupation | Seat position, Vehicle A | Seat position, Vehicle B |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 71 | 66.5 | 122 | 41 | Secretary | 4 | 4 |
| 72 | 61 | 116 | 45 | Secretary | 1 | 1 |
| 73 | 61 | 120 | 56 | Secretary | 1 | 1 |
| 74 | 63 | 145 | 27 | Secretary | 4 | 1 |
| 75 | 61 | 110 | 43 | Secretary | 1 | 1 |
| 76 | 69 | 149 | 25 | Physicist | 7 | 9 |
| 77 | 62 | 115 | 34 | Clerk | 1 | 1 |
| 78 | 68 | 158 | 18 | Secretary | 7 | 7 |
| 79 | 62 | 137 | 48 | Laborer | 2 | 4 |
| 80 | 66 | 176 | 55 | Laborer | 3 | 6 |
| 81 | 68 | 135 | 51 | Budget Analyst | 5 | 7 |
| 82 | 65.5 | 160 | 27 | Key Punch | 2 | 1 |
| 83 | 65 | 140 | 46 | Adm. Asst. | 4 | 7 |
| 84 | 62 | 113 | 31 | Personnel | 1 | 1 |
| 85 | 66.5 | 125 | 20 | Clerk | 4 | 6 |
| 86 | 65 | 108 | 30 | Statistician | 3 | 3 |
| 87 | 66 | 125 | 51 | Physicist | 3 | 1 |
| 88 | 65 | 130 | 21 | Clerk | 3 | 3 |
| 89 | 69 | 140 | 38 | Physicist | 4 | 6 |
| 90 | 67 | 206 | 36 | Personnel | 6 | 7 |
| 91 | 62 | 125 | 38 | Personnel | 2 | 1 |
| 92 | 66 | 120 | 48 | Clerk | 3 | 5 |
| 93 | 61.5 | 124 | 48 | Sys. Analyst | 1 | 1 |
| 94 | 66 | 165 | 51 | Mgmt. Analyst | 5 | 8 |
| 95 | 60 | 134 | 36 | Secretary | 2 | 3 |
| 96 | 65 | 135 | 22 | Clerk | 2 | 3 |
|  | 64 | 130 | 53 | Physicist | 2 | 2 |
| $98{ }^{\text {a }}$ | 65 | 140 | 34 | Statistician | 6 | 7 |
| 99 | 64 | 175 | 23 | Mathematician | 4 | 4 |
| 100 | 66 | 119 | 19 | Typist | 4 | 4 |
| 101 | 62 | 125 | 17 | Clerk | 2 | 1 |
| 102 | 66 | 110 | 37 | R.N. | 3 | - |
| 103 | 66 | 130 | 55 | Budget Analyst | 6 | 8 |
| 104 | 60 | 128 | 41 | Mathematician | 1 | 1 |
| 105 | 62.5 | 128 | 48 | Info. Spec. | 4 | 3 |

[^2]TABLE 3. MAXIMUM AND AVERAGE BRAKE APPLICATION FORCES IN TWO AUTOMOBILES

| Subject number | Brake Application Number |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Vehicle A |  |  |  |  |  |  |  | Vehicle B |  |  |  |
|  | 1 |  | 2 |  | 3 |  | 4 |  | 5 |  | 6 |  |
|  | Max | Av | Max | Av | Max | Av | Max | Av | Max | Av | Max | Av |
|  | Pedal force, pounds |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 165 | 145 | 150 | 140 | 65 | 60 | 100 | 85 | 130 | 120 | 145 | 135 |
| 2 | 140 | 130 | 200 | 180 | 65 | 60 | 135 | 120 | 150 | 130 | 195 | 175 |
| 3 | 185 | 180 | 245 | 230 | 175 | 160 | 155 | 145 | 220 | 205 | 215 | 210 |
| 4 | 280 | 250 | 290 | 250 | 220 | 175 | 180 | 170 | 240 | 220 | 255 | 235 |
| 5 | 225 | 220 | 235 | 220 | 165 | 150 | 170 | 150 | 165 | 150 | 245 | 230 |
| 6 | 160 | 140 | 260 | 235 | 190 | 180 | 195 | 170 | 200 | 195 | 265 | 235 |
| 7 | 130 | 115 | 165 | 140 | 120 | 110 | 125 | 115 | 150 | 145 | 200 | 185 |
| 8 | 110 | 105 | 195 | 180 | 95 | 80 | 115 | 85 | 160 | 135 | 145 | 135 |
| 9 | 115 | 110 | 180 | 160 | 95 | 90 | 125 | 110 | 185 | 165 | 180 | 170 |
| 10 | 140 | 110 | 175 | 135 | 75 | 50 | 95 | 60 | 185 | 160 | 190 | 170 |
| 11 | 145 | 115 | 170 | 140 | 110 | 105 | 120 | 110 | 180 | 160 | 190 | 160 |
| 12 | 175 | 165 | 210 | 190 | 200 | 180 | 225 | 210 | 245 | 235 | 260 | 250 |
| 13 | 220 | 210 | 200 | 195 | 195 | 180 | 200 | 185 | 195 | 180 | 245 | 235 |
| 14 | 225 | 200 | 240 | 200 | 200 | 170 | 190 | 155 | 210 | 175 | 240 | 195 |
| 15 | 165 | 150 | 165 | 150 | 175 | 150 | 170 | 155 | 200 | 185 | 155 | 140 |
| 16 | 180 | 175 | 200 | 190 | 200 | 190 | 210 | 190 | 235 | 220 | 270 | 255 |
| 17 | 75 | 70 | 140 | 130 | 100 | 85 | 115 | 105 | 120 | 105 | 165 | 160 |
| 18 | 120 | 115 | 150 | 135 | 70 | 65 | 85 | 80 | 90 | 75 | 105 | 100 |
| 19 | 70 | 65 | 95 | 85 | 70 | 65 | 95 | 80 | 75 | 70 | 105 | 95 |
| 20 | 190 | 180 | 180 | 175 | 165 | 150 | 170 | 160 | 195 | 190 | 220 | 210 |
| 21 | 150 | 145 | 205 | 175 | 105 | 100 | 130 | 110 | 135 | 120 | 210 | 190 |
| 22 | 210 | 195 | 240 | 230 | 145 | 140 | 165 | 155 | 190 | 180 | 210 | 200 |
| 23 | 140 | 120 | 210 | 185 | 130 | 100 | 145 | 115 | 170 | 150 | 175 | 140 |
| 24 | 100 | 85 | 170 | 160 | 125 | 105 | 150 | 120 | 165 | 145 | 220 | 210 |
| 25 | 165 | 155 | 185 | 180 | 150 | 145 | 160 | 145 | 180 | 175 | 210 | 200 |
| 26 | 230 | 225 | 265 | 260 | 180 | 140 | 170 | 150 | 230 | 225 | 225 | 215 |
| 27 | 235 | 210 | 270 | 260 | 190 | 170 | 185 | 175 | 220 | 200 | 250 | 245 |
| 28 | 190 | 180 | 210 | 205 | 110 | 100 | 115 | 100 | 185 | 160 | 210 | 205 |
| 29 | 180 | 160 | 220 | 180 | 100 | 90 | 145 | 130 | 165 | 145 | 205 | 170 |
| 30 | 100 | 90 | 100 | 95 | 85 | 50 | 80 | 65 | 150 | 120 | 145 | 135 |
| 31 | 180 | 165 | 235 | 230 | 160 | 155 | 170 | 160 | 220 | 215 | 260 | 255 |
| 32 | 155 | 145 | 255 | 240 | 130 | 130 | 210 | 200 | 265 | 255 | 265 | 260 |
| 33 | 180 | 80 | 150 | 120 | 130 | 80 | 105 | 95 | 125 | 120 | 220 | 185 |
| 34 | 115 | 110 | 190 | 175 | 90 | 80 | 115 | 100 | 165 | 160 | 175 | 165 |
| 35 | 160 | 150 | 160 | 140 | 105 | 95 | 65 | 65 | 200 | 190 | 215 | 200 |

(Continued)

TABLE 3 (Cont'd)

| Subject number | Brake Application Number |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Vechicle A |  |  |  |  |  |  |  | Vehicle B |  |  |  |
|  | 1 |  | 2 |  | 3 |  | 4 |  | 5 |  | 6 |  |
|  | Max | Av | Max |  |  | Av | Max | Av | Max | Av | Max | Av |
|  | Pedal force, pounds |  |  |  |  |  |  |  |  |  |  |  |
| 36 | 200 | 180 | 225 | 205 | 145 | 120 | 145 | 120 | 210 | 190 | 190 | 180 |
| 37 | 170 | 145 | 155 | 135 | 105 | 85 | 130 | 95 | 180 | 155 | 205 | 180 |
| 38 | 150 | 145 | 140 | 135 | 90 | 85 | 90 | 85 | 130 | 125 | 135 | 125 |
| 39 | 185 | 180 | 225 | 190 | 130 | 120 | 135 | 100 | 190 | 175 | 240 | 210 |
| 40 | 115 | 110 | 175 | 155 | 120 | 110 | 115 | 95 | 185 | 180 | 195 | 180 |
| 41 | 125 | 110 | 100 | 90 | 65 | 60 | 60 | 50 | 125 | 115 | 160 | 145 |
| 42 | 185 | 180 | 250 | 245 | 160 | 155 | 165 | 155 | 230 | 220 | 250 | 240 |
| 43 | 90 | 85 | 115 | 100 | 125 | 110 | 130 | 115 | 160 | 130 | 145 | 135 |
| 44 | 125 | 115 | 155 | 140 | 105 | 95 | 120 | 105 | 140 | 135 | 190 | 175 |
| 45 | 70 | 60 | 90 | 90 | 105 | 80 | 130 | 100 | 110 | 80 | 160 | 135 |
| 46 | 135 | 120 | 175 | 160 | 95 | 75 | 80 | 65 | 145 | 140 | 170 | 165 |
| 47 | 145 | 145 | 160 | 155 | 150 | 145 | 150 | 125 | 160 | 155 | 190 | 185 |
| 48 | 150 | 145 | 185 | 175 | 120 | 105 | 140 | 140 | 175 | 160 | 185 | 175 |
| 49 | 130 | 120 | 165 | 150 | 110 | 100 | 135 | 115 | 160 | 150 | 175 | 165 |
| 50 | 185 | 155 | 150 | 120 | 125 | 120 | 145 | 140 | 170 | 160 | 185 | 165 |
| 51 | 135 | 130 | 160 | 145 | 70 | 65 | 110 | 95 | 135 | 130 | 165 | 150 |
| 52 | 130 | 130 | 180 | 175 | 110 | 100 | 160 | 130 | 195 | 180 | 185 | 170 |
| 53 | 155 | 120 | 155 | 120 | 90 | 75 | 105 | 80 | 195 | 170 | 200 | 170 |
| 54 | 110 | 100 | 135 | 130 | 155 | 140 | 155 | 150 | 190 | 185 | 200 | 190 |
| 55 | 120 | 115 | 150 | 145 | 130 | 115 | 150 | 135 | 205 | 195 | 220 | 205 |
| 56 | 160 | 145 | 190 | 185 | 125 | 125 | 140 | 130 | 200 | 195 | 215 | 210 |
| 57 | 195 | 190 | 225 | 220 | 155 | 150 | 190 | 185 | 220 | 210 | 220 | 220 |
| 58 | 115 | 105 | 125 | 115 | 120 | 115 | 145 | 130 | 140 | 130 | 185 | 170 |
| 59 | 150 | 125 | 185 | 175 | 120 | 100 | 145 | 130 | 155 | 140 | 215 | 190 |
| 60 | 170 | 165 | 200 | 195 | 150 | 145 | 170 | 155 | 210 | 200 | 230 | 215 |
| 61 | 110 | 105 | 95 | 90 | 110 | 100 | 120 | 110 | 195 | 185 | 230 | 220 |
| 62 | 260 | 235 | 320 | 290 | 250 | 240 | 235 | 210 | 320 | 305 | 330 | 310 |
| 63 | 250 | 235 | 295 | 275 | 220 | 210 | 260 | 250 | 340 | 320 | 310 | 300 |
| 64 | 190 | 170 | 215 | 180 | 215 | 205 | 210 | 205 | 260 | 240 | 260 | 240 |
| 65 | 105 | 100 | 175 | 165 | 90 | 85 | 130 | 120 | 210 | 200 | 245 | 235 |
| 66 | 175 | 170 | 240 | 235 | 50 | 45 | 155 | 150 | 215 | 210 | 250 | 240 |
| 67 | 100 | 95 | 150 | 145 | 140 | 130 | 125 | 120 | 110 | 105 | 175 | 170 |
| 68 | 175 | 160 | 180 | 175 | 100 | 95 | 100 | 95 | 190 | 170 | 185 | 180 |
| 69 | 220 | 205 | 220 | 205 | 130 | 120 | 120 | 115 | 175 | 170 | 210 | 195 |
| 70 | 245 | 230 | 250 | 240 | 185 | 180 | 190 | 180 | 265 | 250 | 285 | 275 |

(Continued)

TABLE 3 (Cont'd)

| Subject number | Brake Application Number |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Vehicle A |  |  |  |  |  |  |  | Vehicle B |  |  |  |
|  | 1 |  | 2 |  | 3 |  | 4 |  | Vens |  | , |  |
|  | Max | Av | Max | Av | Max | Av | Max |  | Max |  |  |  |
|  | Pedal force, pounds |  |  |  |  |  |  |  |  |  |  |  |
| 71 | 150 | 130 | 240 | 170 | 90 | 65 | 165 | 130 | 215 | 190 | 240 | 220 |
| 72 | 180 | 175 | 200 | 190 | 115 | 105 | 135 | 130 | 135 | 130 | 150 | 145 |
| 73 | 190 | 175 | 205 | 195 | 140 | 135 | 140 | 135 | 210 | 185 | 230 | 205 |
| 74 | 110 | 105 | 140 | 130 | 45 | 45 | 60 | 60 | 110 | 100 | 160 | 140 |
| 75 | 250 | 235 | 255 | 240 | 160 | 145 | 160 | 135 | 190 | 175 | 215 | 205 |
| 76 | 215 | 205 | 285 | 270 | 210 | 195 | 180 | 175 | 280 | 250 | 285 | 275 |
| 77 | 125 | 120 | 135 | 120 | 105 | 100 | 165 | 135 | 125 | 125 | 220 | 205 |
| 78 | 130 | 125 | 155 | 150 | 145 | 135 | 160 | 145 | 160 | 155 | 200 | 190 |
| 79 | 180 | 175 | 215 | 205 | 105 | 100 | 125 | 105 | 190 | 180 | 195 | 185 |
| 80 | 195 | 195 | 270 | 260 | 175 | 165 | 175 | 170 | 250 | 230 | 230 | 225 |
| 81 | 130 | 115 | 140 | 130 | 180 | 130 | 180 | 150 | 180 | 135 | 200 | 175 |
| 82 | 170 | 140 | 180 | 165 | 160 | 150 | 205 | 180 | --- | --- | --- | --- |
| 83 | 165 | 155 | 215 | 205 | 120 | 115 | 145 | 130 | 200 | 190 | 220 | 210 |
| 84 | 225 | 200 | 300 | 250 | 220 | 180 | 240 | 220 | 270 | 230 | 285 | 250 |
| 85 | 90 | 85 | 125 | 120 | 125 | 120 | 150 | 140 | 130 | 120 | 190 | 180 |
| 86 | 110 | 105 | 175 | 165 | 110 | 105 | 125 | 115 | 165 | 150 | 185 | 180 |
| 87 | 185 | 160 | 170 | 160 | 125 | 115 | 160 | 140 | 170 | 150 | 200 | 185 |
| 88 | 170 | 160 | 180 | 175 | 165 | 145 | 150 | 140 | 195 | 185 | 205 | 195 |
| 89 | 110 | 110 | 180 | 170 | 170 | 135 | 155 | 140 | 170 | 140 | 195 | 180 |
| 90 | 200 | 200 | 240 | 225 | 180 | 165 | 210 | 190 | 225 | 220 | 300 | 290 |
| 91 | 225 | 205 | 260 | 240 | 165 | 145 | 195 | 180 | 270 | 250 | 300 | 275 |
| 92 | 150 | 140 | 190 | 170 | 140 | 135 | 185 | 170 | 210 | 200 | 225 | 220 |
| 93 | 85 | 80 | 130 | 120 | 70 | 65 | 110 | 100 | 90 | 85 | 140 | 125 |
| 94 | 115 | 105 | 170 | 165 | 140 | 110 | 140 | 110 | 155 | 145 | 200 | 180 |
| 95 | 195 | 185 | 200 | 185 | 120 | 115 | 145 | 140 | 180 | 175 | 205 | 190 |
| 96 | 170 | 165 | 200 | 180 | 180 | 155 | 185 | 180 | 180 | 165 | 155 | 150 |
| 97 | 180 | 180 | 195 | 175 | 150 | 135 | 155 | 150 | 220 | 210 | 225 | 220 |
| 98 | 150 | 135 | 200 | 190 | 125 | 110 | 120 | 110 | 180 | 165 | 200 | 185 |
| 99 | 140 | 100 | 155 | 140 | 105 | 85 | 145 | 140 | 155 | 120 | 180 | 170 |
| 100 | 95 | 95 | 150 | 135 | 105 | 95 | 145 | 120 | 125 | 120 | 155 | 145 |
| 101 | 235 | 225 | 250 | 235 | 190 | 180 | 195 | 180 | 285 | 270 | 305 | 295 |
| 102 | 85 | 80 | 85 | 85 | 75 | 60 | 70 | 70 | 80 | 75 | 95 | 90 |
| 103 | 165 | 165 | 165 | 165 | 130 | 120 | 140 | 130 | 205 | 195 | 245 | 230 |
| 104 | 115 | 115 | 195 | 180 | 120 | 110 | 90 | 90 | 170 | 155 | 210 | 190 |
| 105 | 205 | 180 | 240 | 195 | 130 | 120 | 150 | 140 | 250 | 210 | 280 | 240 |

how well they understand and carry out the instructions. Drivers are conditioned to pushing on the brake pedal up to a certain force level under normal driving conditions and may have no understanding of what force level might be required under unusual circumstances.

Some test subjects used unusual techniques to obtain maximum pedal force. Some braced their shoulders against the back of the seat and others pulled on the steering wheel. All subjects were restrained by a lap belt which, when properly fastened, would reduce the effectiveness of these techniques. Subjects were not instructed as to rate of force application. Some preferred to "slam" on the pedal while others applied the force more gradually. It has been suggested that force acting on the pedal in a decelerating vehicle might be higher than that measured in a static situation for a given driver due to additional force developed as a result of the inertia of the driver's body mass. This might be true if the driver's leg was straight and acted like a rigid link in compression. However, it is more reasonable to assume that the leg would be bent at the knee to at least some extent and thus require muscle strength to transmit inertial force. Therefore pedal force would be limited to the same muscle capability as that measured in the static situation. In any case, inertial forces do not become significant until a very high rate of deceleration is attained.

### 4.3 Pedal Force Results

The six brake pedal applications for each of the test subjects can be broken down into three separate groups.
(a) Two applications (numbers 1 and 2) in vehicle A with a normal pedal height.
(b) Two applications (numbers 3 and 4) in vehicle A with a reduced pedal height (failure simulated).
(c) Two applications (numbers 5 and 6) in vehicle B with a normal pedal height.


FOR APPLICATION 2


PEDAL FORCE HISTOGRAM FOR APPLICATION 4


FIG 6-PEDAL FORCE HISTOGRAMS FOR THREE BRAKE APPLICATIONS

The subject had no indication how hard she was pushing. It is believed that the second brake pedal application under each condition (numbers 2, 4 and 6) is more indicative of the maximum capability of the test subject. The subject was more familiar with the system after the first try and with encouragement from the tester was on the average able to push harder on the second try of each group. Therefore, applications 2, 4 and 6 are of primary interest. In addition, the average pedal force sustained for five seconds during the applications is of more interest than the maximum value since the area under the forcetime curve has a direct relationship to vehicle stopping distance.

Frequency distributions (histograms) of average pedal force for applications 2, 4 and 6 are shown in figure 6. Each of these figures also shows mean, median and standard deviation calculated from the data. Histograms for maximum pedal forces would be similar in shape to those for average pedal force since plots of maximum versus average pedal force showed a linear relationship between the two values.

The histograms in figure 7 show a comparison of seat positions selected in the two vehicles. Since the number of available positions was different in each vehicle they were divided into five intervals measured from the most forward position. A similarity in the distributions of the selected positions in the two vehicles is readily apparent. As expected, further examination of the data showed a correlation between subject height and preferred seat position. Eighty-five percent of all subjects 63 inches in height and shorter selected seat position 1 or 2 . Twenty-five subjects (24\%) in vehicle A and forty-one (39\%) in vehicle B adjusted the seat to the forwardmost position. This position was used more than any other on both cars and it could be inferred that some subjects would have moved the seat further forward if more adjustment had been available.

A comparison of the means (or medians) for applications 2 and 4 shows that reduced capability results when pedal travel is increased. Thus when the pedal moves further away from the seat the subject cannot



FIG 7-SEAT ADJUSTMENT BY TEST SUBJECTS
push as hard and a question is raised if enough adjustment is available so that shorter subjects can reach their full capability under normal and increased pedal travel conditions. Plots of pedal force (average sustained) versus subject height were made for vehicles $A$ and $B$ with normal pedal travel (applications 2 and 6 respectively) and are shown in figure 8. Both plots show a wide scattering of results and indicate little, if any, relationship between subject height and pedal force capability. It does not appear then that the shorter subjects were limited by available seat positions. To investigate the increased pedal travel condition, a plot of pedal force (average sustained, application 4) versus subject height was made for vehicle A with a simulated hydraulic failure. This plot is shown in figure 8 and also indicates a wide scattering of results. The line connecting the medians for application 4 does indicate a slight upward trend in pedal force for taller subjects but the wide scattering of results prohibits any definite conclusions.

The effect of subject weight and age on pedal force capability was also investigated but no relationship was found.

A comparison of the results obtained in vehicles $A$ and $B$ with normal pedal travel indicates that subjects applied a greater force in vehicle B. For example, the median pedal force for application 2 (vehicle A) was 175 lb while the median for application 6 (vehicle B) was 190 1b. This difference could be due to some physical difference between the vehicles and/or mental conditioning of the test subject and familiarity with the test procedure. A comparison of dimensions in figure 1 indicates little geometrical difference between vehicles; however, the seat in vehicle $B$ appeared to be firmer than the seat in vehicle $A$ and could account for some difference in subject capability.


PEDAL FORCE vs SUBJECT HEIGHT FOR APPLICATION 2


PEDAL FORCE vs SUBJECT HEIGHT FOR APPLICATION 4


PEDAL FORCE vs SUBJECT HEIGHT
FOR APPLICATION 6

FIG 8-PEDAL FORCE vs SUBJECT HEIGHT FOR THREE BRAKE APPLICATIONS

Serious consideration should be given to reducing the 200 1b pedal force allowed under certain conditions. Twenty percent of the test subjects could not exceed an average sustained pedal force of 135 lb in vehicle A with a normal pedal height, 100 lb in vehicle A with a reduced pedal height (simulated failure) or 165 lb in vehicle $B$ with a normal pedal height. Fifty percent of the test subjects could not achieve an average sustained pedal force of 200 lb in either vehicle.

## 6. REFERENCES

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